



# Island Sun

VOL. 23, NO. 34

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 12, 2016

FEBRUARY SUNRISE/SUNSET: 12 7:07 • 6:18 13 7:06 • 6:19 14 7:06 • 6:19 15 7:05 • 6:20 16 7:04 • 6:21 17 7:03 • 6:21 11 7:03 • 6:22

## Rotary Art & Craft Fair Will Include Artsy Apparel

Apparel featuring designs by island artists Luc Century, Myra Roberts and Ikki Matsumoto will be available exclusively by Sanibel-Captiva Rotary at this weekend's Art & Craft Fair. There will be T-shirts, hooded sweatshirts, children's quick-dry shirts, long-sleeve quick-dry shirts, denim shirts and hats. All proceeds will directly support Rotary charities.

Century is the featured artist this year. Known for his mastery of glass etchings and carvings, he has supported the Sanibel-Captiva Rotary Club and many other island charities over the years. His anhinga design graces this year's hooded sweatshirts, women's V-neck T-shirts and men's crew-neck T-shirts. Century pioneered the technique for engraving over 58,000 names on the Vietnam Veterans' Memorial in Washington, DC. He has created glass and etched works

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Ahinga by Luc Century,

## Bird Carving, Dinners, Dude Ranch, Wine Tour On FISH Auction Block

by Jeff Lysiak

*Just sit right back and you'll hear a tale*

*A tale of a caring group  
That started on this tropic isle  
Read on to get the scoop!*

The largest fundraiser of the season for Friends In Service Here (FISH) of Sanibel-Captiva will be held on Sunday, February 28 at 5:30 p.m. at The Sanctuary Golf Club.

GO FISH, which follows the familiar theme made famous by the 1960s TV sitcom, *Gilligan's Island*, is nicknamed A Three-Hour Tour. It will include cocktails and appetizers, a sit-down dinner, a raffle drawing and live and silent auctions.

However, this year's gathering promises to be more fun and festive than ever before, with the opportunity to mix and mingle with Gilligan, The Skipper, Mary Ann, Ginger and other survivors of the ill-fated SS Minnow.

"All sponsorships, auction items and raffle basket proceeds directly benefit much needed programs, services and workshops of FISH of SanCap, the most comprehensive human social services organization servicing Sanibel and Captiva for over 30 years," said Maggi Feiner, president and CEO. "GO FISH 2016 is sure to be a memorable evening

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FISH of Sanibel-Captiva's Maggi Feiner with wild-fowl sculptor Jim Sprankle and his hand-crafted carving of a great blue heron, which will be auctioned off during this year's GO FISH fundraiser on February 28

photo by Jeff Lysiak



Ken Hurgener



Rose-throated tanager

## Audubon Presents Birds Of The Caribbean

Ken Burgener, wildlife photographer, educator and guide, is back to present a Sanibel-Captiva Audubon program entitled Birds of the Caribbean on Thursday, February 18 at 7:30 p.m.

He and his wife Linda are co-founders of CarefreeBirding.com, a company that coordinates birding adventures with cruise ship travel.

Burgener will tell stories from his adventures discovering the intriguing birds inhabiting the exotic lands of the Caribbean using both videos and still photos. Differences between Florida doves, ducks and grackles and similar birds of the Caribbean will be analyzed.

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## Marine Scientist To Discuss Mollusk Use By Calusa Indians

Michael Savarese, a professor of marine science with the Coastal Watershed Institute and the director of graduate studies at Florida Gulf Coast University (FGCU), will present results of his recent research on the extensive use of mollusks by the Calusa Indians and how that may have impacted mollusk populations and the environment around them. His presentation will be at 1:30 p.m. on February 17 during Mollusk Matinee at The Bailey-Matthews National Shell Museum on Sanibel.

Savarese has been a faculty member since FGCU's opening in the fall of 1997. Prior to that, he was a faculty member in the Department of Geological Sciences at Indiana University, Bloomington. He received a PhD in geology in 1989 at the University of California, Davis; an MS in geology in 1984 from the University of Rochester; and a BS in biology and geology in 1981, also

continued on page 13



Mike Savarese discusses a find

photo courtesy of FGCU



# Save The Males

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## Programs At Sanibel Public Library Include Walking, Wolves And WWII

The Sanibel Public Library will be hosting a variety of programs this month, with no registration required to attend.

World War II Lectures with library staffer Duane E. Shaffer continue by popular demand at 10 a.m. on Friday, February 12 with Battle of the Santa Cruz Islands. October 26, 1942 was the fourth carrier battle of the Pacific campaign of WWII and the fourth major naval engagement fought during and strategically important Guadalcanal campaign. Shaffer will review strategies and tactics of battles in WWII on Friday mornings during the month of February.

Joanne Wessels of the Sanibel Public Library presents Preparing for Wolf Pups at 2 p.m. on Friday, February 12. Wessels is a volunteer at the International Wolf Center in Ely, Minnesota. She will talk about how the Center acquires new wolf pups, the selection process and the laws governing animals that are on the endangered list. Her presentation will review how the staff and "nannies" are currently preparing for the arrival of new Arctic wolf pups.

WalkWiseLee will cover the rules of the road for pedestrians, cyclists and motorists at 10 a.m. on Monday, February 15 at Sanibel Public Library. This interactive presentation actively engages the audience through an electronic feedback system. Participants will receive lightweight reflective backpacks.

At 2 p.m. on Tuesday, February 16, "living history" actors Jamie and Jan MaGirl from The Edison & Ford Winter Estates will pay homage to Thomas and Mina Edison. "The Edisons" will share stories and photos of their times wintering in Southwest Florida.

"Dark Side Sanibel," a humorous look at Sanibel's local characters, is at the library at 2 p.m. on Wednesday, February 17. J. David Truby presents this happily humorous poke at the self-appointed socialite pomposities, tourists, elected things and others which 'n who make Sanibel so out-loud funny at times. The deft pokes will be launched by recovering humorist, know-it-all and writer J. David Truby, a certified cur-



Pedestrian safety

mudgeon and seasonal coward resident of Sanibel.

The library hosts Dr. Thomas K. Stone at 2 p.m. Thursday, February 18. His lecture is called A Purpose-Full Retirement: Making Life Meaningful. Having a sense of purpose may add years to your life; learn ways to improve your next chapter.

Library programming is supported by a grant from Sanibel Public Library Foundation. The public is invited to these programs; there is no registration required and no additional cost to participate. Residents as well as non-residents are invited.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

## American Legion Post 123

On Sunday, February 14, American Legion Post 123 will serve barbecued ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14.

A fish and shrimp fry is planned for Sunday, February 21.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all

day and on Fridays, it's a six-ounce ribeye steak sandwich. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

If you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

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3 Million

2 Million

1 Million

What's Happening At The House In 2016

2000 people x \$1000 ea.= GOAL

Events

Rat Pack Tribute Dinner Club And Dance

Sat., Feb 20

Historic Documentary Film

Sunday, Feb. 21 2 pm & 4 pm

The Community House- Birthplace of a City, Heartbeat of its People

Cooking With The Island Stars

Wed., Feb 24 6 pm \$100

Nutrition

"Healthful Snacking"

Thur., Feb. 25 1 pm

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Programs

Carla's Color Club

Tues., Feb 16 6-9 pm

Bridge Lessons and Sanctioned

Duplicate Bridge Tues/Thurs

Shell Crafting

Lesson Mondays 10 a.m.

Crafts on Sale until 3 pm

Notecard Craft

Tues. Feb 16

9:30 am -12:30 pm

iPad/iPhone

Thursday, Mar. 10

\$40 Members/\$45 Guests

Sea Turtle Tray

Mon. Feb. 8 6:30-9:30 pm

Sissi's Colorful Sips

Wed., Feb. 17 7pm

Yoga

Mon., Thurs 8:30 am

Restore the Heart of the Island Campaign

\*other dates/times available see website

The Community House

SANIBEL COMMUNITY ASSOCIATION

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info@sanibelcommunityhouse.net

www.sanibelcommunityhouse.net

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# Library Displays Shells And Artworks

Sanibel shell collector Jeffrey Oths

Sanibel shell aficionado Jeffrey P. Oths is currently displaying his collection of shell specimens at the Sanibel Public Library. More than 100 shells are on display at the Library through the end of February. Oths moved to Sanibel in 2003 but was a shell collector for more than 30 years before living on the island. He is past president of the Sanibel-Captiva Shell Club, and past chair of the annual Sanibel Shell Festival. He has also served as an artistic judge at the Shell Festival. An avid sheller, he has found some rare

Bob Kent and his sculpture

specimens, including the long-spined star shell which had never previously been documented on Sanibel. His enthusiasm for all things shell-related has led to media interviews, including one for Public Radio International's *Living On Earth* show, as well as local TV appearances promoting the Shell Festival. The Sanibel Captiva Art League is exhibiting a new Judged Member Show at the Sanibel Public Library. Organized by Rita McLain and Ann Bischoff, the exhibit will be on display until March 7. Back by popular demand, bronze figures by Bob Kent of Sanibel are on display for the month of February. They were created in wax then bronzed at Bronzart Foundry in Sarasota; each depicts one of his grandchildren engaged in a favorite activity. There are 14 carved wood and drift-wood animal sculptures made by Peggy Lovett, Eric Luks, Reece Much, Jack Price and Ed Sessa of the Periwinkle Carvers Group displayed at the library

Carved wood sculptures by Ed Sessa and Jack Price this month. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information about the library, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

# Please Turn Off Irrigation Systems

Have you considered giving your irrigation system a rest? The City of Sanibel and the Island Water Association reminds our residents, property owners and customers that after receiving record breaking rains this month that you may want to rest your irrigation system until we are no longer water-logged. The average rainfall for the month of January for Sanibel is 1.97 inches. The prior record rainfall for January occurred in 1991 when 7.9 inches of rain fell on Sanibel. As of January 30, Sanibel has received 16.2 inches of rain this year, with sections of the island recording even higher accumulations. "We may forget that many irrigation systems on Sanibel are pre-programed based on time of day rather than soil moisture, if you have such a system we urge to please cease irrigation until we break our current weather pattern," said Sanibel City Manager Judie Zimomra. "This will assist us all in drying out sooner."✽✽

# Audubon Birding Class At The Refuge

Sanibel and Captiva Audubon birding enthusiasts will conduct a one-hour session on birds you will see in the refuge on Tuesday, February 23 at 9:15 a.m. in Auditorium B at the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center. That session will be followed by a tour of the refuge to put your new knowledge to work. The goal is to help beginning and intermediate birders to increase their bird-watching enjoyment. There is a limit of 30 participants, who are advised to bring binoculars. Call 437-2459 to sign up.✽✽





**Chef Teh Peng**

## Optimist Club's Annual Wine And Food Fest

The Sanibel-Captiva Optimist Club announced that their annual Sanibel Uncorked Wine & Food Fest will be held on Sunday, March 6 from 1 to 5 p.m. at Lily & Co. Jewelry Gallery, located at 520 Tarpon Bay Road, across from Bailey's General Store. There will be free valet parking



**Chef Janis Wallace**

available for attendees.

Distributors of many fine wines will have tasting stations to savor and compare the selections. Craft beers will also be available. In addition to the wines and beers, a number of local, exceptional chefs will demonstrate methods for preparing some of their favorite dishes (with a taste for the on-lookers). Also during the Wine & Food Fest, guests will be served delicious hors d'oeuvres, arranged by Chef Karl Hamme and Richard Johnson of Sanibel Catering Company by Bailey's.

A silent auction with many fine prizes will accompany the tastings. Items such

as gourmet wines, jewelry, artwork, hotel and golf packages, and sports outings will be offered. Most notable may be an opportunity to bid on dinners prepared in your own home by several of the chefs who will be present.

Tickets for the event will be available at Bailey's General Store, Sanibel-Captiva Community Bank, the Sanibel Café, at the door and from members of the San-Cap Optimist Club. Donation tickets are priced at \$30 each, or \$25 for designated drivers. Each paid guest receives an engraved, commemorative wine glass. A 50/50 raffle will also be held.

During the event, Chef Janis Wallace will demonstrate her favorite method of preparing Maine lobster fettuccini alfredo. She began her culinary career in Detroit at her family's restaurant, where she worked for many years. She migrated to Southwest Florida and was a chef at the former Brown Derby in Fort Myers. For 10 years, Wallace worked in Fort Myers Beach with East Coast Restaurants at the Junkanoo, the Ship Restaurant and Anthony's on the Gulf. Her expertise with fine cuisine – especially seafood – stems from the latter restaurants. Currently, she is the chef at George and Wendy's Sanibel Seafood Grill.

In addition to Chef Wallace's cooking demonstration, there will be an opportunity in the silent auction to bid on her BBQ ribs or prime rib dinners for a party of 6 to 8, delivered to your island home.

Also, Chef Teh Peng will demonstrate his method of preparing Hong Kong sliders (sirloin, sriracha, hoisin, bacon bits,

sesame oil and Asian slaw). The head chef at Timbers Restaurant, Fish Market and Sanibel Grill, he originally hails from Melaka, Malaysia and has worked as a cook and chef for nearly 40 years. His experience took him from Singapore and Sri Lanka to California, the Caribbean, Boston and finally here to Florida. His experience in notable local restaurants, including Blue Pepper, Bistro 41, Trade Winds and Caribbean Breeze. He has been at Timbers for the past seven years.

Chef Teh excels at preparing seafood dishes and is a strong proponent of cooking fish very freshly cut (a regular practice at Timbers). His repertoire also includes French, Italian, Asian, North African, American and Fusion cuisines. One of the outstanding silent auction items at the Food & Wine Fest will be a dinner for

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# Bayview Hotel



The Bayview Hotel, later called Fisherman's Lodge, The Captiva Hotel and Captiva Lodge, depending on who the owner was at the time. It was originally built by F.A. Lane in stages from 1911 to 1915. It burned down in 1948. The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to visit The History Gallery and learn through graphic and video panels about the combination of historical events and people that shaped Captiva. The gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours.

photo archives of the Captiva Island Historical Society

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Kiwanian Jerry Edelman with Christine Swierze and Maggi Feiner, both of FISH

## Kiwanians Welcome Specials Guests

The local Kiwanis Club has a special connection with FISH of SanCap and it is not just the fact that the organization is a regular recipient of Kiwanis grant funds to help support its service programs. Through the years, many Kiwanis members and their spouses have had a direct personal involvement with FISH, serving as board members, volunteer workers and donors. So when FISH senior executives spoke to the Kiwanians recently at a breakfast meeting, it was somewhat of a family affair.

Maggi Feiner, executive director, thanked the club for its long time support and Christine Swiercz, program director, gave a comprehensive rundown of many ways FISH has served the community in the past year. A United Way partner agency which has worked in the local island community for almost 35 years. FISH has a neighbors helping neighbors policy. It serves the human needs of all individuals who live and work on Sanibel and Captiva as well as those who visit here through a combination of food programs, island-based workshops, social services and helping hands programs.

The Kiwanians congratulated the organization and expressed the appreciation of the entire community for the great work it does.

The presentation provided motivation to the Kiwanians as they prepare to host the annual Spaghetti Dinner on Saturday, February 27 at The Community House. The

dinner is one of the major fundraising activities Kiwanis runs to underwrite island youth programs, including support for FISH.✱

## COME WORSHIP with Sanibel Fellowship, SBC

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# The Community House

## Paper Crafts

Create unique and special greeting cards to share with friends and family. Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasions, special events and holidays.

Various techniques will be shared including stamping, embossing, cutting, creative folding and embellishing. Workshop fee includes all supplies. Class dates are Tuesdays: February 16 and March 15 from 9:30 a.m. to 12:30 p.m. Fee for members is \$25 and \$35 for guests. Pre-payment is required.

## Chalk Painting

Learn how to chalk paint with Carla. All materials provided. You can bring in your own piece from home but you must be able to carry it inside. The class will be held from 6 to 9 p.m. Tuesday, February 16 and March 22. Cost is \$70 for members, \$75 for guests. Pre-payment and registration are required. Cancellation fees may apply. Minimum number of students required.

## Colorful Sips

Evening art and wine parties with local artist Sissi Janku are designed to encourage the artist within to complete a masterpiece. Member price is \$45, non-members, \$55. Classes will be held on the following Wednesdays from 7 to 9 p.m.: February 17, March 16, April 6 and April 20. No experience necessary. All

materials provided. Bring your favorite wine and a snack for sharing.

## Frank & Dean Tribute Show

The Community House will host a tribute show and dance in honor of Frank Sinatra's recent 100th birthday on Saturday, February 20 from 6:30 to 8:30 p.m. There will be a catered dinner by Webster's along with cocktails and appetizers. Tickets are \$25 per person, alcoholic beverages by donation. Sponsorships are still available.

## Nutrition For Your Health

Instructor is Pamela B. Sullivan, RDN. Cost per session is \$10 for members, \$15 for guests.

Sullivan is a graduate of Cornell University with a degree in food and nutrition.

Sessions are:

- **Healthful Snacking** – Thursday, February 25, 1 to 2 p.m. Improve the nutritional value of your snacks with recipes featuring healthy ingredients.
- **Anti-Inflammatory Foods** – Thursday, March 10, 1 to 2 p.m. Discover foods with anti-inflammatory properties, their nutrition and health benefits, and how to include them in your meals.

## Shell Crafters

If you are interested in learning a new craft, join the Sanibel Shell Crafters. No experience is necessary. Lessons are free, all materials are provided but

donations of shells are appreciated.

The group meets every Monday from 10 a.m. to noon (no classes in March). Dessert and coffee are provided, but bring a brown-bag lunch if you choose, as the regulars meet until 3 p.m.

All shell crafts made by volunteers are sold at the Sanibel Shell Festival in March to raise funds for operations.

The Community House is located at 2173 Periwinkle Way. For information and reservations, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Page Turners with Ann Rodman** – If you are not on the Page Turners list, and wish to be, email [annrodman@aol.com](mailto:annrodman@aol.com) or contact the Center 4 Life.

The featured book for Wednesday, March 9 at 2:30 p.m. is *The Lake House* by Kate Morton.

**6th Annual Justine Smith Charity Bridge Tournament** – Friday, February 12. Lunch will be served at noon and the tournament begins at 1 p.m. This is the fifth tournament to honor former volunteer bridge director Justine Smith. All proceeds go to PAWS on Sanibel. Cost is \$25 per person, payable when you sign up.

**Damaris Peters Pike Presents Off to Never Never Land with Mary Martin** – Friday, February 19 at 1:30 p.m. Cost is a \$5 donation with proceeds benefitting the Island Seniors program.

From Weatherford, Texas, to *Never Land*, by the way of Broadway, this show takes a musical tour with stops for *One Touch of Venus*, *Sound of Music*, *South Pacific*, and *Peter Pan*. Damaris Peters Pike's Women of Note series began in 1988 and she continues to educate and entertain us all. Sign up at the center.

**20th Anniversary Caloosahatchee Oxbow & Riverlore Cruises** – Saturday, March 5. Cost is \$30 for members, \$45 for non-members. This 2.5-hour tour is guided by Rae Ann Wessell, river researcher, long-time river advocate, historian and SCCF natural resource policy director. The vessel is the 47-passenger *Manatee Rover* pontoon boat. Registration deadline is Tuesday, March 1.

**AARP Driver Safety Course** – Thursdays, March 10 and 17, 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount. For drivers 50 and older to learn proven safety strategies, rules of the road and how to deal with aggressive drivers. You will be eligible for a discount on your auto insurance. Register by contacting Ed Vander-Hey at 292-4012. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

### Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Bridge** – Monday and Wednesday at

1 p.m.

**Mahjongg** – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Hand & Foot** – Thursday at 1 p.m. **Intermediate Bridge Lessons** – Refresh your Bridge playing skills with Christl and Bruce Smith. Class is limited to 16 students. Cost is \$5 for members per class, \$10 for non-members per class. Advance registration is required.

• **Strong Opening Bids** – Monday, February 15, 9 to 11:30 a.m. The use of a 2 of clubs bid to indicate an opening hand of 22 or more points. Discussion items are: the Strong artificial 2 of clubs bid; bids by Responder; rebids by Opener; and the 2 NT bid.

• **Slam Bidding** – Wednesday, February 17, 9 to 11:30 a.m. Small and Grand Slam bidding requirements. Discussion items are: How high and where; the Blackwood convention; and the Gerber Convention.

**Tuesday Kayaking** – February 16 and 18, 23 and 25 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.\*



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**Ann Arnoff (c) has lived the past & present at The Community House and is happy to pay it forward for future generations to enjoy! She is pictured with Board members Tom and Marge.**





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# Permits Approved For Finnimore's And Billy's Bikes

by Jeff Lysiak

During Tuesday's planning commission meeting, conditional use permit applications from two of Sanibel's most prominent bicycle rental businesses – Billy's Bikes & Rentals and Finnimore's Cycle Shop – were under consideration for revised conditions to their existing business permits.

In his application, Billy Kirkland had proposed increasing the number of bicycles that can be rented at Billy's Bikes, 1470 Periwinkle Way, from 190 bicycles to 400. Kirkland also sought approval for permitting the rental of up to eight surrey-type bicycles (not to exceed 47 inches in width); eliminating the currently permitted rental of nine two-seat motorcycles; modifying the subject site plan for after-the-fact and additional modifications made to the existing driveways, off-street parking spaces and bicycle storage areas; and modifying landscape/vegetation buffer installation.

Roy Gibson, senior planner for the city, introduced the staff report which recommended approval of Kirkland's application, subject to 14 conditions. Among those conditions were the "grandfathering" of eight surrey-type bicycles to be maintained onsite and/or offered for rent until January 4, 2031.

"Then, all bicycle rentals must comply with such codes and ordinances in effect

at that time regarding the width of bicycles or other human-powered vehicles," the staff report read, in part. "No surrey-type bicycle shall exceed 47 inches in total width."

The three final conditions for approval introduced by Gibson related to the business supplying bicycle rental customers with appropriate safety headgear, no public parking near the site's septic system area along with restricting the bicycle/scooter ingress/egress traffic onto Main Street only. Kirkland noted that he would comply with all of the recommended conditions.

The lone public comment came from resident Karen Storchmann, who recommended that overgrown sea grapes at the facility be removed and replaced with alternative vegetation, in an effort to improve traffic sight-lines. Gibson added that Kirkland had previously agreed to alter the business' landscape plan.

Commissioner Chuck Ketteman made a motion to approve the application, seconded by chairman Dr. Phillip Marks and unanimously approved, 7 to 0.

Finnimore's Cycle Shop, under new ownership since December 2015, submitted its application to expand the bicycle rental inventory from 100 up to 150; permitting up to eight surrey-type bicycles (not to exceed 47 inches in width) to be rented; permitting up to seven kayaks, 14 paddleboards, 50 beach chairs and umbrellas to be rented; and an outdoor prep/customer staging area for bicycle pick-up and drop-off.

Gibson introduced the staff report with nine recommended conditions for

approval. Commissioner Holly Smith suggested adding a 10th condition, requiring the business to provide life vests for all paddleboard rentals. However, Ketteman questioned their authority to make it a requirement to enforce the safe operation of paddleboards. Kirkland explained that it is a state requirement for rental agencies to provide life vests for such rentals, but does not specify that life vests must be worn.

After a brief discussion, Ketteman made a motion to approve the application – adding an amended recommendation that the business comply with the state safety requirement – which was seconded by commissioner Chris Heidrick. The motion was then approved unanimously.\*

From page 1

## Rotary Art & Craft Fair

including large-scale works at the Barbara B. Mann Performing Arts Hall, Florida Gulf Coast University, Miami City Ballet and Bailey-Matthews Shell Museum.

Happy to discuss his art and unique processes, he will be at Booth 26 at the fair. Buy one of his shirts and he will also autograph it for you.

Last year's Rotary Fair featured artist, Myra Roberts, has donated three limited edition works, a collection of books featuring her art, and an opportunity for a personally guided tour of her studio. These items will only be available, as premiere pieces

in the silent auction inside The Community House. Roberts is well known for her retro-themed paintings. Her paintings are in public and private collections across the United States and Europe, including the estate of Robert Rauschenberg. Recent solo exhibitions have been held at the Sidney & Berne Davis Art Center, Sanibel Public Library, Florida Holocaust Museum, Museum of the Everglades, Cab Calloway School of the Arts and the Holocaust Museum and Education Center of Southwest Florida.

An additional booth will feature the late Ikki Matsumoto's designs. Family-selected artwork and apparel by Ikki will be available, including a limited quality of vintage Rotary T-shirts. Remaining T-shirts are also available for sale on the website, sanibelrotarystore.org, with free shipping to addresses on Sanibel.\*

From page 1

## FISH Auction

for those attending, and a very important evening for those families and individuals we strive to serve."

One of the most anticipated auction items is an original, hand-carved sculpture of a great blue heron, created by renowned wildfowl artist Jim Sprankle. The scale model miniature (approximately 14 inches tall) version of the bird – depicted with a fish in its beak – was sculpted specifically for the FISH fundraiser.

Not that long ago, Feiner and Sprankle were chatting about all the programs offered by the "helping hands" social service agency, and how many residents on the island it serves.

"Before we talked, I had no idea how much (FISH) does or how many people in need they serve," said Sprankle, who spent more than three weeks creating the carving. "She really opened my eyes to all of the wonderful work they're doing."

In addition, a number of other special auction items will be featured. They include:

- Red Rock Ranch Vacation Experience in Jackson Hole, Wyoming – A six-night stay for two adults, all inclusive with lodging, meals, horseback riding and riding instruction, guided hiking, fly fishing clinic, fly fishing and all ranch amenities. This well known dude ranch has the authenticity of a true western dude ranch with many polished amenities. Red Rock Ranch is located at 7,250 feet in the Bridger-Teton National Forest near Jackson Hole. Buyer is responsible for airfare. This trip will be honored for the summer of 2017 if 2016 dates cannot be matched.

- Boatload of Wine with Luc Century Glasses – Wines include 2012 Hall Napa Valley Cabernet Sauvignon; 2011 Trefethen Family Vineyards from the Oak Knoll District of Napa, Estate Chardonnay; 2011 Beaulieu Vineyards Georges de Latour Private Reserve Cabernet Sauvignon; and 2013 Sheldrake Point Winery Cabernet Franc Ice Wine (dessert wine). Prize includes two red wine and two white wine glasses with a one-of-a-kind design etched by Century.

- The W South Beach Hotel Package – A two-night stay for two adults in a



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• Sweet Melissa's Café Private Dinner – Dinner with wine pairing for up to six people with Melissa Talmage, executive chef, challenging your taste buds to explore a creative menu with an array of tastes, textures and eclectic ingredients. The menu will be designed by Talmage and the winning bidder. Dinner subject to availability from April 15 through

November 23, 2016.

• Sonoma Wine and Dine – Private Winery Tour & Reserve Tasting, six-course dinner with wine pairings, Fairmont Sonoma Mission Inn three-night stay with airfare for two. This includes a private winery tour and reserve wine tasting for two at Cast Wines, Geyserville Valette Restaurant, Healdsburg (Sonoma County) VIP six-course dinner with wine pairings for two, three-night stay at The Fairmont Sonoma Mission Inn & Spa with daily breakfast for two, round-trip coach airfare for two from within the 48 contiguous states to San Francisco or Oakland, and Winspire booking and concierge service.

• Secrets by Norman Rockwell – Limited edition lithograph hand-signed by the legendary American artist Norman

Rockwell, numbered 24 out of 200 and custom framed. *Secrets* was used as the cover illustration for *The Saturday Evening Post* issue on March 21, 1942.

Sprankle says he is excited to see how much his great blue heron carving will fetch for FISH. “When something goes into an auction, you never know what it’ll go for,” said the Sanibel artist. “You spend so many hours carving and creating it, the art really becomes a part of you. I’m just glad that something that I’ve created can do some good for so many people.”

Talmage was equally happy to offer her talents to assist FISH. “Being in the restaurant business, it is easy to support the food pantry at FISH, but what we are really doing is supporting all the programs they offer, from programs to support the

elderly to emergency preparedness,” said Talmage. “It is an amazing, comprehensive set of programs that can serve almost anyone on the island. We are blessed to have such an organization with such a professional staff that we can depend on in times of need.”

Tickets for GO FISH, A Three-Hour Tour are \$175 each. In addition, sponsorship packages range from \$500 Gold FISH (with two tickets) up to \$10,000 Angel FISH (with 10 tickets, VIP seating and a commemorative gift). For additional information, call 472-4775 or visit [www.fishofsancap.org](http://www.fishofsancap.org).

People unable to attend but who may want to place bids may contact FISH at [info@fishofsancap.org](mailto:info@fishofsancap.org) or call Maggie Goldsmith at 472-4775 Monday through Friday from 8 a.m. to 3:30 p.m.\*



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**BAT YAM-TEMPLE OF THE ISLANDS**  
The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

**CAPTIVA CHAPEL BY THE SEA**  
The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

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**UNITARIAN UNIVERSALISTS OF THE ISLANDS**  
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email [ryi39@aol.com](mailto:ryi39@aol.com) or 433-4901.✱

OBITUARY



JAMES V. GATTO

James V. Gatto (Jim) passed away peacefully at Hope Hospice with his beloved wife, Bess, of 69 years at his bedside on January 16. She sang to him in his final moments. Besides Bess, Jim is survived by three children, Linda Gibney (spouse, Bill) of Sanibel and Rye, New Hampshire; James V. Gatto (spouse, Sharon) of Lakeway, Texas; and Christine Toscano (spouse, Joseph) of Huntington, New York.

Jim had six grandchildren, James L. Gatto, Stefanie Clegg (spouse Michael), Kimberly Gibney, Will Gibney, Lori and Joseph Toscano. He also loved dearly his eight great grandchildren. Jim also leaves his younger brother, Samuel Gatto of Marlboro, New York. Jim was born in Heilwood, Pennsylvania on October 2, 1923, to Salvatore and Theresa Gatto. As a young boy, with seven brothers and four sisters, they moved to Huntington. Jim joined the Navy right out of high school and was assigned to the Naval Air Corps. He was an aviation radioman during World War II overseas. He was awarded the Distinguished Flying Cross and four air medals. After leaving the Navy, Gatto started a band and played guitar with Bess as singer. He also taught guitar to many young students. Jim worked in the aircraft industry, with the majority of his career as a configuration analyst, for Grumman Aircraft in Bethpage, New York. In his retirement years, Jim and Bess brought their music to nursing homes and children's centers in Fort Myers and Wolfeboro, New Hampshire. Most recently Jim and his wife lived on Sanibel. Through Jim's life he was a member of American Legion, VFW and Il Caregivers of Wolfeboro. His quick wit and his ready smile will be missed. There will be a celebration of Jim's life on February 26 at 11 a.m. at St. Isabel Catholic Church on Sanibel.✱

Christian Science  
Lecturer To Give  
Talk On Sanibel

On Sunday, February 21 at 2 p.m., Christian Science practitioner, teacher and lecturer Lois Rae Carlson will discuss the topic The Healing Power of Unselfishness at The Community House on Sanibel. Carlson brings to her talk the experience of 40 years in the healing ministry of Christian Science. She is an avid published poet, and teaches a course on



Lois Rae Carlson

Christian Science annually in Chicago. The premise of her presentation is that unselfishness is an indwelling quality of God's children and finds a secure foundation in God's loving care for creation. Anchored in the Bible and the teachings of Christ Jesus, her remarks will show how honoring unselfishness as an innate quality has a direct impact on the health of the body and a general sense of well-being. The writings of Christian Science founder, Mary Baker Eddy, will also be referenced. Carlson quotes businessman Gene Ullman of Long Island, New York when he said, "Teaching people how to live unselfishly is the most important things Americans can do for one another. One of his greatest joys in life is knowing that his 40 employees can go home to their families in the evening, pay their mortgage and live comfortably." The lecturer will challenge her audience to think beyond themselves and consider what media sources they are allowing to influence their thinking. Introduced is the value of the *Christian Science Monitor*, an international newspaper. Designed to promote the progress of civilization, the newspaper cultivates in its readers a deeper compassion and hope as they consider the news of the day. Recognized as upholding a gold standard for journalism for over a hundred year, it has won many Pulitzer Prizes. Carlson will be giving her hour-long talk at The Community House, located at 2173 Periwinkle Way on Sanibel. The talk, sponsored by the Sanibel Christian Science Church, is free to all and the public is cordially invited to attend. Light refreshments will be served. For more information, call 395-0593.✱



The Healing Power Of Unselfishness

a free talk by  
Lois Rae Carlson, CSB

Sun. Feb. 21, 2:00 p.m.

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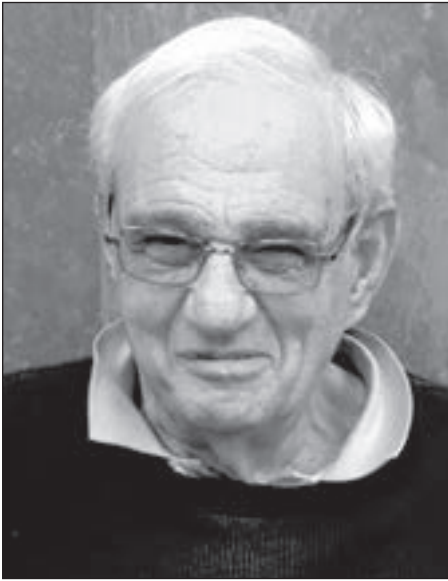
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## OBITUARY



## STANLEY H. GOLDMANN

Stanley H. Goldmann, age 84, of Pittsburgh, Pennsylvania and Sanibel died on Sanibel on February 3 from the effects of pancreatic cancer. He was born in Pittsburgh to Irene Loeb Goldmann Shapera and Dr. Bernhard A. Goldmann. He leaves his beloved wife of 23 years, Joyce Kostak Goldmann, his daughter, Randi Goldmann (Martin Forman), sons Bernie Goldmann (Melisa Wallack) and Richard Goldmann (Barry Buck), stepson, Michael Goldberg (Joie Chen) and stepdaughter, Wendy Clougherty

(Timothy Clougherty). His sister, Joanne Goldmann Kaufman, predeceased him.

Stanley had nine grandchildren, Max Forman, Jake Forman, Ross Forman, Lilyana Goldmann, Mercer Goldmann, Grey Goldmann, Evan Goldberg, Kate Clougherty and Leah Clougherty.

Stanley graduated Taylor Allderdice High School in 1949 and the University of Pittsburgh in 1953 with a BS in business. He later earned an MS in retailing also from Pittsburgh, where he was a business manager of *The Pitt News*.

After serving two years with the Second Armored Division, he took a job at Liberty Printing and later became the Pittsburgh representative for Printing Service Inc., of Dayton, Ohio. On March 21, 1969, he and two partners purchased Geyer Printing Company. Stanley was a terrific salesman and was the treasurer of the company. The partnership was a tremendous success and turned Geyer into the one of the largest locally-owned printers in Pittsburgh.

Stanley was an avid supporter of the University of Pittsburgh, in particular of the Athletic Department. He was a founding member of the Golden Panthers Booster organization now known as the Panther Club. He was celebrated as The Golden Panther's Man of the Year in 1986. He was also a board member of the Three Rivers Arts Festival, a supporter of the Carnegie Museum of Art and the Pittsburgh Symphony. He was a season ticket holder for all the Pittsburgh sports teams which was a major passion for him.

He and his wife later retired to Sanibel

where he loved walking on the beach and became an avid collector of seashells. He was most proud of his collection of nine junonias, a rare seashell.

Services will be at Ralph Schugar Chapel, 5509 Centre Avenue, Pittsburgh on Sunday at 1 p.m. Visitation is one hour prior to services. Interment will be at West View Cemetery of Rodef Shalom Congregation.

The family requests that in lieu of flowers donations be made to The Stanley M. Marks Research Fund at the University of Pittsburgh Cancer Institute, [www.schugar.com](http://www.schugar.com). Checks may be made out to UPCI c/o UMPC Cancer Pavilion, Suite 1B, 5150 Centre Avenue, Pittsburgh, PA 15232.✽

From page 5

## Wine And Food Fest

6 to 8 people, prepared by Chef Teh in your island home.

The San-Cap Optimist Club is a non-profit organization with all proceeds from fundraising events going to help kids in need, especially with college scholarships. For more information, call 472-0836 or visit [www.SanCapOptimist.org](http://www.SanCapOptimist.org).✽

From page 1

## Mollusk

from the University of Rochester.

His research interests span the field of geobiology, combining disciplines from biology and geology to interpret the history of environmental change. His current research programs include the effects of sea level rise on coastal environmental evolution, the history and paleoecology of reef development, and the effects of environmental change on oyster reef ecology.

Over the years he has served on the board of the Watershed Council, has been an active member of the Big Cypress Restoration Coordination and the SW FL Regional Restoration Coordination Teams, the SW FL Feasibility Study Team and the South Golden Gate Estates Restoration Project Delivery Team.✽

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Labyrinth expert Zara Renander will lead a Labyrinth Workshop from 9 a.m. to noon on February 13 at St. Michael and All Angels Episcopal Church



The Reverend Kerry Holder-Joffrion serves as co-leader for the Labyrinth Workshop at St. Michael's

## Renander To Lead Labyrinth Workshop At St. Michael's

St. Michael and All Angels Episcopal Church invites Islanders to a Labyrinth Workshop led by world famous labyrinth expert Zara Renander from 9 a.m. to noon on Saturday, February 13 on the church grounds, 2304 Periwinkle Way on Sanibel.

According to St. Michael's rector Ellen Sloan, the workshop has been scheduled for Valentine's Day weekend, "so that we can focus specifically on the theme of love and loss. Zara's special gifts will help participants find healing by learning to walk the devotional path of the labyrinth."

Renander has titled the workshop Love After Love, she said, "because it invokes the third movement of pilgrimage, which is often the most difficult to accomplish. It will help us do the work of remembering, honoring and moving forward."

Born in Lahore, India, Renander holds a masters degree in Theology from the University of St. Catherine, St. Paul, Minnesota, and trained as a nurse at Abbott Northwestern Hospital, Minneapolis, and Westminster Hospital, England. She brings the wisdom of a cross-cultural background to her work in pilgrimage and conflict resolution. Director for four years of the Nativity Center for Pilgrimage and Reconciliation in Huntsville, Alabama, she is a trusted guide for those seeking spiritual healing or fulfillment.

Renander will be joined by The Rev. Kerry Holder-Joffrion, an Episcopal priest, founder of the Nativity Center, and president of Turning Point Consultants, an organization of professionals who facilitate healing through pilgrimage and labyrinth practices.



Organizers for the Labyrinth Workshop are, standing from left, Betsy Michaelson, St. Michael's Rector Ellen Sloan and Judy Workman; seated from left, Pat Jones, Judy Addison and Carol Heath

The workshop, which is free and open to the public, consists of a presentation by Renander in the Parish Hall, followed by an opportunity for all participants to walk the labyrinth. The event includes a light breakfast.

To inquire about the Labyrinth Workshop or other special events at St. Michael and All Angels Episcopal Church, contact Rector Ellen Sloan at 472-2173 or visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).✽

## Church Celebration Of Love Sunday

On Sunday evening February 14, to commemorate Valentine's Day, Sanibel Community Church will be celebrating God's love. It will begin with a candlelight banquet at 6 p.m., followed by some stand-up comedy by Pastor Daryl Donovan, and conclude with a concert by international pianist Ron Elrod (aka Dizzy Fingers).

All are welcome. There is no charge for the evening and no need for reservations. A love offering will be received to cover the cost of the meal and the concert.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✽



Ron Elrod

## Course On Prayer And Meditation

In many religious traditions, prayer and meditation are considered important spiritual practices. In 12-step programs like Alcoholics Anonymous and Al-Anon, they are also considered vital to the discipline of recovery.



Rev Dr John Danner

The Rev. Dr. John H. Danner will present a two-part course titled Improving Conscious Contact: Exploring Prayer and Meditation at the Sanibel Congregational United Church of Christ on Wednesday, February 17 at 10 a.m. with an identical class at 7:30 p.m. The second class will be on Tuesday, February 23 at 7:30 p.m. with an identical class on Wednesday,

February 24 at 10 a.m.

Members of the class will examine different approaches to these two practices as presented in a variety of traditions. Members of the class will also have a chance to experience brief times of prayer and meditation as part of the course.

Dr. Danner is a graduate of the Shalem Institute for Spiritual Formation, where he studied with Tilden Edwards, Gerald May, Rosemary Dougherty and others. His work there included a wide-ranging examination of a variety of spiritual practices including verbal prayer, silent prayer, the use of icons, the use of labyrinths, the use of chant and other such disciplines. Dr. Danner is a member of Spiritual Directors International and a Fellow in the American Association of Pastoral Counselors.

The class is open to the public, and is offered free of charge. The church is located at 2050 Periwinkle Way. For more information, contact the church office at 472-0497, or visit the church website, [www.sanibelucc.org](http://www.sanibelucc.org).✽

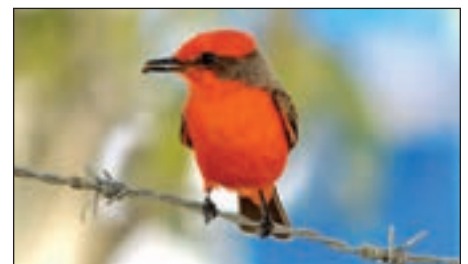
From page 1

## Audubon Bird Walk

His presentation will travel clockwise starting in the Bahamas and visiting the Lesser Antilles, Trinidad, Colombia, Panama, Cost Rica, Belize, Mexico and Cuba. Avian life of the locations visited will be emphasized, but snippets about history and culture of the Caribbean will be included.

Burgener has worked with the National Audubon Society as well as the Florida Audubon Society in their educational department, and served over five years as a board member of the Broward County Audubon Society. For more than 11 years, he has taught beginning birding to all ages.

Hurgener has given numerous talks to birding clubs, community groups and Road Scholar groups. He holds a B.A. in environmental geography from Florida Atlantic University and has been in the tour business for over 40 years. He has taken thousands of people birding in the Florida Everglades and calls himself "an



Vermillion

entertaining environmental educator." He says, "I love to teach beginning birding because I can relate to the excitement of a beginner."

This is the seventh of eight Sanibel-Captiva Audubon lectures to be held in 2016 at The Community House, 2173 Periwinkle Way, Sanibel. As always, all are welcome to attend. Doors open at 6:30 p.m. and parking is available. A \$5 donation is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For additional information, call Bill Jacobson at 395-1878 or visit [www.san-capaudubon.org](http://www.san-capaudubon.org).✽





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In early 1980 Craig and Evelyn Stewart took their honeymoon to the islands of Tahiti, specifically Moorea. Coming from landlocked Oklahoma, this was quite literally paradise. They fell deeply in love with the island lifestyle. Needless to say they had had enough of "living for the city." Nearly five years later after traveling and researching, Craig discovered Sanibel Island on a business trip to Naples and just like that, Sanibel struck him like a coconut to the noggin. As legend has it, Craig was on Sanibel for a mere 45 minutes before he found the nearest pay phone at the 7-eleven and called up Evelyn and said "honey, I've found where we are going to live with the kids!" In 1986 they moved down to Sanibel Island. Boom! Adventures in Paradise was born along side three strikingly handsome sons (insert chuckle here) a parrot, and the coolest wiener dog they would ever meet!

(To read the next chapter in the Adventure, be sure to pick up next weeks edition of the Island Sun!)



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# Why Architectural Design Standards For Sanibel?



by Larry Schopp, Board member, Committee of the Islands

**A**lmost two years ago, the Sanibel City Council passed a little noticed ordinance that could have a major impact on the island, or at least the Resort Housing District, for years to come. It allows for a substantial increase in room size of some resorts without a reduction in the number of rooms. The result will be larger resorts.

At the time, the Sanibel-Captiva Chamber of Commerce identified a number of older resorts on Sanibel that have rooms of 450 square feet, well below current industry standards, making them unattractive candidates for redevelopment. Consistent with the city's policy of

encouraging redevelopment of aging, perhaps obsolete resorts, the new law allows for an increase in room size to 600 square feet per room for resorts with one bedroom, provided they remain dedicated to short term occupancy.

At the public hearing for the room size ordinance, COTI pointed out that without a commensurate reduction in total number of rooms, an increase in room size of nearly 40 percent would eventually result in the replacement of older hotels and motels by much larger structures – likely three stories rather than the current two. That increase in mass would be compounded by the fact that any replacement structure would, under FEMA regulations, have to be elevated on pilings. A two-story motel currently built at ground level would likely be replaced by a three-story structure on pilings.

The visual impact would be striking and that's what we told the members of the city council. We argued that no increase in room size should be undertaken without architectural design standards to minimize the visual impact that increased room size would create.

## City Council agrees to enact binding architectural and design standards

The council heard us and committed to enact binding architectural and design standards for redeveloped resorts – standards that would prevent the construction on Sanibel of those boxy motels we see at highway interchanges. They're functional and probably inexpensive to build, but out of place in a small-town community like Sanibel, with its own evolving and distinctive character.

Planning department staff was directed to develop standards that would compliment and reinforce the community's character and natural environment,

present them to the planning commission for approval and eventual enactment by the council.

But, if architectural standards are needed for resorts undergoing redevelopment, why stop there? Why not make them more generally applicable? That, of course, makes sense, which is why the scope of work was expanded by city council to include not just resorts that increase room size but all multifamily, commercial and institutional buildings. Single-family homes are not included.

The resulting draft ordinance contains a set of modest, straightforward standards, including some limitations on unbroken vertical, horizontal and roof line planes, all intended to reduce the monolithic appearance of large structures, to make them look more like "a group of buildings that vary in size and scale" as expressed in Standard #1.

The mandatory standards would be supplemented by non-binding examples of Sanibel's evolving "Island Style" that include descriptions and pictorial representations of Old Florida, Island Eclectic, Island Contemporary and Caribbean Styles – all intended to assist property owners in complying with the mandatory standards.

## Older hotels and resorts becoming attractive to investors

Since the enactment of the room size ordinance in 2014, older hotels/resorts have, understandably, become more attractive to investors. Four well-known beachfront resorts, West Wind Inn, Waterside Inn, Sunset Beach Inn and, most recently, Holiday Inn, have been sold to investors, who, one would assume, intend to redevelop the properties eventually – and therein lies the potential rub.

At the planning commission meeting on December 8, the Architectural Standards came up for approval and transmittal to the city council. During public comment, representatives of the Sanibel-Captiva Chamber of Commerce expressed concern that the standards proposed could create a financial hardship to developers and actually inhibit redevelopment. On the other hand, planning department staff maintained that the standards are reasonable and appropriate to carry out their mission. The final decision rests with city council.

The ordinance had its first reading before city council on January 5. The second reading (the one at which the public is invited to comment) is scheduled to take place on February 16, but could be postponed until March 1 so that the mayor, who will be unavailable on the 16th, can participate.

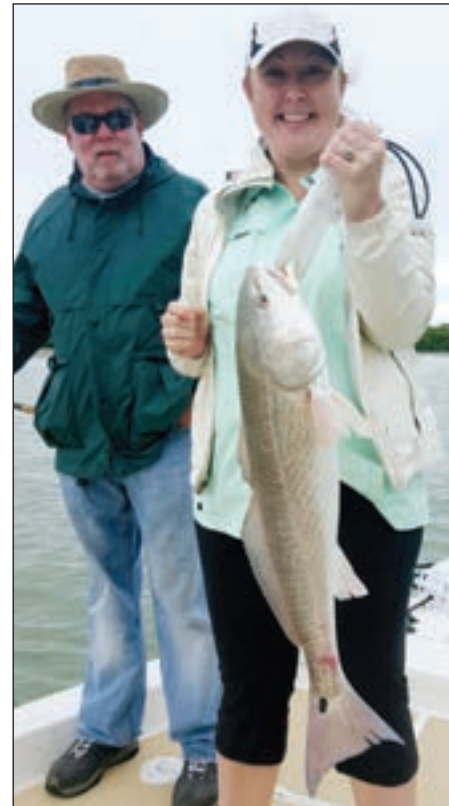
## Who should determine the future character of our community?

The question for Sanibel is: Who is to determine the future character of our community as resorts and other structures are redeveloped – the citizens through their elected representatives or the developers? To me the answer is clear. Sanibel should control its own destiny. Otherwise, much of what makes this community so special could be placed at risk.

Will developers have to spend more for their projects if the proposed standards are implemented? I expect so, but Sanibel is a highly desirable community and a top rated vacation destination, made all the more so by its small-town, sanctuary character. Those wanting to develop or redevelop properties here should understand that and accept the attendant costs as part of doing business on Sanibel Island, as they would in Charleston, Savannah, St. Augustine or in any other unique and protected community.

COTI plans to share further commentaries about traffic congestion on Sanibel. To read past commentaries on island issues – and to register for the COTI's free email news service – visit the website at [coti.org](http://coti.org). Comments on this or other island issues are welcome. Email them to [coti@coti.org](mailto:coti@coti.org) or visit Committee of the Islands on Facebook.✱

## Fish Caught



Jennifer Fulton holding a 27-inch redfish she caught

Jennifer Fulton, from Cincinnati, Ohio, caught and released a 27-inch redfish while on a Sea Reed Charter.✱

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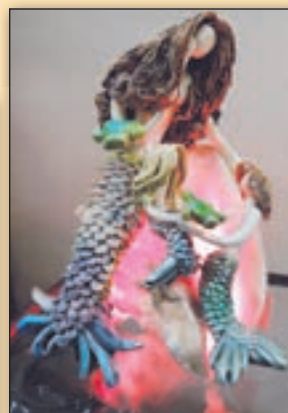
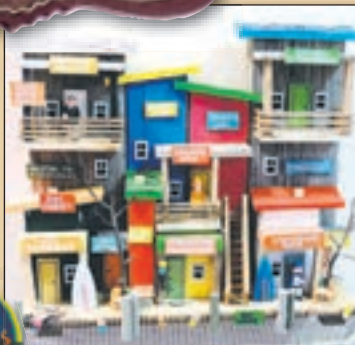
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# Shell Found



Madeleine Clifton

Madeleine Clifton, a renown cellist visiting from Bel Air, Maryland found a junonia while shelling on January 28 in front of her aunt Judy Schuele’s house on Captiva.\*

## San-Cap Power Squadron Offers Boating Classes

The Sanibel-Captiva Power Squadron’s winter and spring classes will include America’s Boating Course, Seamanship, Weather,

Electronic Navigation and Marine Communications. All classes will be taught on Sanibel and are open to the public. Class fees and schedules vary. America’s Boating Course will be taught in two sessions; Monday, March 14 from 6:30 to 9:30 p.m. and Saturday, March 26 from 10:30 to 4:30 p.m. at the Sanibel Public Library. The class teaches basic boating operation and safety with an emphasis on boating the unique local waters around Sanibel and Captiva. Completion of the two-class sessions and passing a simple exam at the end of the second session qualifies students to receive the Florida Safe Boating ID card. This ID card satisfies state of Florida education requirements for operating boats in Florida waters. The class uses the America’s Boating Course text published by the U.S. Power Squadron, local navigation charts, presentations by Power Squadron instructors and classroom discussion to insure that students can boat safely and confidently in local waters. Students must attend both class sessions and complete homework assigned between classes. The class is designed for new boaters as well as experienced boaters who want to improve their boating skills in local area waterways. For more information, contact Jay Brown, lead instructor, at 314 807-6860 or by email at jaywbrown1@icloud.com. Preregistration is required. Seamanship begins February 9 and includes five weekly class sessions. For

many boaters, this class is the next step after America’s Boating Course, although completion of that class is not a prerequisite for the course. The Seamanship course content is similar to America’s Boating Course but the topics are studied in greater depth and there is considerable emphasis on proper boat operation in a wide variety of boating circumstances. Weather will be taught in weekly sessions over a four-week period, which began Thursday, January 28. The class provides basic understanding of weather systems, their formation and forecasting. This is a general weather class that benefits both boaters and non-boaters with a focus on safety and comfort while out on the water. Electronic Navigation begins on Wednesday, February 24 and continues weekly for six total sessions. The course introduces GPS navigation technology from basic receivers to chart plotters. The techniques of establishing waypoints and routes and then running planned courses are demonstrated. Electronic charting software for home desktop computers is discussed, which allows route planning to be done at home and then downloaded to the boat’s GPS. Special attention is given to navigation apps for tablets and smartphones allowing navigation using these devices at relatively little cost. Marine/Communications begins Wednesday, March 23 and continues for seven weeks. This is an in-depth review of communications systems

available to the recreational boater. Radio history, along with definitions of radio circuits, are covered as is the Global Maritime Distress and Safety System, FCC rules and regulations, voice and digital messaging including DSC, High Seas Radio (MF/HF) and satellite communications. For more informaton or to register for a course, go to [www.usps.org/findacourse](http://www.usps.org/findacourse). America’s Boating Course is found under the locate tab “Boating Courses” and all other courses are found under the locate tab “Advanced Courses.” Enter your zip code, then click on the “locate” button. You can also call or email Steve Abbott, squadron education officer, at 246-2392 or [srabbott@att.net](mailto:srabbott@att.net). For more information about the Sanibel-Captiva Power Squadron, visit <http://usps.org/localusps/sancap>.\*

## Audubon Bird Walk

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, February 13 at the Pond Apple Trail. Meet in the Matzaluna restaurant parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A \$2 donation is appreciated. Call Hugh Verry at 395-3798 for additional details.\*

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## Fish Caught



Marshall Green with his catch

**M**arshall Green, visiting from Philadelphia, Pennsylvania, caught and released a 30-inch redfish while on a Sea Reed Charter.✱

## Audubon Swamp Walks

**J**ohn Elting, chairman emeritus of Audubon Florida, was recently elected trustee of the Archbold Biological Station located on the Lake Wales Ridge area of Florida. Archbold is a world-renowned institution dedicated to science, conservation and education needed to protect the life, lands and waters of the heart of Florida.

Elting is a Florida Fish and Wildlife Conservation Committee python hunter and an authorized agent for python removal from the Everglades National Park. He continues to lead swamp walks for Audubon at the Corkscrew Swamp Sanctuary and in the Fakahatchee Park State Preserve. Anyone interested in participating in these interpretive outings should contact Sally Stein at the Corkscrew Swamp Sanctuary at 239-348-9151.✱



John Elting

videos and recorded vocalizations to explain osprey behavior.

The presentation is sponsored by the Sanibel Captiva Trust Company and dedicated to Mark "Bird" Westall, founder of The International Osprey Foundation, who is suffering from ALS.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration and is located across from The Sanibel School. Reservations are required for the presentation, with admission of \$7 for adults, \$5 for teens and free for children 12 and under.

For reservations or more information, call 472-3644 ext. 228 or email [rainbolt@crowclinic.org](mailto:rainbolt@crowclinic.org). To learn more about CROW, visit [www.crowclinic.org](http://www.crowclinic.org).✱

## Osprey Presentation At CROW

**T**he Clinic for the Rehabilitation of Wildlife (CROW) will present The Story of Ospreys on Tuesday, February 23 at 4:15 p.m. in their Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe. But it is not always easy to understand, so presenter Claudia Burns, who has monitored osprey nests for 20-plus years as an International Osprey Foundation volunteer, uses photos,

## Shells Found



Jean Quinn, Kim Whitehurst and Anne Aldrich

**J**ean Quinn, Kim Whitehurst and Anne Aldrich from Brooklyn, New York and York Beach, Maine found a true tulip, a scotch bonnet, 12 alphabet cones and one elderly lighting whelk on West Gulf Drive while staying at Pine Cove Condominiums. They said, "Shells from the storm beats snow from the storm any day. Another great time had by all."✱

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### SCCF Open House — President's Day, Feb. 15

Explore Nature Center exhibits, live tanks of marine critters collected by the Marine Lab, the Nature Sounds Contest. **11 a.m. - 1 p.m. Free.** *Nature Center admission is free all day.*

### Bobcat Tales — February 17

Bobcats seem to be flourishing through most of their North American range. Learn more about this shy feline that moves so peacefully among us. **Wednesday, February 17 at 10 a.m. \$5 adults.**

### Caloosahatchee Oxbow & Riverlore Cruise — Feb. 28

Come with us to experience the historic meanders of the upriver Caloosahatchee on this 2.5-hour cruise guided by Rae Ann Wessel. Departs at 1 p.m. from the W.P. Franklin Lock & Dam Park off SR 80 in Olga. **Advance reservations and payment required. \$45 per person. Call 472-2329. February 28**

### Indigo Snake Research Project — February 15

Learn more about SCCF's Pine Island Sound Eastern Indigo Snake Research and the captive breeding program. The babies from last year are still being raised and will be used for educational purposes. **Monday, February 15 at 1 p.m. following Open House. Free.**

### Native Orchids of Florida — February 19

Award-winning photographer, Prem Subrabmanyam, has been photographing Florida's native and naturalized orchids for over 30 years. Join SCCF for a photographic journey to learn about these botanic jewels. **Friday, February 19 at 10 a.m. \$5 adults**

### Tides, Currents & the Florida Shelf — February 17

Tides and currents affect most of our lives daily. Why do the islands sometimes have just one tide a day? Learn how water behaves as the earth spins, the moon orbits and the winds blow.

**Wednesday, February 17 at 1 p.m. \$5 adults**

### Weeds, Seeds & Birds— February 22

Learn about native plants and birds on this guided walk. Meet at the Nature Center porch and carpool to the preserve. You may need parking money. **Monday, February 22 at 9 a.m. Free.**

### Explore Our Nature Center, Trails and Observation Tower

**Butterfly House** – Guided tour Tuesdays 10 a.m.; also self-guided.  
**Nature Center** – live turtles, snakes, videos, 4 miles of walking trails with an observation tower. \$5 adults

**Guided Trail Walks** – Tues-Fri, 11 a.m. 4 miles of trails to explore \$5 adults

**The Shipley Trail** – Located on the Bailey Homestead Preserve (entrance at Roadside City Park on Periwinkle). *Please note that the Bailey Homestead is still undergoing site work and will open to the public soon.*

### SCCF's Native Landscapes & Garden Center

Come visit our Native Landscapes & Garden Center at their new location at the Bailey Homestead Preserve, 1300 Periwinkle Way. The larger space now offers demonstration gardens of different island habitats. Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat.

*The old Nursery at the Nature Center is closed.*

### Sanibel-Captiva Conservation Foundation

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**Garden Center:** Open Mon-Fri 8:30 a.m.-5 p.m.; Sat 10 a.m.-3 p.m.

SCCF: (239) 472-2329 Garden Center: 472-1932 [www.sccf.org](http://www.sccf.org)

## Mayor Calls For 3-Point Action Plan In Response To Lake O Releases

While in Tallahassee addressing local state legislators on critical long-term local and regional water quality projects, Sanibel Mayor Kevin Ruane issued a call for immediate action by the South Florida Water Management District and the Army Corps of Engineers to address the current Lake Okeechobee releases. Simultaneously, Ruane issued a call to the mayors of each city in Lee County to work collectively on requesting a 3-Point Action Plan.

"As a community, as a region and as a government restoring and protecting the quality of our economic lifeline, water quality, is our highest priority. We know we are most effective in Tallahassee and Washington when we speak with one unified voice. Today, I am calling on the mayors of our sister cities to support this 3-Point Plan for immediate action steps," Ruane said on February 3 as he issued the "call for action."

The 3 Step Action Plan calls for:

- Maximizing storage on all private lands currently under contract with the South Florida Water Management District
- Maximize potential storage on public lands within Lee County
- Call on the Army Corps of Engineers and the South Florida Water Management District to exercise their operational flexibility to hold more water in the lake.

"With above average rainfall conditions expected for another three months, it is imperative that we explore all options to implement and maximize storage on all private lands, including those currently under contract with the South Florida Water Management District for the dispersed water management program and utilize emergency storage on all public lands within the Kissimmee, Lake Okeechobee, St. Lucie and Caloosahatchee basins," Ruane wrote in his letter to fellow mayors Ben Nelson (Bonita Springs), Marni Sawicki (Cape Coral), Nick Batos (Estero), Randall Henderson (Fort Myers) and Anita Cereceda (Fort Myers Beach) "We must also challenge the Army Corps of Engineers and the South Florida Water Management District to identify and exercise all operational flexibility within their power to hold more water in the lake and other available storage areas."✱

## Sanibel-Captiva Conservation Foundation

### Native Orchid

On Friday, Feb. 19 at 10 a.m., award-winning photographer Prem Subrabmanyam will take participants on a photographic journey to learn about native orchids of Florida.

Subrabmanyam has been photographing Florida's native and naturalized orchids for more than 30 years. In 2008, she created the Florida Native Orchid Science website to educate the public. Florida has roughly half of all the US orchid species.

Cost of the event is \$5, and members are admitted free.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.✱



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## Shell Of The Week

## Squared Turrid



by José H. Leal,  
PhD, The Bailey-  
Matthews National  
Shell Museum  
Science Director &  
Curator

The squared  
turrid, *Gly-  
photurris*  
*quadrata* (Reeve,  
1845), belongs to  
a relatively obscure  
family of marine

gastropods, the Mangeliidae. Little is known about the squared turrid biology and feeding habits, but shells of the species are not uncommon along the shores of our barrier islands. Fully grown shells typically measure about 8 mm (1/3 inch). The two shells in the photos represent, on the left, a fully mature individual, and, on the right, an immature one. The main difference, other than the larger size of the mature shell, lies in its fully developed outer lip, or outer margin of the shell opening (arrow), in contrast to the thin outer lip of the immature shell. This shell-shape difference between the adult and juvenile shells can be seen in many, distinctive families of gastropods, including the true conchs (family Strombidae) and helmet shells (family Cassidae). Learn more about local shells in the Shell Museum online identification guide at <http://shellmuseum.org/shells/southwest-florida-shells>



The squared turrid, *Glyphoturris quadrata* (Reeve, 1845), left mature shell; right, immature shell. Arrow points to thickened outer lip on adult shell. Shell sizes not to scale

photos by José H. Leal

## Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests can book through the Inn).

Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell Bingo  
Wednesday at 1:30: Mollusk Matinees – A series of nature-related lectures presented by local experts. (Please check [shellmuseum.org](http://shellmuseum.org) for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

## Shell Found



Randy and Joleen Stephenson

Randy and Joleen Stephenson, visiting from Des Moines, Iowa found a junonia on the beach near Nerita Street while staying at Periwinkle Park campground on February 2.✱

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# 'Ding' Film Investigates The Global Battle Over Sand

The investigative documentary film *Sand Wars* continues the fourth annual "Ding" Darling Wednesday Film Series in the "Ding" Darling Visitor & Education Center auditorium on February 17 at 2:30 p.m.

The fight for one of the most consumed natural resources on the planet has been termed the new gold rush. Sand is a component in objects we see and use every day – from computer chips to wine. With increased development and three-quarters of the world's beaches in decline, the question of the renewability of the resource looms.

This 75-minute film asks the question: Can the existing supply of sand satisfy gigantic demands fueled by construction booms? Based on encounters with sand smugglers, barefoot millionaires, corrupt politicians, unscrupulous real estate developers and environmental advocates, this global investigation comes to the conclusion that the sand wars have begun.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free eight-film, biweekly series with sponsorship from Sanibel-Captiva Beach Resorts. Seating is free, but limited and on a first-come basis.

Below are the season's remaining scheduled films. All showings begin at 2:30 p.m. For full descriptions of the films, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films). After *Sand Wars*, the remaining lineup includes *Plastic Paradise: The Great Pacific Garbage Patch* on March 2, *Crash: The Tale of Two Species* on March 16, *The End of the Line: Where Have All the Fish Gone?* on March 30 and *Bag It: Is Your Life Too Plastic?* on April 13.✽



Making stamps at last year's open house



Owls are a hoot. This youngsters takes part in the Nature Sounds Contest.

## Find Out What SCCF Is All About

President's Day, Monday, February 15, also marks the Sanibel-Captiva Conservation Foundation's annual open house. This date is chosen because many northern families have a mid-winter school break that week and island students have the day off.

Drop in and see what SCCF is all about. The Nature Center and trails are open free to the public from 8:30 a.m. to 4 p.m. and the porch and butterfly garden will be abuzz with activities from 11 a.m. to 1 p.m.

A special live reptile exhibit, aquaria to see close up some of the creatures

that live in our bay waters, and children's crafts will be available. Staff will be on hand to chat about the lives of sea turtles and the work of the marine laboratory.

At 11:45 a.m., the long-standing Nature Sounds Contest will begin. Divided by age groups, kids and adults demonstrate their favorite and most practiced nature sounds. In years past dads have done their best imitation of an elephant, two-year-olds their quack, squawk or meow and everyone in between has a great time both as participants and observers. Prizes will be given to these performers.

As always, free hot dogs, chips and lemonade will be available until the supply runs out.

To end the festivities, herpetologist Chris Lechowicz will give a talk regarding the relatively new Pine Island Sound Indigo Snake project at 1 p.m.

SCCF is at 3333 Sanibel Captiva Road.✽



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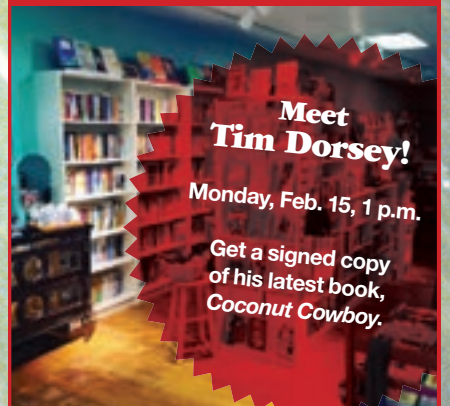
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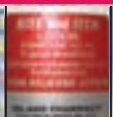
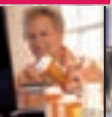
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# The Fish Are Still Here



by Capt. Matt Mitchell

Water releases from Lake Okeechobee were the main topic of conversation for just about everyone who was on or saw the water this week. Record-setting

January rainfall left Lake O water levels high, so flood gates are now wide open, allowing massive amounts of water down the Caloosahatchee through San Carlos Bay and into the gulf.

This dirty brown polluted water could not come at a worse time of year for local businesses. Many of our seasonal visitors wintering in Southwest Florida have never had to experience the brown Gulf of Mexico caused by this. What this water quality issue will cost our tourism industry this season is yet to be seen. This major issue affects everyone and has become not only a summer rainy season

problem but a year round problem, with no solution in sight. Cold and windy conditions made getting out on the water most days this week tough going, if not impossible. I did manage to get in a few fishing trips between cold fronts. Many booked dates to fish where either rained out or it was just too rough to even consider giving it a go. Cancelled trips due to the weather have been the story of the last month. Spring time weather can't get here soon enough. On the days I did get out, we caught fish usually a decent mixed bag of species including trout, sheepshead, redfish, snapper, flounder and even a few snook. Fishing is certainly not on fire, but that is due more to the cold and fluctuating water temperatures more so than the ugly brown water. The fish are still here and with a little consistent weather, bigger fish action will light up. Mid-week, we had a few warmer days and southerly winds. which I thought would trigger a decent snook bite as another cold front approached. After catching shiners on the bridge for the first time in weeks, I headed out with high expectations of putting my clients on some catch-and-release snook action. After working hard at it most of the morning, we only managed to catch a handful of



Mary Lazer of Sanibel with a cold water redfish

snook. Shiner fishing was a much-needed change of pace, though, after targeting sheepshead and trout on shrimp for the past month. Basically, the water was still just a little too cold for snook to feed on with any kind of regularity. I am locating huge numbers of snook hunkered down in their winter time haunts during these cold water conditions; they just need to few sunny warm days to go off. Chunks of shrimp on a jig head were the better choice than shiners, if you were looking for action and a fresh fish dinner. Mangrove creeks and channels held lots of sheepshead of all sizes, along with a few redfish and a black drum or two in the mix. Live shrimp caught lots

of trout right in the middle of these deep creeks. Spend your fishing time in a favorite deeper mangrove creek that is both sheltered from the elements and has good moving current to keep the rods bent. All of these creeks are loaded with lots of smaller fish, but if you put in your time in, there are certainly some bigger quality fish in the mix.

During calmer conditions out in the open bay, the flats on the eastern side of the sound have been better action than the flats on the western side. This is due to the water on the east side being in much better shape than the coffee-colored water west around the passes. Fishing the edges of the many sandbars and grass flats that run north from Chino Island up to Flamingo Bay Channel, we caught trout of all sizes. Popping cork rigs baited with a live shrimp caught the majority of these fish, although anglers throwing soft plastic shrimp jigs got in on the action, too.

The past few winters have been relatively mild, with only very short periods of cold, then our temperatures quickly rebounded. This winter has been much different, with a very warm December before a cold, wet and windy January/February. Cold, windy winter conditions are sticking around for much longer. Just as things start to warm up and get better, we have another front arrive, reenforcing the cold.

continued on page 30

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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## CROW Case Of The Week:

## Stiff-Tailed Ruddy Duck



by Patricia Molloy

The ruddy duck (*Oxyura jamaicensis*) is a small, chestnut-colored duck that is native to North and South America. And they are fascinating little birds.

Adult male ruddy ducks have two molts: in the summer months, during the prenuptial molt, their necks and bodies are of a dark chestnut color, much like the plumage of their female counterparts; the males, however, have snow-white faces year-round. Between August and October, the males' postnuptial molt reveals a bright chestnut plumage. In addition to a more golden body color, the bill of the male ruddy duck changes from a mostly dark gray or black color to a bright blue.

Ruddy ducks are one of the stiff-tailed duck varieties, so-called because they hold their tails erect or horizontal to the water. Males make good use of these tails during courtship. In an effort to attract a mate, the male will swim around the female with his tail tilted forward and neck outstretched. He will then use his tail to stand in the water then quickly glide across the surface. He also slaps his bright blue bill across his chest while making his courtship call. When the female is duly impressed, she will signal her approval by stretching her neck out and opening her bill.

A young male ruddy duck was admitted to CROW as patient #16-136 after being found down and unable to stand. "(He) is another potential red tide case," said Dr. Allison.

Red tide is an ancient, natural phenomenon caused by tiny, single celled algae called *Gymnodinium breve*. While red tide causes little more than respiratory and eye discomfort for most humans, it has a more serious effect on marine wildlife. Exposure to the algal bloom can be dangerous, even fatal, to fish, sea turtles and birds.

The ruddy duck was quickly assessed for liver and kidney damage, as the toxin is fat soluble. During the early stages of care, it required daily tube feeding and the administration of a liver detox with milk thistle to stimulate the liver into filtering out the toxins.

"He's looking bright and alert and he's pretty feisty. He doesn't peck at his food

The ruddy duck, patient #16-136, gets some much needed rest. Its bill has yet to change to bright blue.

much but he takes the force-feeds pretty well. And he's getting tub time," Dr. Allison concluded. Thanks to the supportive care the young ruddy duck has received at CROW, it is expected to make a full recovery.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org).





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Dutchman's pipevine's large speckled flowers give it another common name: calico flower



A pipevine swallowtail caterpillar feeds on non-native Dutchman's pipevine

photos by Gerri Reaves

Plant Smart  
**Dutchman's Pipevine**

by Gerri Reaves

**D**utchman's pipevine (*Aristolochia elegans*) is an evergreen twining vine with heart-shaped leaves and unforgettable flowers about three inches across. The flower's color and pattern of its interior, as well as its shape, inspire several common names: Dutchman's pipevine, calico flower and, simply, pipe vine. Twining and coiling woody stems allow it to climb fences and other structures up to 15 feet or higher. The curved tubular shape of the flower's yellow throat flares out, giving it a shape similar to an old Dutch pipe or the one associated with Sherlock Holmes. The flower's pattern of purple-brown with white spots is similar to calico fabric. Although it is a native of Brazil, not Florida, it has been promoted even by some native-plant enthusiasts because it is a larval plant for several swallowtail butterflies. Also, the dense pretty foliage of this fast-growing vine makes it a good screen plant or a cover for unsightly fences. However, this native of South America is listed as a category II invasive species by the Florida Exotic Pest Plant Council, so if you plant it, make an effort to control the spread of the winged seeds. It is low maintenance and sometimes reseeds near the parent plant. Give it partial shade and some support. This member of the birthwort family is used medicinally for the pain of childbirth and for treating malaria. The roots have been used to treat snake bites, giving it yet another name: snakeroot. Exercise caution if using it medicinally, for it is very toxic and its misuse can have serious, even fatal, consequences. Sources: *Florida's Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker, *Tropica Color Cyclopedia of Exotic Plants and Trees* by Alfred Byrd Graf, [edis.ifas.ufl.edu](http://edis.ifas.ufl.edu), and [floridata.com](http://floridata.com). *Plant Smart* explores the diverse flora of South Florida.✽

**Shell Found**



Bev Visnesky

**B**ev Visnesky of Nutmeg Village, Sanibel found a Scotch bonnet on the beach near Island Inn on West Gulf Drive.✽

**Shell Found**



Jackson Stephens

**J**ackson Stephens, 11, visiting from Olathe, Kansas City, loves shelling on Sanibel. Jackson found a sand dollar on the beach at the Nutmeg Condominiums. He is the grandson of Ann and John Stephens.✽

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Bidders look over the items at the auction

## Sanibel Christian Preschool Raises Scholarship And Educational Funds

Last Saturday's closing reception for the Sanibel Christian Preschool's Don Rogowskey and Friends Silent Auction served as a fitting and fun end for this year's fundraiser. More than 50 people gathered at Sanibel Congregational United Church of Christ for home-made appetizers, socializing and to place their final bids on the silent auction items. They were treated to the music of the Allison Duo, as well as singer Ana Abella. At the end of the night, over \$4,000 was raised for the scholarship and educational funds at Sanibel Christian Preschool.

The preschool, a community outreach of Sanibel Congregational United Church of Christ, received items both to auction and to award as door prizes and is grateful to Lily & Co. Jewelers, Courtney's Continental Cuisine, Jerry's Foods, Nanny's Children Shop, Over Easy Café, Spatini Tea Bar and Organic Spa, Sanibel Sea School, and Sundial Beach Resort and Spa. Their support allows the preschool to come closer to the goal of ensuring that financial circumstances are never a barrier for parents providing their child a quality education.

Opened in 2013, the preschool offers programs for 2-, 3- and 4-year-olds that prepare them for Kindergarten, along with introduction to classical music, fine arts and Kindermusik. The small class sizes enable individual teacher attention. The preschool provides bilingual support to Spanish speaking children and is a certified VPK provider. For more information, contact director Laura Miltner at 472-0497.\*



Linda Huffington, Do Kaiser and Judy Palaia



Susan McCallion, Ana Abella, teacher of the 3-year-olds class and Lora Lea Plummer, teacher of the 2-year-old class

## Go Wild For 'Ding' Highlights Reddish Egret

This year's fundraiser to benefit JN "Ding" Darling National Wildlife Refuge revolves around the reddish egret, one of the refuge's most well-loved and uncommon birds. It takes place on Tuesday, February 23, from 5:30 to 9 p.m. at The Community House. Advance reservations are required.

The Go Wild for "Ding" – Dance of the Reddish Egret fundraiser features a dinner buffet that samples the islands' best restaurants, including lead restaurant sponsor Matzaluna Italian Kitchen, plus Trader's Store & Café, Bailey's General Store, George & Wendy's Seafood Grille, Queenie's Ice Cream and Sanibel Sweet Shoppe.

Formerly Trailgate Party, Go Wild headlines live auction items fit for the reddish egret theme. Master island sculptor Jim Sprankle has created a reddish egret necklace slide specially for the event. Also on the live auction block: an American avocet carving by Sprankle, an island restaurant dinner and a pontoon-dinner excursion for eight to the refuge's Woodring Point including wine, cheese, sunset, meeting Jean and Ralph Woodring.

The reddish egret (*Egretta rufescens*), known for its erratic "dancing" when it forages, is the rarest and least studied wading bird in the U.S., according to Dr. Kenneth Meyer, who is now researching the bird at the refuge and will be attending Go Wild. Proceeds will benefit the Avian Research and Conservation Institute study and other refuge wildlife and habitat projects.

Sprankle has also hand-carved and hand-painted a delicate Reddish Egret Feather Pin for a chance drawing to be held that evening. Chance purchasers need not attend the event and can visit [dingdarlingsociety.org/go-wild](http://dingdarlingsociety.org/go-wild) for more information. The prize includes membership into the exclusive, 50-member Sprankle Feather Club, which flocks together each year for a themed gathering.

Second- and third-place prizes include framed nature art photographs that capture the reddish egret's graceful movements by professional photographers Terry Baldwin and Al Hoffacker.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the event, which

includes live entertainment and silent and live auctions to provide support where government funding falls short for the refuge.

"We are so grateful to our generous restaurants and sponsors for making this third annual fundraiser possible," said Doris Hardy, DDWS president. "Also a big thanks to all of our friends who have donated wonderful, uniquely refuge auction items."

More than 40 silent auction items include a framed limited edition Audubon print of a reddish egret valued at more than \$2,000; tri-color, 14-karat gold island charm necklace valued at \$1,300; and a wooden, scale-model, 1950s Chris Craft runabout boat and a collectible book on Chris Craft boats, with an estimated value of \$600. Stay tuned for news on more auction items to come.

Attendance to the February 23 event is by reservation only; 70 spots remain. Tickets to Go Wild for "Ding" – Dance of the Reddish Egret are \$100 each. Due to space limitations, walk-in or any additional guests will not be able to attend. To reserve, visit [dingdarlingsociety.org/go-wild](http://dingdarlingsociety.org/go-wild) or call 292-0566.

Champion Level: Mark & Gretchen Banks, John & Kathy McCabe, Jim & Patty Sprankle; Guardian Level: Matzaluna Italian Kitchen, South Seas Island Resort; Protector Level: Sarah Ashton & Jim Metzler, Peter & Paula Bentinck-Smith, Jay & Cindy Brown, Amanda Cross, George & Wendy's Seafood Grille, Island Cinema, Sanibel Catering by Bailey's, Trader's Store & Café, Don & Ann-Marie Wildman; Defender Level: Big Red Q Quickprint, Cast About Charters, Mike & Terry Baldwin, Doug & Sherry Gentry, Greenwood Consulting Company, Phyllis & Glen Grisham, Gulf Coast Landscape Supply, Hightower Advisors Fort Myers, Dick & Emily Muench, Queenie's Ice Cream, Sanibel Sweet Shoppe, TradeMarky Films, Vortex Optics.

As a non-profit 501(c)3 organization, DDWS works to support J.N. "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research, and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).\*



A Jim Sprankle American avocet sculpture is among Go Wild's live auction items



# Speech And Reception To End CCA’s Dimock Photography Exhibit



Archaeologist and author Jerald T. Milanich

A popular exhibit of early 1900 photographs by father and son photographers A.W. and Julian Dimock will conclude its run at the Captiva Civic Center with a presentation by renowned archaeologist and author Jerald Milanich. Milanich will show photos and discuss his two books about the Dimocks – *Enchantments: Juilian Dimock’s Early Photographs of Southwest Florida* and *Hidden Seminoles: Julian Dimock’s Historic Florida Photographs* – at the Captiva Civic Center, 11550 Chapin Lane, on Wednesday, February 17 at 6 p.m.

The six-week exhibit of photographs taken from a collection of glass plates given by Julian Dimock to the American Museum of Natural History opened at the Civic Center on January 7 with a presentation by historian and author Betty Anholt about the rise of this area from telegraph hub to sports fishing mecca.

It has been a popular exhibit, attracting lots of viewers.

The Dimock photos, taken between 1904 and 1913, are viewed as an extraordinary record of Seminole Indians and other early settlers amid Southwest Florida’s unique natural setting. They were taken at a time when photography was a new activ-



**AW Dimock And A Lady Friend**  
photo courtesy of American Museum of Natural History Library. Archive #48445



**Poling Skiffs**  
photo courtesy of American Museum of Natural HistoryLibrary. Archive #48386

ity and at a time when Fort Myers was largely a cattle depot and the region was largely undeveloped.

The black-and-white photos feature the beginning of the popularity of tarpon fishing, Seminole tribe members in traditional clothing, local wildlife and other scenes that capture the spirit of Florida in the early 1900’s.

Milanich, professor emeritus at the University of Florida and a contributing editor at *Archaeology* magazine, has written more than 20 books detailing the Indian societies of the Americas and their interactions with Europeans during the colonial period.

He recently began writing about 19th and 20th century Florida.

The two books Milanich will be discussing both received the Florida Book Awards Gold Medal. He also has been named Florida Scientist of the Year by the Florida Academy of Science, and has been honored with Lifetime Achievement Awards from the Florida Archaeological Council, the Florida Historical Society and the Southeastern Archaeological Conference.

Milanich was inducted into the American Academy of Arts and Sciences in 2010.


There will be a period-piece reception with refreshments at 5:30 p.m. on February 17 prior to Milanich’s presentation.

A \$10 fee will be charged for the Milanich speech, and reservations are required. To make a reservation, call the CCA Administrative at 472-2111.

The Dimock exhibit will be taken down the following day, to be replaced by a one-woman exhibit of the artwork of Judith Brust, which will open on February 19 at the Captiva Civic Center.\*

### 2016 Sanibel Scenes Calendars


feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.



In addition to the beautiful pictures, each month contains some tidbits of information or personal advice you should know. This is the third consecutive year for these popular calendars, and they are available at these island favorite stores:

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From page 26

### Capt. Matt

Despite Lake Okeechobee water releases, red tide, El Nino and even the Zika virus, the biggest challenge to anglers has been consistently getting out on the water to even fish this past few weeks due to the weather. Fish and anglers are both pretty resilient and despite how bad the water looks, the fish are still here.

And whenever the weather lets us, we are certainly going to get out and try to catch them.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).

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# A Young Girl Feels Invisible In This Morrison Work

by Di Saggau

A must-see production is being performed at Theatre Conspiracy. It's *The Bluest Eye*, adapted for the stage by Lydia Diamond and based on the novel by Toni Morrison. Pecola (Angela Pierre), a young black girl growing up in Ohio in the 1940s longs to see the world through a different set of eyes. She dreams of having blue eyes so she won't be invisible to the world around her. Maybe then people will notice her and stop doing "ugly things" in front of her. Pecola plays with a white baby doll and idolizes Shirley Temple. Meanwhile, her friend Claudia (Cantrella Canady) despises Shirley Temple with her blonde ringlets and the fact that she gets to dance with Bo Jangles. He should be dancing with her and the jealousy she shows in dealing with this issue is a highlight of the show. Along with her sister Frieda (Katherine Oni), these two are the warmhearted narrators of the show and add light moments to the story. The two



The cast of *The Bluest Eye*

play off each other perfectly. Pecola is the lonely and abused central character. She is a tough character to play and Pierre handles it gracefully. She is surrounded with a fantastic cast. This

includes Patricia Idlette, Jasmine Green, Gerald Shipman, Pottz Turlington, Carolyn Green and Angel Duncan. The opening narrative of the show comes from Claudia. "Quiet as it's kept,

there were no marigolds in the fall of 1941. We thought, at the time, that it was because Pecola was having her father's baby that the marigolds did not grow. We had dropped our seeds in our own little plot of black dirt, just as Pecola's father had dropped his seeds in his own plot of black dirt." Those painful words come directly from Morrison's novel. The audience experiences a book talking to us from the stage. Morrison's rich language, spoken with warmth and intelligence by a fine cast of actors, makes this a powerful production. Claudia and Frieda feel Pecola's plight with both pity and distaste. They have a loving home presided over by their sharp-tongued but compassionate mother played so well by Idlette. All the actors give sharp, emotionally persuasive performances. This is a directorial debut for Sonya McCarter and she can take a well-deserved bow. I was with a group of eight on opening night and we were blown away by what we saw on stage. *The Bluest Eye* runs through February 20. The Theatre Conspiracy is located in The Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers. For tickets, call 936-3239 or go online at [www.theatreconspiracy.org](http://www.theatreconspiracy.org).

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Judith Brust goes through a box containing objects such as seeds, plants and horseshoe crab shells that will be incorporated into her paintings



Judith Brust poses in front of a monoprint on canvas, titled *Personal Journey*



Judith Brust goes through samples or art that will be on display in her one-woman-show at the Captiva Civic Center



Judith Brust shows the first of many press runs at her Captiva studio of a painting she is working on that includes prints of bird of paradise plants



Judith Brust in front of one of her prints that will be on display at her upcoming one-woman show

## Abstract Exhibit At Civic Center

It will be out with the old and in with the new at the Captiva Civic Center, as the historic black-and-white photos of Florida by father-and-son photographers AW and Julian Dimock from early 1900s Florida come down to be replaced by the massive colorful modernistic abstract monoprint paintings of Judith Brust.

Brust's one-woman show will open at 5:30 p.m. on Friday, February 19 at the Captiva Civic Center, located at 11550 Chapin Lane. Her show, featuring just 14 paintings that will fill the exhibition hall, will be on display through March 11. The paintings will be available for viewing Wednesdays and Fridays from 11 a.m. until 1 p.m., or by calling 472-2111 for an appointment.

Brust's layered monoprints and works in other mediums have been exhibited in various solo and group shows worldwide, including Modernism and ART20 at the Park Avenue Armory in New York and internationally at the Hun Gallery in Seoul, South

Korea. Her pieces are in homes and in corporate collections throughout the country, including permanent collections at the State University of New York and at the Mandarin Hotel in Boston, alongside works by renowned artists such as David Hockney and Frank Stella.

A native of Cincinnati, Brust received her undergraduate degree from Pennsylvania State University. When she was in her 50s, she returned to school at the State University of New York in Albany. Returning to school transformed her work, leading her from a more traditionalist style to the very modernistic pieces she is now known for. It also led her from small watercolors to the huge layered monoprint canvasses that come off of her printing presses.

Although Brust has spent much of her time working at her studio on Nantucket, she said she began coming down to Captiva in the early 1990s with her sister. Brust and her husband, Robert, now a retired corporate financial executive, initially bought a winter vacation place at South Seas Island Resort, but recently moved into a house with a studio on the 'Tween Waters section of Captiva, which is now their permanent



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residence.

She brought a custom-made printing press, incorporating fire hoses and a huge compressed air tank, down to Captiva last fall.

The show, titled Judith Brust – Past & Present, includes her art from over the past 15 years.

Her massive monoprint canvasses, measuring up to eight feet tall, often incorporate locally found objects, such as leaves, seeds, or horseshoe crab shells, in the layered printing process.

"Down here on Captiva, there are so many interesting fronds and leaves and other things to use in my work," said Brust, whose studio overlooks Roosevelt Channel.

Brust said she studies and draws inspiration from the writings of Carl Jung, Joseph Campbell and Gaston Bachelard, as well as painters and sculptors such as Mark Rothko, Paul Klee, Louise Bourgeois and Eva Hesse. The subjects of her paintings typically involve things from nature and from the sea.

Most of her paintings include a prominent circle, depicting the cycle of life, and deal with journey, religion, ritual, generational passage and "the map of life."

She said she always admired the work of renowned artist, the late Robert Rauschenberg, who also had his studio on Captiva.

"I grew up influenced by his work, but met him only once at a party down here," the artist noted.

Brust noted she was lucky to get the 14 paintings in her show down from her studio in Nantucket. She said the paintings made the last ferry from Nantucket before a huge blizzard hit the Eastern Seaboard.

Commenting on the size of the paintings in this exhibit, she said, "We decided to go with large-scale work because we know how big the space is where it will be shown."

Brust's artwork will be on sale during the show, with prices varying from \$8,000 to \$26,000. A percentage of any sales will go to the Captiva Civic Association. ✨

## Shell Point Art Show And Sale

Art can often be delightfully unexpected, and this year's Artistic Expressions Art Show and Sale has a few surprises in store for guests. Shell Point Retirement Community invites Southwest Florida art enthusiasts to attend this free event, held from 10 a.m. to 3 p.m. on both Friday, February 19 and Saturday, February 20.

A location change to Shell Point's beautiful Island Park (1000 Cellana Court, Fort Myers) will provide a breath of fresh air, as guests browse a brilliant display of painting, pottery, sculpture, stained glass, photography, woodworking, lapidary, three-dimensional paper sculpture, and



**Local artist and Shell Point resident Augusta Crane displays pottery, similar to pieces that will be sold during the Shell Point Art Show and Sale**

photos courtesy of Garth Francis  
Shell Point Retirement Community

fiber art. Resident artists will be present to answer questions about his or her creative process and medium.

During lunchtime, food trucks will allow visitors to dine along the peaceful canal that borders the scenic grove of Cuban laurels. Adjoining the park, Shell Point's award-winning Orchid House offers a view of breathtaking blooms that have inspired many previous artistic masterpieces.

"This is a great opportunity to meet incredibly talented artists, learn about the types of craftsmanship that will be rep-



**Three-dimensional paper sculpture crafted by Shell Point resident artist Maxine Brooks**



**The art show and sale will be held at Island Park, with food trucks on site during lunchtime**

resented in the show, and purchase fine works of art," said Heather Battey, resort services and wellness manager, and show organizer.

Admittance is free; however, items are available for purchase by cash or check only. For questions or more information, call 454-2152. ✨



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More than two dozen Southwest Florida visitors and residents attended last week's BIG ARTS Women's Seminar, entitled *Coming Out and Beyond: Parent and Gay Perspectives*, featuring a panel discussion on gay, lesbian and bisexual issues photos by Jeff Lysiak

## Panel Discussion On Gay Issues Held At BIG ARTS

by Jeff Lysiak

A historic gathering took place at Phillips Gallery last week as the first open discussion of LGBTQ issues – entitled *Coming Out and Beyond: Parent and Gay Perspectives* – was hosted by the BIG ARTS Women's Discussion Group.

More than two dozen Southwest Florida visitors and residents attended the two-hour seminar, which was moderated by Dr. Charles Lindholm, profes-



Barbara Friedman talked about her experience as the parent of a gay child as Barry Fulmer listens

sor emeritus of anthropology at Boston University. Panel participants included Arlene Goldberg, co-founder of Visuality, Inc. and co-president of PFLAG (Parents, Friends and Family of Lesbians and Gays) of Fort Myers; Barbara Friedman, a former attorney from the State of New York and longtime LGBTQ (an acronym which stands for Lesbian, Gay, Bisexual, Transgender and Questioning) advocate; and Barry and Cheryl Fulmer, a Sanibel couple (formerly of New Jersey) active in promoting LGBTQ rights.

"For our family, we've been very fortunate that this has gone well," said Cheryl Fulmer, who explained that her journey began when her son "came out" as gay on January 9, 2002. "Back then, people were embarrassed about it, ashamed or afraid."

Her husband, however, took some time to adjust to the news.

"At that time, I thought (being gay) was a choice... I understand now that's not the case," explained Barry Fulmer. "In the end, I hugged my son and told him that I loved him. And he turned to me and said, 'Some day, dad, you will understand.'"

Cheryl shared the story of how, about three years after their son acknowledged he was gay, they finally felt comfortable telling the rest of their family. Shared around the Thanksgiving break, during which the Fulmers' traditionally hosted the holiday get-together, she stated that family members were "very accepting" of the news.

"We were very lucky. I don't know if they were being politically correct or they just wanted to enjoy a turkey dinner without having to prepare it," joked Cheryl. "We've never had an issue with any of our extended family."

The Fulmers also noted that another



The *Coming Out* panel group included, from left, Dr. Charles Lindholm, Cheryl Fulmer, Barbara Friedman, Barry Fulmer and Arlene Goldberg

landmark day in their journey as the parents of a gay child included November 27, 2013 – the day that their son married his partner. "We're very proud and very fortunate to have two wonderful sons and not just one," they added.

Friedman talked about her experiences as the parent of a gay child. She explained that she feared for her son, who initially came out as bisexual in the mid-1980s. "When he came out, I was very upset," she said. "AIDS was still very new, and I was worried about him being discriminated against or him being the victim of a hate crime."

Her son, following his medical school education and subsequent residency at Tufts University, grew up to become a psychoanalyst, met another man, and planned their own "stereo-typical Jewish wedding."

"The rabbi said that it had been a hetero(sexual) temple, and that it was his first homosexual wedding," noted Friedman. "But then he added that he hoped there would be many more."

Currently, Friedman's son and his partner have three children, conceived biologically through a surrogate.

"They are the happiest, most well-adjusted family you would ever want to meet," she added with a smile. "They sit down for dinner every night together, they discuss current events... they live a healthy life."

Goldberg shared her personal story about growing up in the 1960s as gay. She and her best friend, Carol Goldwasser, moved in together when they were 25. When Goldwasser developed Raynaud's disease, the couple decided to move to a warmer climate, relocating from Flushing, New York to Southwest Florida. "We lived as a couple as if we were married," said Goldberg, who explained that people in their professional lives considered them "like cousins."

Although one of Goldwasser's coworkers threatened to "out" them, the lesbians enjoyed 47 years together, including the final three as a married couple. On March 13, 2014, Goldwasser passed away.

The following day, Goldberg learned of an American Civil Liberties Union lawsuit, filed on behalf of same-sex couples from Florida who had been married outside the state. Goldwasser's union with Goldberg wasn't officially recognized in Florida. "Her death certificate read single/never married," she told the audience. "So I joined the lawsuit... and since then, it's been quite a ride."

In the subsequent months, a Supreme

Court Justice declared Goldberg and Goldwasser's marriage legal and valid in the state of Florida, ordering the death certificate to be amended and to read "married."

After a short break, panel members fielded questions from the audience.

"It's always good to see open-minded people willing to hear out stories and share them with others in their community," said Goldberg, who in addition to her work with PFLAG and Visuality launched a bereavement group for people within the LGBTQ community.

"I also want to thank (BIG ARTS Women's Discussion Group leader) Carol Scheiber for hosting the first open discussion on LGBT issues here on Sanibel," added Barry Fulmer, who also discussed ongoing discrimination issues – including employment, health insurance and housing – along with federal, state and local laws dealing with LGBTQ-related matters.

To learn more about getting involved with PFLAG of Fort Myers, send an email to [pflagftmyers@gmail.com](mailto:pflagftmyers@gmail.com) or visit [www.pflagftmyers.com](http://www.pflagftmyers.com).

For more information about Visuality, Inc., a center for community support, education and social activities for LGBTQ teenagers located at 8359 Beacon Boulevard, Suite 604 in Fort Myers, call 898-6124 or visit <http://visualityflorida.com/>.\*

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With a framed photo of her late spouse Carol Goldwasser in front of her, Arlene Goldberg talks about their 47 years together, including three years as a married couple

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## BIG ARTS FORUM Series Notes

The BIG ARTS FORUM Lecture Series kicked off its 2016 season on Sunday, January 20 with its first speaker. Heather A. Conley, senior vice president and director of the Europe Program at the Center for Strategic & International Studies, addressed the critical subject of U.S. relations with the European Union.

Conley noted that the U.S. has had significant investment and engagement in many of the great historical moments in 20th century European history. However, over the past 8 years, a series of ongoing economic, migration, security and political crises have shaken Europe's foundations to the core. Conley identified three major crises currently facing the EU as Greece, security and demographics.

Greece may do the unthinkable and leave the EU for economic reasons. The security of Europe is threatened by Putin's takeover of Crimea and incursions into eastern Ukraine. Demographics of declining population make some EU members more willing to accept refugee migration than others. In addition it is unclear whether the United Kingdom will vote to leave the EU.

On Wednesday, January 27, the FORUM's second speaker, Governor Thomas Kean, discussed American security since 9-11. Kean served as governor of New Jersey from 1982 to 1990 and 15 years as president of Drew University. In December 2002, President George W. Bush appointed him chairman of the National Commission on Terrorist Attacks upon the United States, generally known as the 9-11 Commission.

Gov. Kean noted that Congress has enacted the commission's recommendations but there is a critical need to reform oversight of intelligence, which currently involves 92 separate Congressional committees. He also emphasized the importance of denying terrorists the sort of base for operations that Afghanistan had provided for Osama bin Laden. He stressed the need to provide intelligence agencies with back door access to encrypted internet communications, and to deter terrorist organizations from recruiting young Americans by telling our story, emphasizing moral leadership and promoting the rule of law.

Dr. Steven A Cook, senior fellow for Middle East and Africa Studies at the

Council on Foreign Relations, lectured at the FORUM on Saturday, January 30. It was entitled Turkey, the U.S. and the Middle East: The End of a Strategic Partnership.

Turkey occupies a strategic location at the juncture of Europe and the Middle East and, in 2004, appeared to be moving away from a history of military coups towards democracy as well as accommodation with the country's large Kurdish minority. In that year the European Commission recommended that Turkey begin negotiations to join the EU. After more than a decade, those negotiations still have not come to closure and, today, Turkey looks less like a European democracy and more like a Middle Eastern autocracy. These developments in a country that so many believed could be a model of democracy and prosperity for the Arab world, present substantial challenges for the United States, its approach to the Middle East and its efforts to confront extremist violence in Syria, Iraq and elsewhere.

February's lineup at BIG ARTS FORUM will include five speakers. Dr. Lawrence Korb will discuss the U.S. military (Feb. 17), Philip Peters will speak on the U.S.-Cuba relations (Feb. 21), Susan Eisenhower will discuss U.S. relations with Russia (Feb. 28), Aaron David Miller will speak on key Middle East issues (March 6) and Charlie Cook will discuss U.S. politics and the upcoming 2016 election.

BIG ARTS FORUM was established in 2003 to attract internationally recognized

scholars, experts and leaders, who provide objective information, scholarly analysis and insights on public policy issues of international and national interest. The FORUM is supported by volunteers, ticket sales and the generous sponsorship of the Northern Trust Company and Sue and Tom Pick.

Tickets are sold as a series; and, while this year's series is sold out, seats are often available the day of the lecture on a first-come, first-served basis. For information, call 395-0900.\*

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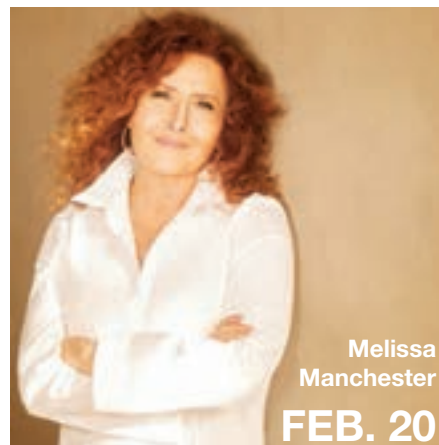
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## BIG ARTS Monday Night Film Series

## Mustang



by Di Saggau

The BIG ARTS Monday Night Movie for February 8, is *Mustang*, a beautifully mounted story

about five beautiful and beguiling young sisters who become imprisoned in their own home, forbidden by their controlling, conservative elders from having any contact with the outside world, especially boys. It is set in a remote Black Sea village where the sisters are forced to suppress their burgeoning sensuality.

School is just out and the five orphaned sisters join their male classmates for an innocent beachside frolic. A nosy neighbor reports them to their grandma. The girls return home to a tirade and individual beatings behind closed doors from their grandmother, who has raised them since their parents died a decade earlier. After subjecting them to virginity tests, their uncle locks them in the house and anything that could likely be considered "perverting" is removed. This includes clinging clothing, cell phones computers and makeup.

Local families with marriageable sons are invited over. The house becomes a wife factory. The sisters share a liberating innocence that's demonized by a warped understanding of natural development and the misguided belief that it's possible to cut young women off from an ever-increasing pop-culture connectivity.

The script is patently designed to show how conservative morality, literally and figuratively imprisons women, equating natural development with sinful urges. As depressing as all this sounds,



the way the girls react to the tightening of the vise around them provides a consistent source of surprise and even hope. Each responds differently, from acquiescence to defiance but their loyalty to each other and the strength of their sisterly bond remain true.

Their collective story adds up to a deeply moving whole, and its conclusion brings the narrative full-circle with an image that's simple but powerful in its sense of possibility. The film runs 97 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons, June Rosner and Russ Bilgore; film Sponsors, Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson and Hyde Tucker; film Supporters, Sanibel Taxi and Jerry's Foods of Sanibel.

BIG ARTS is at 900 Dunlop Road. Call 395-0900.✱

## BIG ARTS Workshops And Seminars

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**DRAWING****Zentangle, Introduction**

One day session, Tuesday, 9 to 11:30 a.m., February 16

**FINE CRAFTS****Peyote Bracelet**

2 Days, Thursday and Friday, 9 a.m. to 4 p.m., February 18 and 19

**Stained Glass**

2 Days, Thursday and Friday, 9 a.m. to 2 p.m., February 25 and 26

**LANGUAGE****Spanish I and II**

Saturdays, 9 to 10:30 a.m., February 27 through April 2

**Spanish III**

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**MUSIC****Concert Band Rehearsals**

Mondays, 6:30 to 8:30 p.m., through March 1

**Voice Lessons, Private**

Saturdays, 1:30 p.m. to TBD, through April 16 (no lessons February 13)

**PAINTING****Magic of Still Life**

Mondays, 1 to 3:30 p.m., February 29 through March 21

**Portrait Painting**

Mondays, 9:30 a.m. to 12 p.m., February 29 through March 21

**Creating with Alcohol Inks**

2 Days, Saturday and Sunday, 10 a.m. to 4 p.m., February 20 and 21

**Open Studio - Clothed Model**

1 Day sessions, Tuesdays, 9 a.m. to 2:30 p.m., through March 29

**POTTERY****Clay, Sculpting, Ceramics & Pottery on the Wheel**

Wednesdays, 3:30 to 6 p.m., February 17 through March 23

**Pottery on the Wheel**

Tuesdays, 6:30 to 9 p.m., February 23 through March 29

**Pottery (Non-Instructed Open Studio)**

Mondays, 9 a.m. to 4 p.m., February 29 through March 21

**Wheel Throwing/Hand Building**

Tuesdays, 1 to 4 p.m., February 16 through March 22

**TECHNOLOGY****Personal Technology: Social Networking**

Thursday, 2 to 5 p.m., February 18

**Personal Technology: Privacy & Security**

Thursday, 2 to 5 p.m., February 25

**iPhone Lesson 4: Media**

Wednesday, 9 a.m. to 12 p.m., February 17

**iPhone Lesson 5: Advanced**

Wednesday, 9 a.m. to 12 p.m., February 24

**iPad Lesson 4: Media**

Thursday, 9 a.m. to 12 p.m., February 18

continued on page 38



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## Academy Award Contender's Series

*The Martian*

by Stan Gembicki

On Wednesday, February 17 at 12:30 p.m., the Island Cinema will show *The Martian*, a science fiction film directed by Ridley Scott and starring Matt Damon.

The sixth movie in this year's BIG ARTS Academy Awards Contenders Film Series is based on Andy Weir's 2011 novel *The Martian*, which was adapted into a screenplay by Drew Goddard. Damon stars as an astronaut who is mistakenly presumed dead and left behind on Mars. With only meager supplies, he must draw upon his ingenuity, wit and spirit to subsist and find a way to signal Earth that he is alive. The film depicts his struggle to survive and others' efforts to rescue him.

*The Martian* has been nominated for six Academy Awards including Best Picture, Best Actor and Best Adapted



Screenplay. The film is 2 hours and 21 minutes long.

After the movie, a discussion will take place. Tickets are available at the Island Cinema. Other movies in the series will be announced prior to the weekly showing.✱

## Young Piano Sensation In Concert

The Bower School of Music & the Arts at Florida Gulf Coast University (FGCU) presents Maxim Lando, a 13-year-old pianist, as the ninth concert of the Faculty & Guest Artist Series.

The performance will in the U.Tobe Recital Hall in the Music Building on Thursday, February 18 at 7:30 p.m.

Lando, is recognized as one of the most outstanding pianists of his generation. Winner of the Juilliard Concerto Competition (where he attends school), Lando is also the Artemisia Akademie Fellow at Yale University and a Lang Lang International Foundation Young Scholar. In the past two years, Lando's solo and chamber concerts have taken him to Spain, Italy, France, Germany, England, Kazakhstan, Armenia, Russia, China, Canada and throughout the United States, including 16 performances at Carnegie Hall. Together with pianist Lang Lang, he has performed on WQXR Radio and on the historic United Nations Day Concert at the U.N. Headquarters in New York.

Tickets are \$10 for the general public and \$7 for students and are available for purchase online at <http://www.fgcu.edu/CAS/Music>, or at the door.

For more information, contact Joanna Hoch at 745-4268 or [jhoch@fgcu.edu](mailto:jhoch@fgcu.edu)✱



Maxim Lando

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# Under The Sea Gala Held At Shell Museum



Sipping Champagne at the Under The Sea gala fundraiser for the Bailey Matthews National Shell Museum on January 30 were, from left, Mandy and Steve Greenstein, Janet Strickland, Walt Hendry and Kimberly Nealon  
photos by Jeff Lysiak



Lynn and Ed Ridlehoover were greeted at the entrance to the museum by a mermaid



Shell museum volunteers, from left, Pamela Boynton, Linda Edinburg and Karen Turner



The Sanibel School Steel Drum Band entertained gala guests

## Play Audition Set For Sunday

The second audition for the Sanibel Community Players' staged reading of the one-act play written by Marcia Rudin, *The Carina Limone Museum*, will be held Sunday, February 14 at 1 p.m. in Phillips Gallery at BIG ARTS. The performance will be at 7:30 p.m. on Sunday, March 20. Cast members will be required to attend several rehearsals. The play will be co-directed by Marcia Rudin and Edina Lessack.  
Characters to be cast are:

- Carina Limone - great film star of the past, 82 years old
  - Sydelle O'Malley - administrator and official greeter of the Carina Limone Museum, early 60s
  - Ashley Hines - Sydelle's assistant, 50s
  - Susan Richmond - resident of The Happy Haven Inn, 80
  - The Professor - new resident of The Happy Haven Inn, 70s
  - The Young Man - 30s - a nosy reporter working for a scandal magazine
  - Reader of Stage Directions
- For more information, email Edina at [edinalessack@gmail.com](mailto:edinalessack@gmail.com) or Marcia at [marciarudin@aol.com](mailto:marciarudin@aol.com).✧



From left, Lee Almas, Sally and Al Hanser, and Steve Greenstein

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Dorrie Hipschman, executive director of the museum, made a heartfelt appeal for donors

From page 36  
**BIG ARTS Workshops**  
**iPad Lesson 5: Advanced**  
Thursday, 9 a.m. to 12 p.m., February 25  
**Entertaining Apps**  
Wednesday, 2 to 5:00 p.m., February 17  
**Advanced Apps**  
Wednesday, 2 to 5 p.m., February 24.  
Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops), or email [info@bigarts.org](mailto:info@bigarts.org).✧



Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

Sanibel

by Evan Solberg

The trees sway back and forth  
As I see the ospreys migrate from the north  
On the beach, I hear the dolphins yell  
I stumble across the perfect shell.

As the alligator opens his wide jaw  
I see a sign displaying "No Hunting"  
It's the law.

In the ocean, the coral glistens  
As the birds chirp, my whole family listens.

Sanibel

by Athena Solberg

Sanibel, I will always come to you for your shells  
Oh Sanibel, I love your dolphins and their yells  
Your Sanibel calm waves will always cool me off  
Along with everybody else that comes to the Sanibel beautiful beach.

*Evan Solberg, 10, and his sister Athena, 7, moved to Sanibel last year from Chicago and they LOVE it here.✧*

Preschool Welcomes Visitor

The students at Sanibel Christian Preschool now have a special visitor each week. Recently, Abby, a certified therapy dog, brought her owner Jo Hardy with her to read to the kids. Hardy heard that the students were studying about their senses, so they chose *Three Little Kittens*, *Quick As A Cricket* and *What Shall We Do When We Go Out?* to read. Abby had so much fun with the kids that she plans on coming back each week to spend more time with the students.

Hardy is a member of the Sanibel Congregational United Church of Christ. She is just one of the volunteers from the congregation who offers her time to enhance the experience of the students.✧



Sanibel Congregational United Church of Christ member Jo Hardy introduces therapy dog Abby to some of the students at Sanibel Christian Preschool



Abby

Chorus To Sing At Twins Game

Support the BIG ARTS Community Chorus in singing the National Anthem at the Minnesota Twins spring training game on March 11 at Century Link Sports Complex. The Twins will take on the Miami Marlins. The chorus will also sing on March 29, 30, or 31 at their spring concert in Schein Hall, BIG ARTS campus, Sanibel.✧

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## Highlights Of CHR's Beads Meets Beach Mardi Gras Party



Lena Brown, Arlene Dillon and Dick Muench called out the names of the raffle winners during Saturday evening's CHR Beads Meets Beach Mardi Gras Party, held at The Dunes Golf & Tennis Club

photos by Jeff Lysick



Mardi Gras fundraiser organizers, from left, Antoinette Radicchi, Renee Durand, Diane Silhavy and Dan Whicker



The Fort Myers High School Marching Band performed several songs, including *Saturday Night's Alright For Fighting* and *When The Saints Go Marching In*



Mardi Gras attendees purchased beads to support their favorite teams as they strolled down Bourbon Street

more photos on page 4B

## Registration Open For 'Ding' Darling & Doc Ford's Tarpon Tournament

A 100 percent purse promises to make the 5th annual "Ding" Darling & Doc Ford's Tarpon Tournament on May 7, one of the hottest competitions on the water. It pays out the entire entry fees as tournament awards. Registration deadline is April 29.

The competition is limited to 50 teams. The team fee of \$500 for up to four anglers also includes a captains dinner the night prior and an awards ceremony dinner the evening of the tournament. All events take place at Doc Ford's Rum Bar & Grille on Fort Myers Beach.

Doc Ford's has again committed to being the title sponsor for the 2016 tournament, along with the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Diversified Yacht Services, Inc., of Fort Myers Beach will, for the fifth consecutive year, provide support at the presenting sponsor level. Proceeds benefit wildlife and conservation education at JN "Ding" Darling National Wildlife Refuge on Sanibel Island.

"There's not another tarpon tournament like this in the area," said Marty Harrity, Doc Ford's co-owner. "In past years we've had fishermen from all over the country. Last year, we paid out \$25,375 in awards to five out of 48 participating teams. We already have 24 teams signed up for this year – way ahead of past years."

"Doc Ford's has been a faithful supporter of our efforts at 'Ding' Darling, helping



Last year's winners, Team Sportfisha.com, pulled in four tarpon and more than \$11,000 in winnings

greatly to bolster refuge programs and research to balance federal budget shortfalls," said Birgie Miller, DDWS executive director. "Last year, we raised \$50,000 for the refuge as a result of sponsorships, donations and auction proceeds. We're so grateful to Doc Ford's for this huge effort on our behalf."

For more information on the tournament, visit [dingdarlingsociety.org/tarpon-tourney](http://dingdarlingsociety.org/tarpon-tourney). Anyone interested in becoming a tournament sponsor may contact Miller at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).



# Captiva ABC Auction T-Shirts Now On Sale

Captiva Civic Association's ABC Sale T-shirts are available at several locations on Captiva Island. These shirts, typically designed by a local artist or photographer, have become collectors' items for some islanders who buy the latest design every year. One CCA member even had a collection of past shirt designs made into a quilt.

This year's shirt, featuring a colorful snowy egret against a wetland backdrop, is based on an acrylic painting by Sanibel artist Sissy Janku.

According to Janku, the painting was originally part of a teaching exercise for her painting classes at The Community House on Sanibel, where she is an instructor.

She said the painting utilizes a variety of techniques, such as a drip technique used to create the trunks of the palm trees, and scratch techniques plus the bleeding of paints to create the wetland grasses and foliage.

Janku also instructs painting classes at South Seas Island Resort. Information about her painting classes



Artist Sissy Janku with her painting of the snowy egret that was used for this year's ABC T-Shirt

can be obtained at [www.sissijanku.com](http://www.sissijanku.com).

A native of Germany, Janku has lived in many places in the world. While in Honolulu, she became a student of John Young, an internationally acclaimed artist who, she said, passed on his energy and strength to her

during their frequent outdoor painting sessions. Her paintings have been commissioned by prominent hotels in Hawaii, Tokyo and Nevada, and by collectors around the world.

Janku now lives and paints on Sanibel, and her paintings are on display in Island Style Gallery, 2075 Periwinkle Way.

This year's T-shirts are available in yellow and white. They also are available in both a traditional cut or a narrower, more tailored woman's cut and in various sizes.

Shirts are available during the week at the Captiva Civic Association office, 11550 Chapin Lane. They also are often sold in the mornings at the Captiva Post Office, or at various times just west of the intersection of Captiva Drive and Andy Rosse Lane near the entrance to the Royal Shell Realty parking lot. They sell for \$20.

Also available are Captiva postcards, which are \$10 for a packet of 10.

Sale of the postcards and T-shirts association's annual fundraiser, the ABC auction and dinner. This year's dinner and auction will be on March 3.

The ABCSale dates back to 1974 when islanders would hunt for unused items that could be found in their attics, basements and closets to put up for auction to raise money for the organization.

The CCA was founded in 1936 and incorporated in 1959. Its primary mission is to enhance the quality of life, ambiance and environmental integrity of Captiva.

It administers a scholarship fund aiding students who are residents and children of Captiva public service employees with post secondary educational expenses. The organization houses the Captiva Memorial Library and Captiva Island Historical Society.

The CCA also maintains a historic home for a resident deputy sheriff and his family, and funds leased housing for a second resident deputy sheriff, enabling Captiva residents to have year-around, island-based police protection and response.\*



Sissy Janku painting of a snowy egret used for this year's ABC T-shirt



The T-shirt comes in yellow and white, men's and women's styles and in various sizes



Mady Rohn, right, member of the CCA board, sells T-shirts on Andy Rosse Lane tourists from Fire Island, New York

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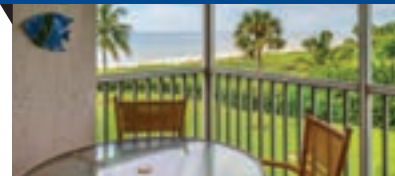
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From page 1B

# Highlights Of CHR's Mardi Gras Party



From left, Marty Harrity, Marianne Kanzius, Andy Boyle and Heidi Wegryn Gross



Kay and John Morse with Jerry Edelman and Maryanne Daly



The Swim For The Beads gold team from Sanibel Captiva Community Bank with Dan Wexler of the San-Cap Trust Company's green team



The Swim for the Beads competition gets under way



John and Patty Grey were in a festive mood



Mary Morse and Jackie Conway



CHR co-host Richard Johnson awards a prize to Liddy Johnson

## Free Movie Night At Church

Based on an inspiring true story, *Faith Like Potatoes* is the movie selection for this month's free movie night at Sanibel Community Church on Sunday, February 21 at 5 p.m. A farmer moves his family to South Africa and suffers a series of seemingly insurmountable losses. Through unlikely friendships and much needed divine intervention, he discov-

ers his life's purpose, and it sustains his unwavering belief in the power of faith in Jesus Christ. This film is based on the inspiring true story of Angus Buchan.

Free baked potato bar and drinks will be hot and ready at 4:30 p.m. A love offering for Angus Buchan's Shalom Ministries will be received. All are welcome!

Worship services are at 8, 9 and 11 a.m. Sanibel Community Church is a non-denominational church located at 1740 Periwinkle Way (next to Jerry's Foods). For more information, visit website [www.sanibelchurch.com](http://www.sanibelchurch.com) or call 472-2684. ✨

## Fire Station Plans Open House

On Saturday, March 5, the Captiva Island Fire Control District's new headquarters – located at 14981 Captiva Drive – will stage an open house to welcome the community to their new fire station. The open house will be held from noon to 3 p.m. Admission is free and all are welcome to attend.

Captiva's new 6,110-square-foot facility includes three bays for fire trucks and emergency vehicles (the previous station had two bays), an administration building with living quarters, offices, reception area, treatment rooms, a training room and break rooms.

During the open house, tours of the facility will be given in addition to displays of firefighting tools and equipment, family activities and a cookout, with complimentary food and refreshments. ✨

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Beading class instructor Anita Gober, left, demonstrates a technique for Margaret Currie during last week's class on making a necklace

photos by Jeff Lysiak

## Beading Class Inspires Creative Crafters

by Jeff Lysiak

The first beading class of the new season took place last week at The Community House, with six students – under the tutelage of instructor Anita Gober – learning the process of creating their own beaded jewelry in a single three-hour session.

"I think that a lot of crafters and people who like jewelry, people who like shells and beads would enjoy this class," said Gober, who is starting her third season of teaching classes on Sanibel. "I've heard from some of my students that people have stopped them on the street and asked where they bought their necklace or bracelet. Then, they proudly tell them, 'I made this myself!'"

During last week's class, six students gathered in the center room of The Community House, working side-by-side with Gober on their first project of the season: a square stitch necklace adorned with a scallop shell. Gober provides all of the materials used in her classes, including beads, threads, wires, shells and other wares, in addition to her expertise.



Closeup image of threading beads

"You can tell pretty quickly in this class whether you're a beader or not," said Gober. "You have to have patience, but beading should be a relaxing and calming experience."

She also noted that once her students get going with a project, it becomes a very social activity.

"They'll be talking about everything from the weather to things happening around town and with their families," Gober added.

Each week, the beading class features a different project, with various colors and patterns. And because each week is different, Gober said that she gets a lot of repeat customers attending her classes.

"Another reason this class is so popular is that about 90 percent of my students will finish a project by the end of the class," she said with a smile. "And they are very proud to walk out of here wearing what they made."

Anita Gober's beading classes are held at The Community House, 2173 Periwinkle Way on Sanibel, on Wednesdays (see schedule below) from 9 a.m. to noon. Cost is \$35 for SCA members and \$40 for non-members/guests. Her upcoming class projects include:

- March 23 – Spiral rope bracelet with scallop charm
- April 6 – Peyote sea biscuit pendant
- April 20 – Spiral rope bracelet with scallop charm
- May 4 – Jingle bracelet

Advanced classes will be scheduled ad hoc; cost is \$50 for three hours for SCA members (minimum of three, maximum of 10 students). All supplies and tools will

continued on page 10B



Anita Gober, center, keeps a close eye on students Pam Salvo and Ruth Cobb as the class worked on making necklaces



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# WOW 2016

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Tuesday, February 16, 2016

### LOOK GOOD AND FEEL GREAT...WITH COLOR!

Christine Sherlock, *Image Consultant, Image Matters*

A fun and energetic morning about the importance of color and how the right colors will have a positive impact on your image, and your life!

Wednesday, March 9, 2016

### COUNTDOWN TO AN ESTATE PLAN

Dr. Frederick W. Schaerf, *Neuropsychiatric Research Center of SWFL*

David F. Port, J.D., *The Naples Trust Company*

Memory loss can jeopardize the strength of an estate plan.

Learn the warning signs and why it is vital to make trust and estate planning decisions promptly if memory health is in question.

Tuesday, April 5, 2016

### DON'T GET CAUGHT IN THE DARK

F. Hood Craddock, CPA, *Director of Family Office Services, The Tampa Bay Trust Company*

Losing a spouse is overwhelming. Find out how to put an action plan together before and even after a spouse's passing that will bring structure for you or your future beneficiaries.

9:30 – 11:30 AM

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# Young Professionals Give To CHR



Alison Dry of Cip's Place, Kasey Albright, Dan Whicker of CHR, Laura Richardson and Brendan Albright



Dan Whicker, Chris Johnson, Tiffany Onischuk, Laura Richardson, Jessica DeGraw and Ryan Schuetz

On January 12, more than 35 members of with the Young Professionals Association of Sanibel & Captiva (YPASC) gathered at Cip's Place for their monthly After 5:30 Networking session. Cip's Place provided appetizers and guests took advantage of happy hour until 6 p.m. The young professionals were asked to donate \$5 to benefit the feature non-profit organization of the month, Community Housing & Resources (CHR). Dan Whicker, public relations and marketing manager at CHR, accepted the donations on behalf of the organization. The evening was spent in conversation and networking and hearing from Laura



Jake Bourgraf, Jake Mancuso, Jessica DeGraw and Mariah Bakke



AJ Martingnette, Adam Sauerland, Kasey Albright, Courtney Stasi, Brittney Stasi, Heidi Weidner, Bill Robinson, Brian Lea, Brendan Albright and Brian Weidner

Richardson of BIG ARTS and Kasey Albright of John Naumann & Associates, both leaders in the organization. Door prize drawings were held and the member of the month was selected as Paul Gulbrandsen, development associate with the Bailey-Matthews National Shell Museum, who highlighted the museum's Under The Sea gala. The group's next event will be will be at American Legion Post 123 on Tuesday, March 16. Admission is free, though attendees are encouraged to make a \$5 donation to the legion. There will be a cash-only bar and appetizers will be provided. Anyone interested in joining or hosting an event may contact Laura Richardson at lrichardson@bigarts.org.✽✽

# MOAA Check Helps FISH Assist Veterans On The Islands

The Lee Coast Chapter of the Military Officers Association of America (MOAA) presented a check to FISH of Sanibel-Captiva board chair John Pryor. It was raised from their annual Bob Janes Memorial Golf Outing, named in memory of the former Sanibel mayor, Lee County commissioner and the chapter's first president. MOAA earmarked the funds to FISH to assist veterans in need. MOAA was established as a local chapter in 1982 with membership open to all active, retired and former military officers, including Coast Guard, Public Health Service and NOAA. Nationwide there are over 380,000 members in over 400 local chapters. MOAA, as a national organization serving the nation and the community, is dedicated to maintaining a strong national defense and preserving the earned entitlements of serving members of the uniformed services, veterans and their families.✽✽



From left, Fred Bondurant, MOAA president; John Pryor, FISH board chair; and Rodger Triffshauser, MOAA past president



Table #3 kept winning each round. Dawson Liebetrau encouraged his crab to scuttle across the finish line during Surf's Up Night.

# Crab Racing For LOGOS Kids

The surf was up at Sanibel Community Church on Wednesday, February 3, and the LOGOS kids were racing their crabs for the family time activity. Everyone came in beach style clothes. The menu was chicken kabobs, potato wedges, vegetable medley, fresh fruit salad and root beer floats for dessert. Then each table named its crab and prepared to enter the elimination races. This midweek intergenerational program is for families with children ages 3



Olivia Celestin points her crab toward the finish line

years through 5th grade. For registration information, contact Kathy Cramer 472-2684. The church is located at 1740 Periwinkle Way (next to Jerry's Market).✽✽



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918 Lindgren Blvd—Shell Harbor near community beach access & on sea-walled canal, minutes to bay & gulf—like-new 3 bedroom w/large screened pool—\$1.495M



2nd floor Sandpebble 2 bedroom on Sanibel River & with beach across street—roomy floor plan with open remodeled kitchen—pool, tennis, bbq & dining deck—\$449K



1311 Sand Castle Rd—The Dunes golf/tennis community—lake-view split-plan 3 bedroom with den/office, high ceilings, wood floors, gourmet kitchen, pool & spa—\$849K



Tropical gardens at Sanibel Moorings on way to beach & community amenities—#822—2nd floor 2 bedroom enrolled in easy on-site rental program with years of history—\$499K



Mariner Pointe #842—2nd floor 2 bedroom—entry deck views this pool—great room & glassed balcony overlook bay—near boat dockage, tennis courts, & fishing pier—\$499K



Great space for the \$—Coquina Beach #3G—2nd floor 2 bedroom with upper loft or 3rd sleeping area—remodeled kitchen—screened balcony—income too—\$524K



2nd floor Compass Point #221 lives like a home—open expanded kitchen—charming cottage-style décor—custom built-ins, wood floors—earns good income too—\$624.9K



Lighthouse Point #129—walk out to bay beach—expanded 3 bedroom with den or 2nd living room—1700+sq.ft.—updated kitchen & baths—residential condo community—\$699K



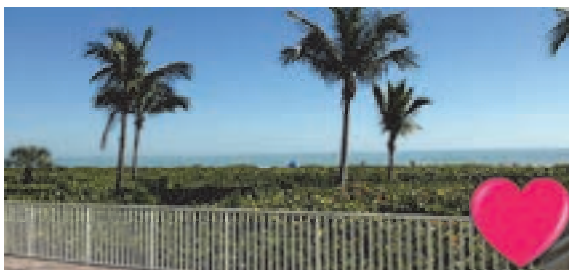
West Gulf Dr—Sand Pointe #122—2nd floor 2 bedroom with remodeled open kitchen & updated baths, tiled lanai, & years of excellent income—weekly rentals allowed—\$749K



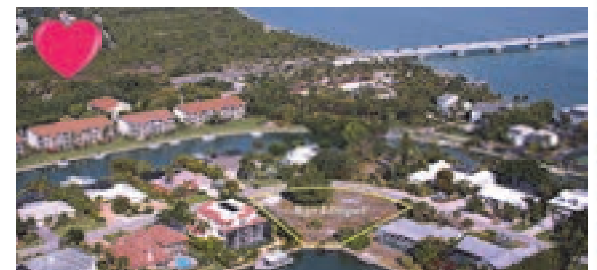
Spacious top-floor corner 2 bedroom with den at Sundial Beach Resort—courtyard to gulf view—remodeled including tile floor—washer/dryer—ready for vacations or rentals—\$799K



Convenient east-end Sanibel Surfside direct beach-front 2-bedroom income-producer with long-term tenants—beachy décor including open white remodeled kitchen—\$874K



Gulf-front 2-bedroom walkout at Sanibel Arms West, earning over \$70K/yr with potential for more through easy on-site rental program with low fees, low condo fee too—\$899K



One of the last undeveloped lots in Shell Harbor—over 1/2-acre on Limpet Dr cul-de-sac near Sanibel Marina—plenty of room for large home with pool—\$749K





Island Fog by Maizie Argondizza  
Sanibel-Captiva Art League

Judged Show  
At The Sanibel  
Public Library



Florida Beauty by Pat Baker



Taking Flight by Marcy Calkins



Wooden Bucket by Michael Moukios



Bill 8-15 by Carol Rosenberg



Red and Yellow by Mary Klunk

The Sanibel Captiva Art League is currently presenting a new Judged Member Show at the Sanibel Public Library, located at 770 Dunlop Road. Organized by Rita McLain and Ann Bischoff, the exhibit will be on display until March 7.

San-Cap Art League members were invited to submit two paintings, with one painting guaranteed to be on display. Judging was done by local artist David Ruhe, who selected three winners, and four merit awards. The judging was followed by a Gallery Talk.

First place was awarded to Rita Skoczen for her sensitive colored pencil rendering of *The Red Umbrella*. Second place was awarded to Maizie Argondizza for her watercolor, *Island Fog*, and Mary Klunk was awarded third place for her oil on linen painting titled, *Red and Yellow*. Merit awards were given to Pat Baker for *Florida Beauty*, to David King for *Tri-Colored Heron*, to Patricia Levinson for *Float* and to Carol Rosenberg for *Bill 8-15*. The paintings were hung by committee members, Judith Clark, Jim Storer and Anita Force Marshall, under the direction of Rita McLain.

For more information about Sanibel

Captiva Art League meetings, painting opportunities, exhibition opportunities, newsletters and membership, visit [www.sancapart.com](http://www.sancapart.com). ☆

Not A New  
Phenomenon

submitted by Mary La Velle

According to Dr. Laura Weir of Florida SouthWestern State College (formerly Edison College) in Fort Myers, the history of right to vote is one of expansion – and reaction. It is a central responsibility of citizens – one exercised by disappointingly small numbers of our electorate, one exercised in many cases without thoughtfulness or solid information... and one that has been fought for, guarded, restricted and in some cases lost.

Dr. Weir spoke at a recent League of Women Voters of Sanibel luncheon.

Dr. Weir, who holds her PhD in political science from Case Western Reserve in Ohio, heads FSW's Center for International Education, and studies voting not only abroad (including the Middle

East) but also here at home. Our politics may be “tribal” in some ways, but in the Middle East they are that, at a basic level. In Jordan, for example, one must vote *out loud* in front of tribal leaders and guards with AK47s. So much for a secret ballot! In other cases, 85 to 90 percent of people vote because their sheik has decided whom his tribe will support. They must vote thus, often because it will preserve the tribal leader's economic interests. For us, lobbyists help do that job.

In our own country, the Constitution is silent on the franchise. There was no intention by the founders for a popular vote. In fact, only white male landowners, some six percent of the entire population, were eligible to vote for George Washington. Slowly and not so surely the franchise was expanded, notably by the 14th Amendment in 1868 (granting citizenship to “all persons born or naturalized in the United States,” which included former slaves who had just been freed

continued on page 9B



Dr. Laura Weir



From page 8B

## Phenomenon

after the Civil War). In 1870, black folks were legally able to vote, but since voting practices were reserved to each state, citizenship was no guarantee. Forbidden to refuse the vote based on race, creative states used the poll tax, high literacy tests and terror to deny black citizens voting rights.

In 1920, after more than half a century of effort, women won the right to vote. Finally in 1947, after they served with distinction in World War II, Native Americans were awarded the vote. In 1965, after almost a century of disenfranchisement, the Voting Rights Act began to give African Americans a real right to vote. But not without pushback, especially after 2013, when the Supreme Court rescinded Section 4 of the act, which required states with a history of disenfranchisement to clear changes in voting rules with the Federal Government. Since 2012, 44 states have passed significant restrictions on the right to vote.

While gerrymandering – politicians choosing their voters rather than voters choosing leaders – has a long and storied history from both parties, current efforts are ever more sophisticated with computer modeling. And even though Florida voters recently passed the Fair Districts Amendment (sponsored by the League of Women Voters and others), a lawsuit had to be filed this past year when the partisan Florida Legislature tried to gerrymander anyway.

Among strategies to suppress voting, especially among the young, the old, the poor, minorities and working people are the following:

- Voter ID cards are required, but costs are levied, and places where they can be obtained are restricted. For example, drivers' license bureaus are shut in unfavored districts;
- Hours and days of voting and early voting periods are restricted, Sunday voting especially;
- In Baltimore, off-duty police and other imposing characters were stationed outside voting precincts to explain that there are many rules to voting which, if violated, could result in jail time;
- Lists of registered voters are purged by matching foreclosure lists (in Michigan, that was about a half million people in 2008);
- In Florida, anyone convicted of a crime is permanently removed from voting lists, including those who have served their terms and re-entered society;
- County-wide elections dilute the influence of disfavored groups;
- Mailings sent to people which, if they ignore or misplace the mailing and do not send it back, their name is removed from the voter list;
- And restricting money for machines or workers in unfavored districts.

A changing electorate, less old, less white, has inspired many of these strategies. Fear of change can be a strong motivator. So can a threat to economic advantage.✱✱

## Cooking With The Islands' Stars Reception

Lily & Co. Jewelers is hosting a cocktail reception on Friday, February 19 from 5:30 to 7:30 p.m. to benefit Myra Roberts, one of the home chefs in Cooking with the Islands' Stars. Roberts is taking part in this special fundraiser for The Community House's remodeling of the kitchen, part of a \$3 million restoration campaign.

"We are delighted to be a part of this campaign supporting the Community House," said Lily & Co. Owners Karen Bell and Dan Schuyler. "It's an important place in our community."

Roberts is a Sanibel artist whose 1950s-styled paintings are on display at Lily & Co.

Richard Johnson will auction a Myra Roberts piece at 6:30 p.m. during the Lily & Co. cocktail reception. Proceeds from the auction and sales from Roberts' book *The Retro Art of Myra Roberts* will go towards Cooking with the Islands' Stars event. A portion of the evening's jewelry sales will be donated to the cause as well.

Sanibel Catering Company by Bailey's will provide beverages – beer, wine, water, soda and hors d'oeuvres.

Cooking with the Islands' Stars, a faux reality cooking show, is February 24 at The Community House.

Lily & Co. is located at 520 Tarpon

Bay Rd. Bell and Schuyler and the Lily team invites the community to help them support Roberts and Cooking with the Islands' Stars cause.✱✱

## New Japanese Restaurant Open

Shima Japanese Steakhouse and Sushi Bar is now open at Sundial Beach Resort & Spa on Sanibel Island offering culinary entertainment and artistry with a teppanyaki and sushi menu. Meals are artfully prepared before diners' eyes at the hibachi grill.

Shima also features fresh sushi prepared by a third generation sushi chef, orchestrated to delight the senses.

"As the only Japanese Steakhouse in the area, we're delighted to present a new culinary experience to residents, visitors and resort guests" said Phillip Starling, Sundial general manager.

Guests may choose from an array of starters and sushi followed by entrees from the land or from the sea as well as house specialties. A Kodomo menu for children includes both hibachi and sushi selections.

Located off the resort's main lobby, Shima serves dinner from 5 to 10 p.m. Tuesday through Saturday. Reservations may be made at [www.sundialresort.com/eat](http://www.sundialresort.com/eat).

Sushi specials will also be available at the resort's Sea Breeze Café and Turtle's Pool & Beach Bar.✱✱

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Will Power

# Florida Homestead Descent And Devise



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Most of us are familiar with the Florida homestead exemption that saves a few hundred dollars on property taxes. If you were a resident of Florida this past January 1, and have not yet applied for your Florida homestead exemption, now is the time to do that since the deadline is fast approaching on March 1.

In addition to the annual savings, claiming Florida homestead entitles you to a cap on the annual increase to your home's assessed value. Even if the value of your residence exceeds a 3 percent increase, the appraiser's office can only increase the

value by 3 percent. Over the years, the "Save Our Homes Property Tax Assessment Cap" can save thousands of dollars.

Today, however, I wish to discuss a lesser-known consequence of Florida homestead. This has to do with the descent and devise rules found under Florida's Constitution and our statutes.

Simply stated, if your spouse and/or minor children survive you, you cannot devise your home (through your will or trust) to anyone other than your spouse. If you devise the homestead to any other person or entity then that devise is invalid.

Assume, for example, that you and your spouse purchased your Florida home before you became a Florida resident. In order to balance out your estate for federal estate tax purposes (necessary under the old estate tax laws but different since portability implemented in 2012) your attorney up north may have advised to place the Florida homestead in one spouse's trust and the northern residence into the other spouse's trust.

The trusts probably contain credit shelter and/or marital trust provisions for the surviving spouse. Even if the trust of the deceased spouse continues on for the surviving spouse, and if that trust owns the Florida homestead, it is an invalid devise. The devise may have been perfectly fine the day before you became a Florida resident, but once you claimed Florida residency, this problem arose.

When an invalid devise exists, then Florida law does not care what your will or trust says about who is to inherit your homestead. Instead, your spouse may choose between a life estate interest in the home or an undivided half interest as tenants in common. The rest of the interest of the home is owned by the decedent spouse's children.

What this means is that the surviving spouse cannot sell the home without the consent of the children, and the children must agree as to the sales price and will share in the sales proceeds. If any one of the children do not consent to a sale or transfer, then it cannot occur. Further, if one of the children has an economic, tax, creditor or divorce issue, then the title of the home may become clouded.

Obviously, an invalid devise should be avoided. An update of the estate plan to Florida documents and Florida law is the first step. Sometimes more advanced planning is necessary. Take, for example, the circumstance where husband and wife are in a second marriage, each with children from a prior marriage. Wife owns the home, but if she predeceases husband she wants him to remain in the home rent free for the rest of his life, but also wants the equity of the home to one day benefit her children and not his.

Wife may even want husband to have the opportunity to sell the home and reinvest the proceeds into a new home of his choosing, so long as the equity of the original home ends up with her children.

In order to satisfy wife's intent, it will be necessary for husband and wife to enter into a valid nuptial agreement waiving the Florida Constitutional and statutory homestead descent and devise rights. Under Florida law, such a nuptial agreement will require each party to have separate legal counsel, as well as full disclosure of their assets, even though the parties presumably don't wish to waive rights to each other's assets.

Once the husband and wife satisfy the nuptial agreement/waiver requirement, then wife can direct her attorney to draft an appropriate residential property trust within her will or trust documents.

This is but one example of how the Florida descent and devise laws affect the disposition of one's homestead. If you own Florida homestead and haven't updated your legal documents, it may be time to visit with a qualified estate planning attorney to discuss these important issues.

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From page 5B

## Beading Class

be provided and are included in the class price. Students are advised to bring their reading glasses.

For additional information or to sign up for a beading class, call The Community House at 472-2155 or visit [sanibel-communityhouse.net](http://sanibel-communityhouse.net).

To advertise in the  
*Island Sun*  
Call 395-1213

## Republican Caucus Meets With School Board Chair



Steve Teuber speaks to members of the Sanibel-Captiva Republican Caucus

Steve Teuber, chair of the Lee County School Board, met with the Sanibel-Captiva Republican Caucus on January 30, to discuss plans to restore Lee County schools to the high performance levels they had in the recent past. Lee County schools are run together as an integrated whole, with about 91,300 students in 120 schools and a budget of over \$1.3 billion. Court rulings mandate that every student have equal access to all features of education in the county, which raises the potential issue of transporting students over large distances to access unique educational opportunities.

Teuber stressed the board's goal of maintaining educational excellence while containing costs. A new superintendent of schools has been appointed and is off to a great start. The board is establishing centers of excellence for various specialized subjects, distributed throughout the county to reduce busing costs. It is contracting auxiliary jobs, such as cooking and janitorial services, to specialized agencies for efficient, quality services. And, Teuber stressed the involvement of parents in their child's education to be especially important.

The Sanibel-Captiva Republican Caucus is holding bi-weekly meetings at the Sanibel Library on Saturdays at 10 a.m. to inform its members and the public of issues of importance to the citizens of Sanibel. The next several meetings will include representatives from presidential campaigns. For more information, contact Will Smith at 397-0819 or [smi975@yahoo.com](mailto:smi975@yahoo.com).



Snowberry Lane  
Gulf Pines Subdivision

This property is located one lot from the Gulf of Mexico, with a potential gulf view from first or second floor of a piling home, deeded beach access from the rear of the property. Short walk to the community pool and tennis(one block), quiet neighborhood of single family residents. Near world class Blue Ribbon elementary school and shopping. It is believed that a home of 3800 sq. ft. will meet the building requirements for Sanibel, actual size might vary.

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## Zonta Inspires Peek Fan To Make Special Donation

Sanibel resident Sharon Ellen, a long-time enthusiast of Zonta's Peek at the Unique home tour, got her tickets early. "I think I've been on every single one," she said. "The Zonta club is a wonderful group of people and I love the Peek – I would not miss it." Already a sellout, the 2016 Peek is set for Saturday, March 12.

There is a story behind Sharon Ellen's fondness for the Peek, which is not only a sought-after day out for the Peekers, but also—more importantly—raises vital funds for Zonta's work. The story could be viewed as shocking, but it is unfortunately all too true, and can happen in any community and in any walk of life. Today, in order to encourage other women to take control of their personal safety and their lives, Sharon Ellen is willing to talk about it. And she recently gave the Zonta Foundation a generous gift to help in their important work against gender violence.

"If by telling my story—and giving needed funds to Zonta—saves just one woman, it will be worth it," she said.

Today, Sharon Ellen lives an enviable life, comfortable and safe, with a loving husband, friends and homes on beautiful Sanibel and in Virginia. But it was not always this way. As she learned about the Zonta mission—to empower women, especially to end gender violence—Sharon saw she had an undeniable connection.

As a young woman, she found herself in an abusive situation, married to a man who harmed her physically and emotionally, afraid to tell anyone because of the stigma at the time and afraid to leave with three young children. "It was the 1960s," she said. "There was no help for women in my situation. The common wisdom was that you just had to put up with it—that somehow being in such a situation was your own fault." People who have not been there, she says, have "no idea" what it can be like. "When someone who is supposed to love you has domination over your mind, you



Sharon and Jim Ellen at home on Sanibel

feel utterly powerless," she said.

Eventually, things became so bad that she saw no alternative. Taking a few close friends into her confidence, and with their help, she found the courage to leave. With her children in tow, she took the first step towards a better life. "I was truly lucky to get out alive," she says now. "Having the support of friends makes a world of difference, yet not every woman has that privilege."

Today, Sharon sees a wide range of support services for women who seek the help she once needed so desperately: "There is so much help out there, and people who are willing to listen and to take this type of violence seriously." For instance, the Abuse Counseling & Treatment Center (ACT) in Fort Myers: Zonta has worked with ACT for several years, providing mentoring; helping boost the self-esteem of the clients; and helping fund the salary of a bilingual counselor. Zonta also has other projects locally that help provide paths to self-sufficiency.

Zonta Says No is a global initiative to raise awareness of the worldwide epidemic of violence against women and the need to end it. As the Zonta International mission states, "No woman should live in fear." All the money that is donated to the Zonta Foundation of Southwest Florida, Inc., helps achieve that goal.

Zonta president Virginia Jones commented: "As Zontians, we work very hard all year toward our mission of empowering women. And at this time of the year, businesses and individuals let us know through their donations, large and small, that they support our work and our goals. It means so very much to us that people such as Sharon and Jim Ellen are behind us."

Benefactors such as the Ellens are called Friends of Zonta and are recognized in the Peek event program. In past years, women such as Joan Sherman and June Rosner, both former Peek home owners, have chosen to sponsor a house; this year, long-time Peekers John and Martha Wolf are generously sponsoring the VIP tour.

You can become an individual donor or Friend of Zonta by visiting [www.zontasancap.com](http://www.zontasancap.com) and selecting the DONATE button, or by contacting any Zontian. Every dollar of these donations goes toward empowering women.

For information on Zonta and the anti-violence initiative, visit [www.zonta.org](http://www.zonta.org) or [www.zontasaysno.com](http://www.zontasaysno.com). Tickets for the 2016 Peek are sold out; a few seats remain on the VIP tour. If interested, send an email to [ZontaVipTour@gmail.com](mailto:ZontaVipTour@gmail.com).\*

## Women's Series All About Color

The Sanibel Captiva Trust Company will hold a special session at The Sanctuary on Tuesday, February 16 from 9:30 to 11:30 a.m. Entitled Look Good and Feel Great... With Color, as part of the company's WOW (Women. Opportunity. Wealth.) Series, designed to empower women to be better informed and prepared to handle their lives independently and dynamically.

Christine Sherlock, image consultant with Image Matters, will address the importance of color and why color is the first thing women should think of when getting dressed each day in order to have a positive impact on image.

"It is essential for women to feel confident and secure about making decisions in today's challenging times. WOW is designed to help our clients and friends cut through the clutter and understand the importance of planning their future," said Robin L. Cook, executive vice president, wealth services.

Visit [www.sancaptrustco.com](http://www.sancaptrustco.com) for the full schedule of complimentary WOW programs or contact Frances Steger at 472-8300 or [FSteger@sancaptrustco.com](mailto:FSteger@sancaptrustco.com). Seating is limited. WOW sessions are designed for families with \$2 million of investable assets or more.\*

## Human Trafficking Paintings Exhibited At Sanibel Store

For the fourth time, the Eileen Fisher store on Sanibel is hosting a special day to benefit Human Trafficking Awareness Partnerships. Paintings created by kids age 8 to 18 will be exhibited. Nola Theiss, executive director of Human Trafficking Awareness Partnerships, will be available to answer questions and present information about how human trafficking affects our children.

The Eileen Fisher Foundation has supported HTAP for a number of years for its work in human rights and with children. Ruth Mayer, manager of the Sanibel store said: "As a socially conscious manufacturer of clothing, Eileen Fisher considers preventing children from becoming enmeshed in modern day slavery and recognizes that human trafficking can happen here." The store will be donating 10 percent of all sales to HTAP on February 19 between 10 a.m. and 5 p.m. The store is located at the Forever Green Shops on Periwinkle Way. Refreshments will be served and short programs will be held throughout the day.

ARTREACH is a program for children between the ages of 8 to 18. HTAP has conducted over 36 10-hour programs throughout Lee County, including an early program at BIG ARTS. The art has been exhibited at BIG ARTS, the Community House, St. Michael's and All Angels Church, the Community Church and the Bank of the Islands as well as many venues in Southwest Florida, most recently at the Von Liebig Gallery in Naples.

For more information, contact HTAP at [info@humantraffickingawareness.org](mailto:info@humantraffickingawareness.org) or call 415-2635.\*

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**ENGEL & VÖLKERS**



## Janzen Defends Title At TwinEagles



**Lee Janzen**  
photo courtesy of PGA TOUR, Inc.

by Max Friedersdorf

Having lunch with a PGA golf professional can be a bit intimidating, especially for an ultra high handicap hacker. Not so, however if the pro is affable Lee Janzen, a friendly good old boy from Orlando.

This weekend, the sweet swinging Janzen, 51, will be busy at challenging TwinEagles Golf Club near Naples, defending his 2015 Champions Tour title against a strong field that includes Fred Couples.

Appearing earlier in the week at a media day press conference and luncheon, Janzen confessed his attention has not been entirely on golf since news just arrived about the birth of his first grandchild, Emmy, born in rural Oklahoma to his son Connor and his wife.

"I am already learning how great it is to be a grandparent, without the responsibility of a parent," Janzen explained.

A trim six-footer, Janzen looks the same physically as in his glory days as a twenty-something-year-old on the regular PGA Tour. The nineties were a golden decade for the Minnesota-born Janzen, winning two U.S. Opens at Baltusrol and The Olympia Club, both over his good friend, the late Payne Stewart; The Players Championship, and two Ryder Cup appearances, while banking nearly \$10 million in prize money.

A natural athlete, Janzen was a late bloomer in golf. He did not take up the game until he was 13, when the family moved to Florida. He quickly became a high school golf star before moving on to Florida Southern College in Lakeland where he led the golf team to the Division II National Championship.

Moving on to the senior tour at age 50, Janzen has intensified his fitness training to the point of daily workouts.

"I wished I had started earlier; a golfer needs strong core muscles. This means back stretches, pulleys, the medicine ball and weights."

A careful eater, Janzen finished his light lunch by passing up two delicious dessert offerings. Asked about alcohol, he replied with a big grin, "one beer."

Blonde with a fair complexion, Janzen appears unravaged by long hours, days and years in the sun. "When I was a young age," he explained, "a dermatologist told me to apply sunblock right after I shave and leave it on all day, without adding more. It works; I

haven't been back in 20 years."

Janzen anticipates confusion at all levels of golf this season because of the ban on anchor putting. "The long putters can still be used. There are a lot of different style grips and stances, so there will be questions about what is legal and not," he said.

Before leaving for the gym, Janzen brought up politics, and volunteered a prediction: "Jeb Bush would make a

great president but will not be elected." Then the pro was gone.\*

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## 'Ding' Wildlife Society Scholarships Application Deadline Is March 31

Application deadline for about a dozen scholarships from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), ranging from \$1,000 to \$1,500 each, is March 31. High school seniors or college students in or from Lee, Collier, Charlotte, Hendry and Glades counties intending to pursue degrees in environmental-related studies can apply.

The scholarships will be awarded at a special ceremony at the JN "Ding" Darling National Wildlife Refuge on Sanibel Island in June.

Interested students can find more information and printable application forms at [www.dingdarlingsociety.org/student-scholarships](http://www.dingdarlingsociety.org/student-scholarships).

It is still possible to honor friends and family members with a conservation scholarship in their name. To learn more, contact Birgie Miller at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).✱



2015 scholarship donors and recipients with "Ding" Education Committee members Wendy Schnapp, far left, and Ranger Becky Larkins, far right

## Refuge Adds Biology Interns

Two new biology interns joined the team effort at JN "Ding" Darling National Wildlife Refuge in January. Patrick Fuller and Lindsay Partymiller plan to stay at least through June 2016 as part of the refuge's intern program supported by the "Ding" Darling Wildlife Society-Friends of the Refuge.

Partymiller, originally from York, Pennsylvania, most recently lived in Bend, Oregon, where she worked for

Bird Research Northwest, a project studying the impact of Caspian terns on the survival of juvenile salmonids in the Columbia Basin and elsewhere along the Pacific Coast. A 2012 graduate of Juniata College in Huntingdon, Penn., Partymiller holds a degree in marine science and plans on concentrating on gopher tortoise research locally.

So far she is loving the birds. "I am an avid birder with a particular interest in wading birds and shorebirds," Partymiller said. "Wildlife Drive, Bunche Beach and Harns Marsh are a few of my favorite birding spots."

Fuller hails from Boone, North

Carolina and moved here after a summer in Yosemite National Park as part of the Aquatic Restoration crew. He then spent two months cycling across the country. Fuller earned his bachelor of science degree from Clemson University in South Carolina in 2010, followed by a master's degree in population biology from the University of California, Davis, in 2013.

"There are so many smart people for me to learn from in this community!" said Fuller, who plans to do his intern research project on surveying shorebirds at Bunche Beach, an off-island strand that fronts part of the refuge complex.

"The intern program not only fulfills the wildlife society's mission to educate a new generation of conservation stewards, but it also fills a government budget void by providing valuable manpower to assist the refuge's overworked staff," said DDWS Executive Director Birgie Miller. "We are pleased we can help the refuge in this capacity."

Each year DDWS supports 10 or more intern positions in the fields of biology, education, visitor services and non-profit support with stipends and other perks. The refuge provides on-site hous-



Patrick Fuller and Lindsay Partymiller

ing for the interns.

As a non-profit 501(c)3 organization, DDWS works to support JN "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research and public education through charitable donations and refuge nature shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 239-292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).✱

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CARD OF THANKS



From left, Barbara Maughan, vice president, The Sanibel School Fund; Art Cassell, golf chair, The Sanibel School Fund; Veronica Powers, vice president, The Sanibel School Fund; Donna Butz, Doc Ford's; Mark Marinello, owner, Doc Ford's; Marty Harrity, owner, Doc Ford's; Barbara Von Harten, principal, The Sanibel School; Liz Barker, Doc Ford's; Kim McGonnell, general manager, Doc Ford's; Kim Kouril, president, The Sanibel School Fund

Special thanks to Doc Fords Restaurant for being a Blue Ribbon Partner for The Sanibel School Fund. Once again, they are generously donating \$5,000 at the title sponsor level. Blue Ribbon Partners help raise and contribute funds to maintain the school's foreign language program and support enhancements in technology. Because of support from businesses like Doc Fords, students at The Sanibel School are able to take lessons in Spanish beginning in Kindergarten through eighth grade. The school serves approximately 340 students, is a nationally recognized Blue Ribbon School and is rated a top K-8 school in Florida.✽



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This golfing event, honoring Bob Janes, the former Mayor of Sanibel, Lee County Commissioner, and first President of this chapter, will be hosted by Shell Point Golf Club Head Professional Gary Keating. A light breakfast will begin at 7:00 a.m. on Tuesday, April 12, 2016, followed at 8:00 a.m. by the 18-Hole Four Person Scramble with handicaps. Lunch will be provided at the conclusion of play, where winners will be announced and prizes awarded. The \$125 entry fee includes 18 holes of golf plus cart, player gift bag, a light breakfast and lunch. The Lee Coast Chapter MOAA Foundation is a 501(c)(3) charitable organization with IRS Tax Number 26-0156596. Letters documenting that portion of the entry fee as a charitable donation will be mailed out following the Outing.

To Sign Up, contact Entries Chairman John Bathke at:  
(651) 503-8893 or complete and mail the attached form.

SANIBEL 8-BALL POOL LEAGUE 2015-16  
Standings through February 8

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	234	126
Second	Sandycappers	185	175
Third	Sanibel Café	171	189
Fourth	Fresh Legion Crew	130	230

February 8 Results

Bunt's Ball Busters	14	Sandycappers	6
Sanibel Café	11	Fresh Legion Crew	9

Sanibel 8-Ball Pool League

Legion Crew Still Lags Despite Win

Last place Fresh Legion Crew decided that enough is enough as it rose up and bashed second place Sandycappers for the second time this season. The 11-9 victory was Legion Crew's fourth winning match since the season began on October 12.

Doc Lubinski led things off for the Crew with three wins over Jeff Brown. He was followed by Tom Yorgey, who subdued Jack Dalton 3-1. At that point the Crew led 6-2 and notched five more wins from Matt Hall, Gator Gates, and Becky Skog to hit its winning total.

For the second week in a row, Skog, the only female shooter in the league, showed the boys how to play the game as she sent Gary Murza to the showers in the last game of their match to cement the Crew's 11-9 victory.

Mike DeWitt, Dave Doane, Terry Ricotta and Steve Gordon posted three wins each over Jimbo Gaubatz, Randy Carson, Graham Sell and Pete Mindel to pace Bunt's Ball Busters to a 14-6 whitewash of Sanibel Café.

Top shooter for Sanibel Café was Rich McCurry with two hard-earned victories over Rich Ennis.

Six weeks remain in the season and plans are finalizing for the league's year end single game double elimination singles tournament on Monday, March 28. Players must have shot at least 20 games to be eligible for the tournament.

To date there are 28 players qualified. Entry fee is \$20 per person with all proceeds being used to pay the first eight places in the tournament. Spectators are welcome to see the action.✽

SPORTS QUIZ

- 1. True or false: Rod Carew is the career batting average leader for two teams -- Angels and Twins.
- 2. In 2015, the Angels' Mike Trout (23 years, 253 days) became the youngest major-league player to have 100 home runs and 100 stolen bases. Who has been the youngest?
- 3. Which NFL team holds the record for most consecutive winning seasons?
- 4. When was the last time before 2014-2015 that Wichita State's men's basketball team won back-to-back regular-season conference championships?
- 5. Name the last time the New Jersey Devils made the NHL playoffs.
- 6. Who was the last driver before Jimmie Johnson (2013) to win both Daytona NASCAR Cup races in the same season?
- 7. Name three of the most recent five male tennis players to win three of four grand-slam events in the same year.

ANSWERS

1. False. He leads the Twins with a .334 average, but Vladimir Guerrero tops the Angels' list with a .319 average (Carew is second at .314). 2. Alex Rodriguez, at 23 years, 309 days. 3. The Dallas Cowboys, with 20 consecutive winning seasons (1966-85). 4. It was 1964 and 1965. 5. It was 2012, when New Jersey lost in the Stanley Cup Finals. 6. Bobby Allison, in 1982. 7. Novak Djokovic (2011, '15), Rafael Nadal ('10), Roger Federer ('04, '06, '07), Mats Wilander (1988) and Jimmy Connors ('74).

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# Architect Visits Course He Designed



From lefty, golf course superintendent Kyle Sweet, golf course architect Arthur Hills, president of board of governors John Schmidlin, general manager Ken Kouril and board member Vince Conoscenti

Arthur Hills, golf course architect for The Sanctuary Golf Club on Sanibel visited the club on Friday, January 29. He gave a presentation at a meet-and-greet with the members of the club and then rode the golf course with Kyle Sweet, golf course superintendent, Ken Kouril, general manager, Brett Kist, director of golf, John Schmidlin, president of the board of governors, and Steve Forrest, partner and architect with Arthur Hills.

"I have had a love affair with golf since I was six years old," said Hills. "Designing a golf course is like a symphony. There are ups and downs and crescendos to make a golf course playable and enjoyable for all skill levels of players. Like an artist or musician, architects seem to have an inherent design distinction."

He continued, "The Sanctuary Golf Club is on an island and the limited space was very challenging, but as I've said before, it is my island masterpiece, very exquisite and rare. I fell in love when I saw the land and designing it had my creative talents in high gear. I am responsible for designing courses, it is up to the members and golf course maintenance to maintain the quality and, to see The Sanctuary Golf Club as a

Platinum Club today, I am very proud."

Sweet said, "I've had the pleasure of working with Art Hills since the inception of the golf course in the early 1990s, and he has always provided excellent guidance and support as we have made changes to the golf course. I have always considered Art Hills a superintendent's architect. He understands that working closely with the golf course superintendent establishes that the golf course can be easily maintained, manicured and successful throughout the years."✱✱

## Police Vs. Firefighters Basketball Battle

Hoops and hijinks are coming to Bishop Verot High School on Sunday, February 28 when local challengers, members of Lee County Sheriff's Office, City of Fort Myers and Cape Coral police departments, take on the firefighters and paramedics from various local stations in a lively basketball. The game starts at 1 p.m.

Proceeds benefit Abuse Counseling and Treatment, Inc. (ACT) to raise money for 24-hour services for victims of rape/sexual assault, human trafficking, and domestic violence throughout Lee, Hendry and Glades counties.

The teams have been holding their practices and will be prepared to offer a uniquely entertaining experience with Law Enforcement Vs. Firefighters/

Paramedics IAFF Local 1826. Featuring music, food, raffles and fun for everyone, tickets are only \$10, with children 5 and under free.

"What our teams may lack in NBA style action, they make up for in heart for our community," said Jennifer Benton, chief executive officer for ACT. "Buy your tickets today and you'll be able to cheer on our enthusiastic local talent including Robert Torres, Anthony Burgos, Scott Thompson, Brad Leshner, Evan Purcell and many other first responders."

Positioned for a night filled with laughter, comedy and net, all to benefit the local community, tickets are on sale through ACT's website at [www.actabuse.com/event/law-enforcement-vs-fire-fighters-and-paramedics/](http://www.actabuse.com/event/law-enforcement-vs-fire-fighters-and-paramedics/).

For more information, contact [jbenton@actabuse.com](mailto:jbenton@actabuse.com) or call 939-2553. Event sponsors include Erickson's Drying Systems, Pediatric Dentistry of Fort Myers, BB&T Oswald and Trippe Company, Sky Zone, Costco and Publix.✱✱

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# Boston's David Ortiz Has Earned Our Applause In His Final Spring Training



by Ed Frank

Whether you're a Red Sox or Twins baseball fan, you've got to tip your hat to 40-year-old David Ortiz whose remarkable career comes to a close in 2016 along with his final spring training in Fort Myers, where he has been a fan favorite for 20 years, six with Minnesota and 14 with Boston. It would take volumes to list his accomplishments and records. In fact, the Red Sox Media Guide devotes 15 pages in small type to chronicle the achievements of this amazing athlete who has been the face of the Red Sox for more than a decade.

And perhaps even more importantly, his devotion to myriad charitable endeavors in Boston and his native Dominican Republic are never ending.

If you're a Twins fan, you regret to this day that Minnesota released him prior to the 2003 season in a move that Twins general manager Terry Ryan admits was one of his biggest mistakes in his otherwise successful and long tenure with the Twins.

The Red Sox grabbed him a month later for a base salary of \$1.25 million and, as the old saying goes, "the rest is history."

Ortiz sparked Boston to three World Series Championships including that never-to-be-forgotten 2013 Series win when he hit .688 (11 for 16) and drove in six runs to earn the MVP Award. He also has been selected an All-Star nine times with the Red Sox.

In an interview recently with Major League baseball writer Rhett Bollinger, the Twins' Ryan discussed the regretful dumping of Ortiz.

"There's no hiding that one," Ryan said. I'm not running from it. I'm proud of what David has done. Obviously it was a mistake. The guy has been a great representative of the Boston Red Sox and major league baseball for a long time. And it's Boston's gain and Minnesota's loss. And I take full responsibility."

That's about as candid as one can be, and it's a credit to Ryan for admitting the blunder.

In his tenure with the Twins, Big Papi's best season was 2002 when he hit .272 with 20 homers and 75 RBIs in 125 games. But, as Ryan explained, Minnesota was financially strapped in those days and through arbitration, Ortiz probably would have received \$2 million the next season.

He stressed, however, that money wasn't the sole reason for letting him go. "It was just a bad error in judgment of a guy's talent," Ryan said in the interview.

Some might wonder why Ortiz has decided to bow out after the upcoming season. Last year, he hit a respectable .273 as the designated hitter while blasting 37 home runs and driving in 108 runs.

His career average is .284 with 503 home runs and 1,041 RBIs.

Ortiz has signed a one-year deal with the Red Sox for 2016 at a salary of \$15.8 million.

Big Papi will be center stage in 2016 as he makes his final appearances city-by-city.

Along that way, he'll probably surpass some of the biggest names on the all-time home run list with each homer he records – names such as Eddie Murray, Gary Sheffield, Mel Ott, Ernie Banks and even the Red Sox-famed Ted Williams who hit 521 home runs.

For nearly two decades, Big Papi Ortiz has played the game the way it should be played. And off the field, with his countless good work, he has been a credit to baseball.

He deserves our standing ovations here during the next six weeks in this his last spring training in Fort Myers.\*



David Ortiz  
photo courtesy of Boston Red Sox

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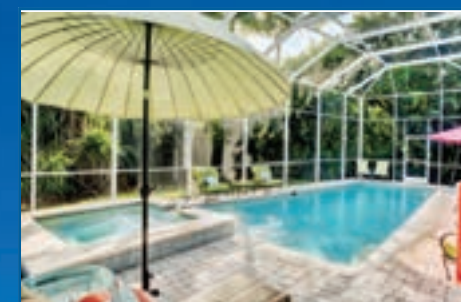


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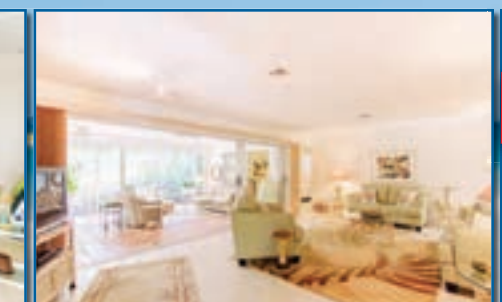
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HORTOONS



**Pan-Seared Snapper with Roasted Red Pepper Chili**  
4 six-ounce snapper fillets  
2 teaspoons cayenne pepper  
Sea salt, to taste  
Ground black pepper, to taste  
1 cup rice flour  
4 tablespoons olive oil  
Sprinkle fillets with seasonings then dredge in flour. Melt butter in shallow skillet over medium-high heat; add fillets and cook 3 to 5 minutes per side until golden brown and cooked through. Remove fillets from skillet and serve with Roasted Red Pepper Chili.  
Yield four servings

**Roasted Red Pepper Chili**  
1 pound red peppers, roasted, peeled, seeded and roughly chopped  
2 tablespoons diced shallots  
1/2 cup white wine  
Salt and pepper  
In a large sauté pan, cook all the ingredients over medium heat for 20 minutes. Puree mixture in a blender until smooth. Strain for a more refined sauce. Add salt and pepper to taste.✱

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Lily Lockard

## Lily Wins Second Place For Writing

Lily Lockard, a third grader at The Sanibel School, won second place in the 2016 Florida Celebration of Reading Contest.

The contest is sponsored by the Barbara Bush Foundation for Family Literacy and Just Read Florida!

Inspired by the book *The Day the*

*Crayons Quit*, Lily responded as character Duncan in the story, to the beige crayon who had quit the crayon box. Her creative writing tries to persuade the beige crayon to come back.

Her entry was chosen from among hundreds of writings submitted from Lee, Collier and Charlotte counties. She was honored at a breakfast with Florida First Lady Ann Scott and Drew Daywalt, the author of *The Day the Crayons Quit*, at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs on Friday, February 5.\*

## Airport To Offer Flights To Nassau

The Lee County Port Authority has announced that Silver Airways will begin nonstop service from Southwest Florida International Airport (RSW) to Nassau's Lynden Pindling International Airport (NAS) on May 26, 2016. Flights will operate three days a week on Tuesdays, Thursdays and Saturdays. This is the first time RSW will have nonstop service to Nassau.

For Silver Airways new release, visit [www.silverairways.com/about-silver/press-room/article/2016/02/03/silver-airways-further-expands-bahamian-network-with-return-to-nassau?stop\\_mobi=no](http://www.silverairways.com/about-silver/press-room/article/2016/02/03/silver-airways-further-expands-bahamian-network-with-return-to-nassau?stop_mobi=no). For flight and reservations information, visit [www.silverairways.com](http://www.silverairways.com).

For more information about Southwest Florida International Airport, visit [www.flylcpa.com](http://www.flylcpa.com).\*

## Shuff Retires As Financial Officer Of Sanibel Captiva Resort Company

Jeff Shuff, a Sanibel and Captiva islands hospitality industry leader for more than 30 years, has announced his retirement from the position of chief financial officer of Sanibel Captiva Beach Resorts. The resignation was effective January 31, 2016.

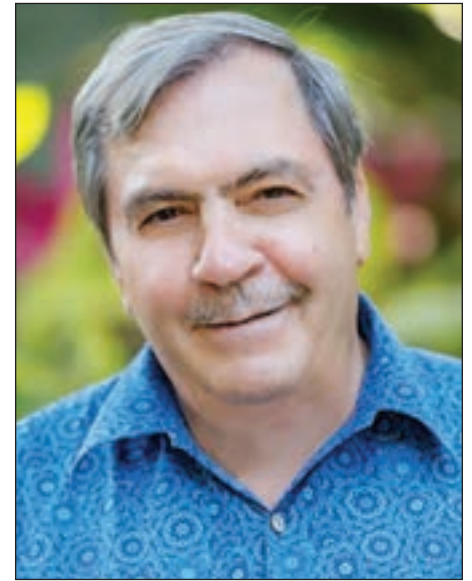
Shuff worked for more than 25 years at 'Tween Waters Inn Island Resort & Spa, where he advanced to the title of general manager, a position he held for more than 20 years.

In 2015, West Wind Inn was added to the roster of what was then Rochester Resorts, which subsequently was rebranded Sanibel Captiva Beach Resorts LLC in 2015. It was at this time that Shuff moved into the new role of CFO.

He was active in the local hospitality community and served on many tourism boards.

"Jeff and I have worked together for many years at 'Tween Waters Inn, and his contributions have been substantial and positive in helping us grow our resort to the stature it holds today," said Tony Lapi, president and chief executive officer. "He will be missed."

"I'll have many fond memories of my time at 'Tween Waters Inn, as well as all the wonderful people I've worked with and the great guests I've come to know personally," Shuff said. "At the same time, I'm looking forward to the next chapter in my life."\*\*



Jeff Shuff

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# School Smart



by Shelley M. Gregg, NCSP

## Dear Readers:

I often get questions from parents about how to stay involved in their child's school. Families are busy, but there are many different ways you can get involved in your

child's education. No matter how little or how much time you have, there are many ways you can positively impact your child's education at school and at home. Remember, when families get involved and stay involved, all students achieve at higher levels. Here are some tips to help you stay involved:

- Show your child that you care. Have a conversation with your child about school and homework regularly. Ask specific questions that inform you about your child's day. Know what classes your child is taking, who your child's friends are, and other essential information.

- Keep in touch with the school. Get to know your child's teachers, principal, counselors and school's parent involvement coordinator. Make it a point to stay in contact with them throughout the school year.

- Express high educational expectations. Encourage your child to take challenging courses and monitor your child's academic performance (homework, grades and test scores)

throughout the year. Emphasize effort and achievement.

- Attend school meetings, functions and events. Make time to attend parent-teacher conferences, parent fairs, curriculum nights, award ceremonies and other school events. Your attendance and support matters to your child.

- Seek out information. Request a meeting with your child's teacher regarding any aspect of your child's education. If you have other questions, ask the school by calling or sending a note so they can link you with the appropriate person who can respond to your needs.

- Be an active part of school committees. Participate in parent or school leadership organizations. Ask your school about the Parent Teacher Association or Parent Teacher Organization, school council, parent advisory committee or other parent organizations and then join one.

- Make school important. Talk positively about school with your child. Send your child prepared for school each day with pens, pencils, notebooks and homework completed. Make school a priority by ensuring they are at school every day and arrive on time.

- Be seen at school. Arrange a visit to your child's classroom, have lunch with your child at school, or visit the Parent Center. Your presence matters and shows the school that you are invested in your child's education.

- Be informed and responsive. Ask, collect, read and respond, if needed, to all information (school policies, field trip information, student handbook, etc.) That

is sent from your child's school or teacher. If you need to receive information in a language other than English, call or visit the school.

- Visit your school's website. Access all kinds of information, including homework, assignments, class schedules, lesson plans, test dates and grades on your child's school website. If you don't know your school's website, ask your child's teacher or the school.

- Provide a rich learning environment at home. Make time for meaningful dinner conversations, trips, games, reading time, family sports and daily routines. Activities like these will contribute to your child's academic achievement at school.

- Drop in on after school or

extracurricular activities. Pick your child up from after-school activities or stop by a few minutes early to watch your child in action, if you are unavailable during the school day. It is also important to know your child's after-school teacher, instructor or coach.

*Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧*



Joseph H. Simmons

## Scholar To Discuss Solar Energy Future

On Thursday, February 18, physics scholar Joseph H. Simmons will explore the unlimited possibilities of a solar future in Florida at the regular meeting of the Democratic Club of the Islands. The meeting is free and open to the public and will take place at the Sanibel Public Library, 770 Dunlop Road at 7 p.m.

Simmons graduated with a BS in physics (University of Maryland), an

MS in physics (John Carroll University) and a PhD in condensed matter physics (Catholic University). He is the author of over 120 journal articles, 15 U.S. patents, four book chapters and is co-author of a text and reference book, *Optical Materials*. (Acad. Press, 1999).

Simmons worked as senior research physicist at the National Institute of Standards and Technology from 1966 to 1974) and at the National Aeronautics and Space Administration from 1962 to 1966 before serving as founding director of the Arizona Research Institute for Solar Energy (AzRISE). It was there he began his work on solar energy by serving on an advisory committee for Arizona Congresswoman Gabrielle Giffords in 2007. After joining the faculty at FGCU in 2011, he directed the recent completion of Emergent Technologies Institute in a 24,000-square-foot facility on 6.5 acres. Classes will include instruction in solar power production in Southwest Florida, solar economics for residential, industrial and utility scales, solar forecasting and energy agriculture, solar charging of electric vehicles and integration of solar energy with biofuels and production.

Simmons will discuss the advances made at the Emergent Technologies Institute as well as the on-going San-Cap Solar Connect Initiative, and the potential they offer for future economic and environmental benefits for the state of Florida. Everyone excited about a solar future for Florida is urged to attend this discussion. A question and answer period will follow.

For more information call 395-9078.✧

## Sanibel-Captiva Kiwanis Club Accepting Scholarship Applications

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2016-2017 school year. Scholarships of \$3,000 per year, over a period of four years, will be awarded. Two of the scholarships being awarded are the Sam Bailey Memorial Scholarship and the Francis Bailey Memorial Scholarship. Additionally, several one-year scholarships in varying amounts are available.

Eligible applicants must be Sanibel-Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 25, 2016. They can be obtained by contacting any of the following: Tami Treuheit (239) 579-0660 or reception@sanibelinsurance.com; Bill Traum at (239) 561-2900 or billtraum@me.com; or Chris Heidrick at (239) 579-0660 or chris@sanibelinsurance.com.✧

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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Thursday, February 11 – Lunch and Learn with Dr. Barron, CROW's Hospital Director, 12 to 1:30 p.m., \$30 per person, advance registration required.**

Lunch and Learn is an engaging discussion with CROW's Hospital Director Dr. Heather Barron. During this program, she describes the role in supporting the interconnectedness of human health, animal health and environmental health. Reservations include a boxed lunch catered by the Sanibel Deli and concludes with a tour of CROW's hospital and rehabilitation grounds. Photography opportunity following the tour with an animal ambassador.

**Friday, February 12, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW, presented by a CROW volunteer.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement

to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, February 12, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering our medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Saturday, February 13, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

**Saturday, February 13, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Monday, February 15, 11 a.m. and 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

**Monday, February 15, 4 p.m.,** adults \$7, teens \$5, 12 and under no charge – Speaker Series: Wildlife on the Great Calusa Blueway.

The Great Calusa Blueway Paddling Trail is a 190-mile marked canoe and kayak trail that meanders through the coastal waters and inland tributaries of Lee County. It attracts everyone from first-time kayakers to advanced paddlers and is home to abundant marine life, shore birds and crustaceans. This presentation will cover the history of the Blueway, points of interest for paddlers and wildlife commonly seen along the trail.

**Tuesday, February 16, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

**Tuesday, February 16, 2 to**

**3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

**Wednesday, February 17, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.

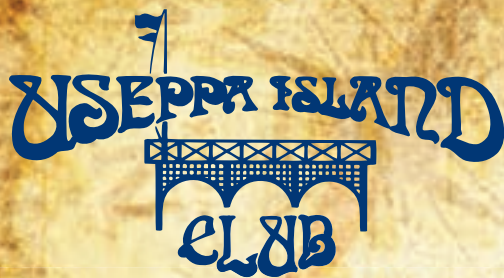
**Wednesday, February 17, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Thursday, February 18, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." Come listen as CROW's presenter describes why they are admitted how the medical staff treats this species.

**Thursday, February 18, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.✱



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## Superior Interiors

## Decorating Solutions For Small Spaces



by Linda Coin

Economically scaled – or smaller homes – can present big decorating opportunities. Bungalows, ranch-style homes, townhouses and condominiums offer the decorating challenge of using

available space efficiently and beautifully. Just be sure you don't short change your decorating tastes because your spaces may be a bit smaller.

First of all, consider selecting furniture that is scaled to your room size. Smaller scaled furniture can make a small room seem a great deal larger. In a living room, for example, you may want to choose the cozy look of coordinating love seats instead of a larger sofa and chair combination. Sofas with open legs, take up less visual space – but be careful not to have a room that's "all legs." Balance your open-legged pieces with solid ones,

perhaps a small skirted, or an enclosed wood table. Staying away from coffee tables and opting for a glass topped tables are good options to consider because the eye continues to travel through a glass surface giving your room a more spacious feeling.

Since pale, softer colors tend to recede, the lighter the wall and floor colors, the larger a room will seem. However, if your room features a lot of natural light, you could actually be a bit more adventurous with your color choices – and add a little more drama to your walls. Traditionally, it is common in smaller rooms to paint ceilings lighter shades than the walls. This actually helps to give the impression of visually taller walls or a higher ceiling. Patterned carpets or light background wall coverings will also help give a smaller room a feeling of depth and visual interest.

Adding a framed mirror can visually double the room size. But please, be sure to note what the mirrors will reflect. If it's an eyesore, you'll double that, too!

One of the many benefits of smaller rooms is that you will always feel cozy and comfortable. So take a few of these ideas into consideration when you create the inviting, warm and expansive look you want in your own small space.

*Linda Coin is an Interior Designer for Sanibel/Captiva Islands and can be reached at linda@coindecdn.com.✴*

## Doctor and Dietitian

## Hemoglobin A1c And Your Diet

by Ross Hauser, MD  
and Marion Hauser, MS, RD

Many folks think their diet is correct because they eat "healthy," exercise and maintain a proper weight. Without a doubt, those three factors are hugely important. At our clinics, we see folks for painful joint conditions and sports injuries, whose goal is to heal and get better. Poor blood glucose control and an elevated hemoglobin A1c (HbA1c) increase their risk for poor healing, compromising their goal. When necessary, we order tests such as glucose, insulin and HbA1c levels, to help achieve complete healing. Many are surprised when these results are abnormal.

Those with elevated HbA1c levels are commonly in a pre-diabetic condition, and will need to drastically change what they perceive as "healthy" eating habits. They are often following one of two types of diets:

1. The standard American diet high in carbohydrates, fat and processed food, but low in vegetables, protein and good fats.

2. The presumed "healthy" American diet of low-fat, low-sodium and high carbohydrates.

Both diets are problematic for those with elevated HbA1c levels.

The common culprit causing a raised HbA1c is typically a high intake of carbohydrates, including a large consumption of fruit and fruit juice. Many with abnormal HbA1c's rate their diets as healthy and high in protein, so we recommend keeping a food diary, which to their surprise often reveals otherwise.

The HbA1c test measures average plasma glucose concentration over a period of about three months, which helps us know if glucose (sugar/carbohydrates) is being adequately processed. When necessary, we change a person's higher carbohydrate diet to a higher protein and fat diet, and the previously elevated HbA1c will go down.

A proper diet has consistently proven to aid in meeting the goal of optimal health and well-being. Never underestimate the power of food.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✴*

## BeautifulLife:

## Celebrate Love

by Kay Casperson



It's always so much fun to come up with meaningful ways to express our love to one another, especially around Valentine's Day. Whether it's a card, flowers, chocolates, a gift certificate for the

spa or a special night out together, love is in the air, and I encourage everyone to find the time this weekend to celebrate and appreciate the love in their lives.

But Valentine's Day isn't just about being with your loved ones; it's also about loving yourself and taking care of yourself. Ask yourself – "What can I do for myself this weekend?" – then just do it!

Here are some of my favorite affirmations for celebrating love this Valentine's Day:

I give love to the world and am surrounded with peace – Go for a long walk at the beach with your loved ones and

appreciate the peaceful beauty of your natural surroundings, or find your inner peace and balance by attending an invigorating yoga class.

The love I have in my heart is poured out in all that I do – Replenish your mind, body and soul by doing activities that give you energy. Volunteer for a local organization that you love, create handmade gifts for your family, or treat yourself and your best friend to a fabulous facial and makeover.

I radiate love and light to all who come in and out of my life – Remember, it is a gift to be able to love unconditionally without any expectations. You will forever be surrounded with more love than you could ever imagine – and if you take the time to appreciate it, celebrate it and send it back into the world, your heart and life will always be full.

Happy Valentine's Day!

*Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at [kaycasperson.com](http://kaycasperson.com).✴*

## Insurance Tip

## What Is Causing Homeowner Premiums To Rise?

by Angela Larson Roehl



We have not had any hurricanes or major events, so why aren't your homeowner premiums decreasing? Well, the short answer is fraud!

Insurance companies are having to pay questionable costs when their clients have signed an assignment of benefits (AOB) form that some contractors and remediation companies are requiring in order for them to do repairs after a loss. By signing the AOB form, the client is allowing payment for any work to be paid directly from the insurer to the contractor.

Homeowner carriers are receiving numerous fraudulent charges that have arisen from water/mold claims that they have had little choice but to pay in order to avoid additional litigation costs. When an insurer questions a contractor over questionable costs, some attorneys will sue the insurance company on behalf of the contractor that did the repairs, so the insurance company can either pay the invoice the contractor provided or pay the invoice plus attorney fees. Even if the insurer wins, they still are out the litigation costs as they are unable to collect litigation costs from the attorney; while other states allow for insurers to recover this expense, Florida currently does not.

The assignment of benefits was origin-

ally created to assist clients to have their claims settled in a more timely manner, however, the Assignment of Benefits has now become a way for contractors and attorneys to collect more money from the carriers that is beyond the actual cost of repair. These additional charges lead the carriers to increase their premiums.

There is a proposed Assignment of Benefits bill reform in the Florida Senate and a House bill in an attempt to reform Assignment of Benefits to stop the misuse.

*Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience, who can be reached at [info@rosierinsurance.com](mailto:info@rosierinsurance.com).✴*

## ISLAND SUN BUSINESS NEWSMAKERS



Jane Reader Weaver



Stephanie Bissett

## Top Producers

Premier Sotheby's International Realty congratulated Jane Reader Weaver for being named their top producer associate and Stephanie Bissett for being named the top listing associate for the month of January. ✴



## Jacaranda Hosts Paganini Cooking Clinic



Celebrity Chef Loretta Paganini staged her 19th annual Tropical Cooking Extravaganza at The Jacaranda recently, with five days worth of culinary clinics featuring themed menus from international regions including the Mediterranean, Tuscany and Sicily  
photos by Jeff Lysick



Loretta Paganini begins to prepare an appetizer featuring brie, freshly made peach chutney and walnut triangles, with an angled mirror helping her students see every cooking technique



Students of the Loretta Paganini School of Cooking take a closer look – and later, a taste – of her tomato basil bruschetta with balsamic glaze appetizer



The Jacaranda was filled with culinary students learning cooking techniques from the world-renowned chef

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# Kay Casperson Spa Hosts Makeup & Mimosas



On February 4, the Kay Casperson Lifestyle Spa & Boutique inside the Sundial Beach Resort & Spa hosted Makeup & Mimosas. Pictured from left is Christina Teixeira, Annie Kisskeys, Rachel Declet, Hannah Mitchell, Heather Degele and Kay Casperson. This weekend, February 12 to 14, the spa is featuring numerous Valentine's Day specials including a chocolate couples massage, chocolate body scrub and chocolate pedicure. Visit [www.kaycasperson.com](http://www.kaycasperson.com) for more details.

photos by Jeff Lysiak



Susan Gosier presenting the award to Dustyn Corace

## Corace Named Manager Of The Year

RE/MAX International announced that Dustyn Corace, co-owner of RE/MAX of the Islands, is the 2015 Manager of the Year in Florida. The RE/MAX International network consists of 103,491 Realtors working from 6,886 offices in over 100 countries around the world. RE/MAX has 5,288 Realtors affiliated with their 268

Florida offices. The award was presented to Corace by RE/MAX Regional Vice President, Susan Gosier, at the winter RE/MAX owners conference in Fort Lauderdale. "We take these awards very seriously and many factors are considered in determining the most deserving recipients," Gosier said. "Dustyn has done a great job. We are very happy for him and all he has accomplished." ✨

## Bank Names Assistant VP



Willy Ocasio

Wilmaris "Willy" Ocasio has been promoted to assistant vice president of Bank of the Islands. In that capacity, Ocasio will continue to oversee the bank's Sanibel and Captiva offices, a management position she has held since 2014.

"Willy's promotion to assistant vice president is very deserving based on her dedication and commitment to our bank, its customers, and the community in which we serve," said Robbie Roepstorff,

president. "We are delighted to have this opportunity to recognize Willy for her continued growth and the leadership she brings to our team." Ocasio has been a banker with Edison National Bank/Bank of the Islands since 2007. In 2012, she opened Bank of the Islands' Captiva office and was its office manager. In 2014, she was promoted to office manager of both the Sanibel and Captiva offices. As assistant vice president, she will continue to perform her existing duties.

Ocasio holds a bachelor of science degree in administration and marketing. During her time at Bank of the Islands, Ocasio's volunteer community efforts have included the Captiva Luminary through Captiva Holiday Village, participating in the Heart Walk and Climbing for Air events, joining the bank's Coastal Cleanup efforts for the Sanibel-Captiva Conservation Foundation and leading its volunteer efforts for CROW's Taste of the Islands. ✨



Denny Wong, center, and the Lily team

## Sweetheart Deal For Valentine's Day

Award-winning designer Denny Wong arrives at Lily & Co. Jewelers in time to Save the Males this Valentine's Day. It's a call to all gentlemen who are seeking a romantic evening she will never forget. Men can make a one-stop shop Thursday, February 11 through Sunday, February 14 for professionally gift wrapped items, a red rose from Wilson Landscaping, a 10-inch plush 'I Love You' teddy bear, Norman Love chocolates, a romantic card from MacIntosh Books & Paper. Purchases of \$750 or more include dinner for two at Traders Cafe on Sanibel. "Partnering with other island businesses is a chance to come together and create a memorable Valentine's Day for lovely couples," said Dan Schuyler, Lily co-owner with Karen Bell. Wong is inspired by the Hawaiian Islands he calls home. Fourteen-karat gold tropical flowers, whales, dolphins and other marine life are paired with Tahitian pearls and vibrant gemstones to make the designs come alive. Wong is noted for capturing the elegance of the plumeria, the flower of Aloha, and the Hawaiian state flower hibiscus. "We are thrilled to have him back in our Sanibel Island community," said Schuyler. "Denny Wong has been recognized throughout the jewelry industry for nearly three decades for his innovative designs. He is a truly talented designer." ✨



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Sanibel Captiva Community Bank presented a check to the American Heart Association. Celebrating the donation were Michael Polly left, AHA board member, and Josh Hall, SCCB residential and commercial lending loan officer.

## Bank Supports Heart Association

Sanibel Captiva Community Bank contributed \$2,500 to the American Heart Association's community support fund.

"The American Heart Association provides local program support in our area through Heart Walks, Go Red For Women luncheons and Jump Rope For Heart events," said bank president and CEO Craig Albert. "We are proud to be a contributing partner in support of their recent research leading to breakthroughs such as clot-busting drugs and drug-eluting stents."

The mission of the American Heart Association is to build healthier lives, free of cardiovascular diseases and stroke through public health education. The nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke, it was founded by six cardiologists in 1924 and has more than 22.5 million volunteers and supporters. For more information, visit [www.heart.org](http://www.heart.org).

## Free Red Cross Course Offered at Rec Center

The American Red Cross Compression Only CPR course will be held at the Sanibel Recreation Center on Sunday, February 21 from 1 to 2 p.m.

The purpose of the American Red Cross course is to teach untrained bystanders how to perform hands-only CPR. Having more citizen bystanders trained in this simple skill can help save lives by putting more cardiac arrest victims within a few steps of lifesaving assistance.

There is no cost for this course but pre-registration is preferred. For more information and to register, call the Sanibel Recreation Center at 472-0345 or visit website [www.mysanibel.com](http://www.mysanibel.com). The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available.



Mobile mammogram motorcoach

## Mobile Mammo Coach Returns

The City of Sanibel Recreation Center will host the Radiology Regional Center's Mobile Mammo Coach from 10 a.m. to 2 p.m. on

Monday, February 15. For an appointment or if you have any questions relative to the test, call the Radiology Regional Center at 936-2316.

The Mobile Mammo Coach is a state of the art breast imaging clinic, providing full field digital mammography services. Most insurances are accepted and discounted self-pay pricing available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97%. Mammography is one aspect of breast health, in addition to monthly self-exam and annual physician exam.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).

## Sanibel Residents Added To Board Of Advisors

The Center for Environmental and Sustainability Education at Florida Gulf Coast University (FGCU) added three new members to its board of advisors. Maureen Watson, David Webb and Dr. John McCabe are the newest members to join a long list of distinguished center advisors. President Wilson G. Bradshaw of FGCU has appointed the three new members as the center prepares for its upcoming annual Rachel Carson Distinguished Lecture, which will take place at the end of February on Sanibel at Saint Michael and All Angels Church.

Maureen Watson is a resident of Sanibel and is active in civic and conservation organizations. She is founder and director of Watson MacRae Gallery, which promotes the importance of visual art and community culture. A northeast native, Watson worked with major corporations in New York City before founding her first company, Triformance System. In 2002, she moved to Naples, Florida to pursue her love for the arts. She founded SilverTree School of Painting, where she organized workshops and painting trips to France. Watson became more civically involved with arts and conservation organizations in recent years. She served on the boards



Maureen Watson

of Island Coast AIDS Network (ICAN), Fort Myers and the Committee of the Islands, Sanibel. Previously, she has served on the Center for Environmental and Sustainability Education's Host Committee for the Rachel Carson Distinguished Lecture.

David Webb is an eighth generation Floridian and is member of the Mehrrin Tuscarora Indian tribe. Born and raised on Sanibel, Webb graduated from Florida Gulf Coast University with a bachelor's degree in environmental studies. He was one of the first student assistants at the Center for Environmental and Sustainability



David Webb

Education. In addition to his scholarly studies, Webb carries a lifelong passion for preserving South Florida's natural heritage and habitats. This has propelled him into his 10-year career leading large environmental education organizations, museums, and nature and trail programs throughout Florida. Webb is founder of the STEM Institute, which incorporates science, technology, engineering and mathematics into the realm of environmental education programs. Currently, Webb oversees the Miami EcoAdventures program for Miami-Dade County Parks, Recreation and Open Spaces.



Dr. John McCabe

Dr. John McCabe is also a Sanibel resident and he has a passion for solar energy. McCabe currently serves as chair of the SanCap Solar Connect advisory and implementation committee. McCabe is a retired emergency room physician from Ann Arbor, Michigan. While an active physician, McCabe was also president, chairman and director of prestigious medical groups and hospitals in Ann Arbor. Since moving to Sanibel, McCabe has been advocating for solar energy freedom.

The center's board of advisors includes

continued on 30B



## Got A Problem? Dr. Connie Is In



by Constance  
Clancy

**Q:** I have a friend who just got out of treatment for alcoholism. He is not in a halfway house as he plays in a band and has gigs at night. Should I suggest he go to AA?

**A:** When one is coming fresh out of inpatient treatment, it is imperative that daily AA meetings are attended. I even recommend that the first 90 days, one attend a meeting twice daily. The vibration of AA meetings is quite high and when one is in the presence of AA attendees, it makes staying sober a priority.

AA is based on a 12 Step program and practicing the steps of spirituality and recovery while turning one's life over to God. The AA Big Book is used in recovery and is an essential tool. There are meetings throughout the country and various locations, primarily churches. Please urge your friend to attend AA, which I am sure he heard in his inpatient treatment program. He can also get a sponsor which will be someone he can get support from during this critical time.

Constance Clancy-Fisher, EdD is

a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✱

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

Our dear grandson was diagnosed as being autistic and we were shocked. As a family, we decided to give him the very best of care, fight this early and then it would be over. Maybe that is the course of treatment for some illnesses and conditions, but not this one.

The expenses are tremendous and he is showing no improvement and, as a matter of fact, we think he is getting worse. We have had to dip into our retirement funds and the parents are very concerned with this present economic condition, and positively cannot continue on this present course.

What so you think is appropriate care?  
Toby

### Dear Toby,

I am sorry to hear about your grandson's diagnosis.

The causes of autism syndrome have not been identified and no one knows how to cure it. There seems to be varying degrees of this condition and these individuals are not all the same but have many common symptoms.

You have tried your best to help, but no amount of money spent at this time will cure your grandson's condition. Try if you can to find a public school system that has special facilities to serve excep-

tional children.

I worked many years ago for a public school district that served children with special needs like your grandson and other diagnosable conditions.

Lizzie and Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱

From page 29B

## Board Of Advisors

distinguished scholars, activists scientists, and educators from the local community and across the world. This year's Rachel Carson Distinguished lecture will feature poet and essayist Alison Hawthorne Deming. The lecture will take place Friday, February 26 at Saint Michael and All Angels Church. The lecture is free and open to the public. For more information, visit [www.fgc.edu/cese](http://www.fgc.edu/cese) or call 590-7025.✱

### Eden Energy Medicine

## Feeling A Cold Starting Or Congested? Push The Biceps



by Karen L.  
Semmelman,  
Certified EEM,  
JD, AAML (03-12)

**T**his is the time of the year when colds show up – from children at school, people at work or at events, it gets passed around

quickly, especially with sneezing and coughing. Plus, airplane rides with recirculated air doesn't help. Of course, from a traditional Chinese medicine perspective, lungs govern psycho-emotional issues, too. Around the holidays, it is especially hard to deal with the loss of loved ones who shared the holidays with us. The emotion of grief is associated with the lungs, so if you repeatedly get congestion, the flu or colds consistently around the same time each year, think sadness, grief of loss – and perhaps, by addressing the loss, the physical symptoms will dissipate.

Colds, congestion, coughing, weak voice, lack of desire to speak, wheezing, asthma, heat in the palms of the hands and soles of the feet with upset in the chest or head area – all of these conditions speak the language of lung imbalances.

Try this simple exercise to stimulate the respiratory system, to reduce or clear lung congestion, to prevent a cold from taking hold, and to get the chi (vital life force) moving and in harmony again. Plus, it works even better if you take a nice hot soaking bath, perhaps with some bubbles and soft music to relax you even further... and don't forget the cup of hot peppermint tea. The steps are as follows:

1. Sit in a bathtub if taking a bath or

sit on the ground or on a bed. Place your feet together so the big toes are touching. If you are more flexible, let the bottom of the feet touch each other. Allow the legs to open to the sides. If in the tub, your legs will be supported by the sides of the tub. If sitting and this position is difficult, use pillows or bolsters under your knees to support the position.

2. Cross your arms and push your elbows into the middle of your thighs. You can see why being in the tub helps make this position easier and more comfortable.

3. Push the thumbs of your crossed arms into the biceps. Relax into the position

4. Breathe deeply, inhaling through the nose and exhaling through the mouth, for two or three minutes.

5. Do this exercise at least daily until the symptoms dissipate.

It works since you are activating many energetic systems, especially the lungs while calming triple warmer and strengthening the spleen meridian (which together boost the immune system).

Have fun with your energy! Next week's topic is Align Family Energies By Laying On Floor & Swishing Your Legs.

If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmanenergy.com](http://www.semmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

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dearRPharmacist

## Your Thyroid Lab Test is Probably All Wrong



by Suzy Cohen, RPh

### Dear Pharmacist:

The current medical system isn't on your side. Some physicians don't stay current with the literature, or if they do, they are reading drug-funded studies. Some docs

actually still believe what they were taught 30 years ago in medical school. How does that help you?

When a physician uses knowledge from an outdated toolbox, you pay the price. Case in point, I received this email from someone, name withheld:

"Suzy, I've had all the tests for thyroid but they all come back fine, yet for years I've been losing hair on top of my head, and I have no leg or pubic hair, the driest skin, and dry eyes. So on and so on and now my bladder is overactive. Do you think I have a thyroid problem?"

So does this person have thyroid disease? Probably, although, we'd need lab tests to confirm. If you go to 100 doctors and ask them to test your thyroid, about

98 of them will use the standard TSH test and if it's normal, they will tell you that you do not have thyroid disease, like my anonymous reader above. They will treat you for everything but thyroid!

The TSH test is old and outdated and if you base your life on the results of this test, you'll never get well. You'll be prescribed 10 different drugs to smack down all the symptoms of thyroid disease, rather than ever treating the thyroid disease itself. Imagine the arcade game Whac-A-Mole!

If your physician uses only the TSH test and it is normal, you may be told you have fibromyalgia and be given analgesics for the muscle pain, and you'll be diagnosed with either depression or anxiety and be prescribed either Zoloft or Xanax (or both), and you'll be sent to the pharmacy for Rogaine for the hair loss and Detrol LA for the overactive bladder. Good luck getting well.

All this expense, and misery because your TSH came back normal. A TSH can be normal and it's still very possible that you have some degree of hypothyroidism, or you are genuinely "thyroid sick" as I refer to it in my book, *Thyroid Healthy* available at my website, and Amazon.

Maybe instead of 10 drugs you need one drug as in thyroid medicine or maybe natural thyroid dietary supplementation, or a combination. A good doctor will know. Forget about the TSH test, it's just okay. It's part of a bigger scenario. The most important tests are the following: Total T3, Total T4, Free T3, Free T4,

TPO and TG Antibodies, Reverse T3 and Ferritin.

I'm out of space here, but I have suggested "normals" that are much different from those on your lab tests. If you go to my website [suzycohen.com](http://suzycohen.com) and sign up for my newsletter, I'll give you a free ebook, plus I will email you longer version of this article that includes the tests, and the normal reference ranges so you can compare your lab numbers to my recommended values.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Healthy Heart Month Week Two

Heart Healthy Month continues at the Sanibel Recreation Center with the following activities:

Friday, February 12, Beach Walk 9:30 a.m. Meet at Gulfside City Park; parking fees apply.)

Saturday, February 13, Meditation, 1 to 2 p.m.

Sunday, February 14, X-Fit, 2 to 3 p.m.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road, 472-0345 or [www.mysanibel.com](http://www.mysanibel.com).✱

## Zika Virus Found In Florida

Last week, the Florida Department of Health reported six new travel-associated cases of Zika in Florida to the Centers for Disease Control and Prevention. Travel-related cases are defined as disease believed to be contracted outside of the state. Florida has reported a total of nine travel-related cases to the federal government. Lee County had two cases.

"Florida has many years of success in containing other mosquito-borne diseases and emerging health threats," said State Surgeon General and Secretary of Health Dr. John Armstrong. "Through these experiences, the department remains ready to protect residents and visitors from the Zika virus."

While the CDC has not identified Florida as an area of local Zika risk, the Florida Department of Health is closely monitoring imported disease. None of the confirmed cases involve pregnant women.

Check some facts about the virus at [www.cdc.gov/zika/disease-qa.html](http://www.cdc.gov/zika/disease-qa.html).

More information about the Zika virus can be found online at [wwwnc.cdc.gov/travel/page/zika-travel-information](http://wwwnc.cdc.gov/travel/page/zika-travel-information).

For additional questions, contact Diane Holm, public information specialist with the Florida Department of Health in Lee County at [Diane.Holm@FLHealth.gov](mailto:Diane.Holm@FLHealth.gov) or call 332-9561 or 850-519-5728.✱



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# My Stars★★★★★

FOR WEEK OF FEBRUARY 15, 2016

**ARIES** (March 21 to April 19) St. Valentine’s Day magic rules the entire week for romantic Rams and Ewes. Music, which is the food of love, is also strong. The weekend offers news both unexpected and anticipated.

**TAURUS** (April 20 to May 20) Your aspects favor the arts -- which the Divine Bovine loves, loves, loves. Also, for those

looking for romantic love, Cupid is available for requests. After all, his mother, Venus, rules your sign.

**GEMINI** (May 21 to June 20) Loving commitments continue to grow stronger. Ditto budding relationships. A recent move to help start up a new career-linked direction soon could begin to show signs of progress.

**CANCER** (June 21 to July 22) Single Moon Children might be eager to take that proverbial chance on love. But your more serious side will feel better if you take

things slowly and give your moonstruck self more time.

**LEO** (July 23 to August 22) It’s a love fest for Leos and Leonas this week. Paired Cats might expect to be purr-fectly in sync. And with matchmaking friends, single Simbas searching for romance shouldn’t have too far to look.

**VIRGO** (August 23 to September 22) More understanding on both sides can work miracles in restoring ailing relationships to health. Make the first move, and you’ll be closer to your much-wanted

reunion.  
**LIBRA** (September 23 to October 22) Accept the fact that you are worthy of being loved, and you’ll find proof in what is revealed to you over the course of the week. Also accept a compliment offered with great sincerity.  
**SCORPIO** (October 23 to November 21) Planning to take a new direction in life is exciting. And so is a new awareness of someone’s special affection. Expect a slow and mostly steady development of the situation.

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**SAGITTARIUS** (November 22 to December 21) Although you might still feel you weren't treated quite right in a recent matter, all that will work out in time. Meanwhile, enjoy the week's special qualities and potentials.

**CAPRICORN** (December 22 to January 19) Deciding not to give up on a troubling romantic situation helps start the healing process. Expect to find some valuable insight into yourself as things move along.

**AQUARIUS** (January 20 to February 18) The week is filled with positive potentials, but it's up to you to make the right choices. The advice of someone who truly cares for you and your well-being can be priceless.

**PISCES** (February 19 to March 20) It's a good time to make yourself available to possibilities of the romantic kind. Already paired? Good. In that case, be sure to reassure that special person of your feelings.

**BORN THIS WEEK:** Your generosity gladdens the hearts of others, and you bask in their joy.

### THIS WEEK IN HISTORY

- On Feb. 20, 1792, President George Washington signs legislation renewing the United States Post Office as a cabinet department led by the postmaster general. While postmaster, Benjamin Franklin had streamlined postal delivery with surveyed and marked routes from Maine to Florida (the origins of Route 1).

- On Feb. 17, 1865, soldiers from Union Gen. William Tecumseh Sherman's army ransack Columbia, South Carolina, and leave a charred city in their wake. Sherman is most famous for his March to the Sea through Georgia in the closing months of 1864.

- On Feb. 19, 1878, the technology that made the modern music business possible was born in the New Jersey laboratory where Thomas Alva Edison created the first device to both record sound and play it back -- the phonograph.

- On Feb. 18, 1885, Mark Twain publishes his famous -- and controversial -- novel "The Adventures of Huckleberry Finn." Its satirical look at racism, religion and other social attitudes of the time led libraries to ban the book.

- On Feb. 21, 1948, NASCAR -- the National Association for Stock Car Racing -- is officially incorporated. NASCAR held its first Strictly Stock race in 1949 at Charlotte Speedway in North Carolina.

- On Feb. 15, 1961, the entire 18-member U.S. figure skating team is killed in a plane crash in Belgium. The team was on its way to the 1961 World Figure Skating Championships in Czechoslovakia. After the crash, an American woman (Peggy Fleming) would not capture Olympic gold until 1968, while a U.S. man (Scott Hamilton) would not do so until 1984.

- On Feb. 16, 1997, Jeff Gordon claims his first Daytona 500 victory, becoming at age 25 the youngest winner in the history of the 500-mile NASCAR race, dubbed the "Super Bowl of stock car racing."

### STRANGE BUT TRUE

- It was American journalist and poet Max Eastman who made the following sage observation: "People who demand neutrality in any situation are usually not neutral but in favor of the status quo."

- When you were in school, you may have had to memorize the names of all 50 states. You probably weren't taught, though, that fully half of those names are derived from the languages of the conti-

nent's native peoples.

- The declarations that the physical book is dead have been overstated (as I've always maintained). In a recent survey of college students, 72 percent of respondents made known their preference for print textbooks over ebooks; only 27 percent of this youthful, tech-savvy demographic said they preferred the electronic version.

- Those who study such things report that beloved British author Charles Dickens was adamant that he always sleep with his head pointing north. He even carried a compass with him everywhere to ensure proper positioning.

- If you're a fan of James Bond, you may be surprised to learn that Ian Fleming, the creator of that notorious character, also wrote the beloved children's book "Chitty-Chitty-Bang-Bang," based on bedtime stories the author made up for his young son.

- If you're traveling in China and propose a toast in someone's honor, be sure you're holding the glass with both hands; only rude people -- and unenlightened foreigners -- use just one hand.

- Clyde Barrow was already a notorious criminal when he wrote a letter to Henry Ford in 1934 complimenting him on the "dandy" automobile he'd made. The Ford V-8 was Barrow's preferred getaway car. Just a month later, Bonnie and Clyde were killed in a stolen Ford Deluxe V-8 in a shootout with police.

### THOUGHT FOR THE DAY

"The most potent weapon in the hands of the oppressor is the mind of the oppressed." -- Steve Biko

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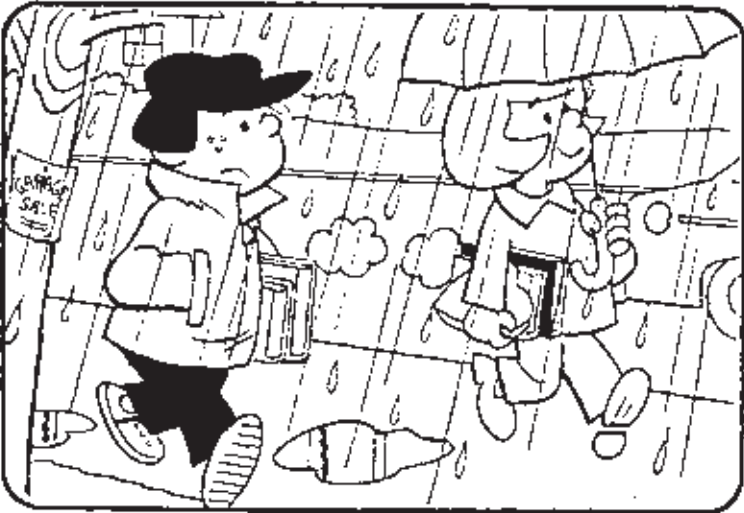
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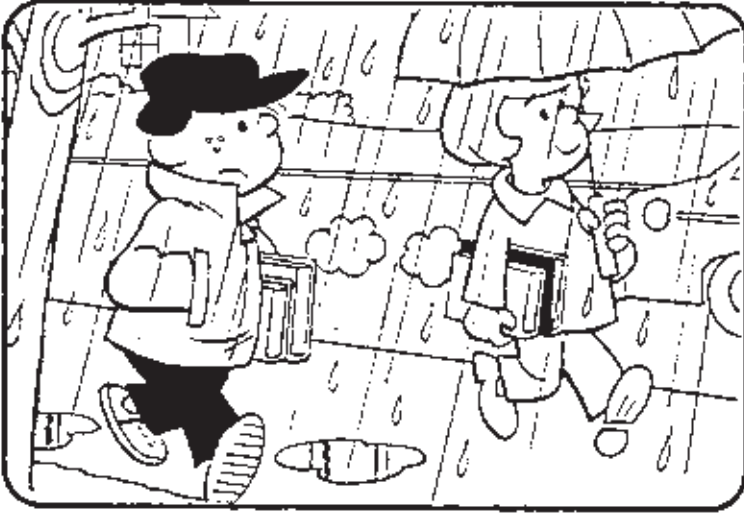


HOCUS-FOCUS

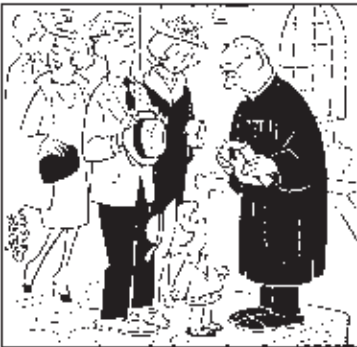
BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Poster is missing. 2. Earlap is smaller. 3. Puddle is smaller. 4. Hair is different. 5. Hand is missing. 6. Hand is different. 7. Puddle is different.



"How are you going to spend my dad's -----?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the page.

Alibi  
QUALE  
Insult  
RESCU  
Joke  
CAINT  
Brief  
TREES

TODAY'S WORD

answer on page 37B

		1	2			3		
	9				6		8	
5				8				9
	7			3			6	
3					5			8
		6	4			5		
		2			1		4	
	1			7				2
4			5			6		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35B

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PUZZLE ANSWERS

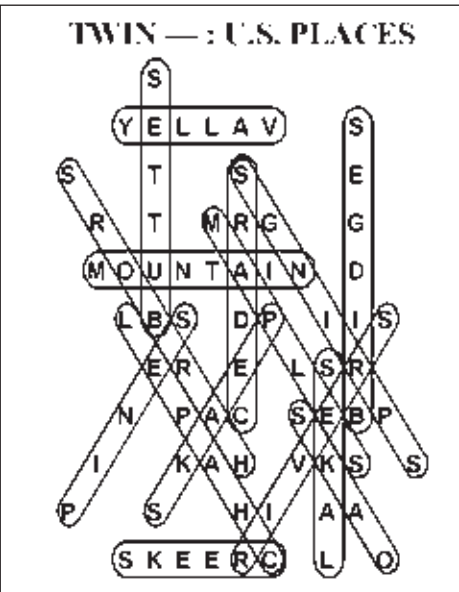
SUPER CROSSWORD

BEULA - ALICES ALABAMA  
ELNINO MOROSE BEAUS  
GOTTYROTTENSCOUNDRS  
A R LPH CASS SEANCE  
USURP EARTHY VEERKATS  
BEEF COCKEY SHOPS  
DST BRAANE THREE  
AMP TOMSOFEDEARVENT  
D ASPORA SENDS RAYADA  
MASSE TIE WYE MCI DS  
SENTIMENTAL JO NNY  
JAB SEZ ROI SOT EAMES  
USOPEN HITME STORVIER  
S-ORTS EEEVESHOT XES  
TYKES ELS SWE MP  
EVITA RONCOTTON  
ARTYUSIC INATE HAUDE  
I-EIST AAKA IWA FDS  
BONDA-OLEINONES POCKET  
ANTIGEN ADORER PRAISE  
TESSERA IOSSSES SANCIA

KING CROSSWORD

JAR AVOW ERGS  
AGA BENE VIEW  
MEDIATED ETNA  
INFO FLEET  
TRACT OILY  
OATH ATRANDOM  
T E OCTET EMU  
ENDGAMES OVER  
USER SKINK  
TRAIT SERA  
EARL SATIATED  
DET ARIZ ERA  
SLAY WIRE DRY

MAGIC MAZE



SUDOKU

8	4	1	2	5	9	3	7	6
2	9	3	7	4	6	1	8	5
5	6	7	1	8	3	4	2	9
1	7	5	9	3	8	2	6	4
3	2	4	6	1	5	7	9	8
9	8	6	4	2	7	5	3	1
7	5	2	8	6	1	9	4	3
6	1	9	3	7	4	8	5	2
4	3	8	5	9	2	6	1	7

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## LOST AND FOUND

### HELP FIND SOOKIE



A Sanibel family is seeking help in finding their beloved cat, Sookie. The 2-year-old female black cat (with one white toe) is very friendly. She was last seen on December 29 in the Angel Drive/Dixie Beach Boulevard area. If found, please contact Holli Martin at 618-401-0674 or [holli@floridamartins.com](mailto:holli@floridamartins.com)

\*NS 1/8 NC TFN

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\*NS 2/5 CC 2/12

### SIMPLY BOUTIQUE IS HIRING SMILING FACES!

PART TIME SALES ASSOCIATE WITH A PASSION FOR FASHION! FUN UPSCALE LADIES BOUTIQUE NEEDS P/T SALES WITH EXCELLENT CUSTOMER SERVICE SKILLS, ABILITY TO HELP CUSTOMERS, AND SUGGEST ITEMS TO COMPLIMENT THEIR WARDROBE NEEDS.

GENEROUS DISCOUNT BONUSES

PLEASE SEND RESUME OR

APPLY IN PERSON TO:

SIMPLY BOUTIQUE-PERIWINKLE PLACE

2075 PERIWINKLE WAY #29

SANIBEL (239)-472-2224

\*NS 2/5 CC 2/12

### JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.

\*NS 5/29 CC TFN

### VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.

\*NS 11/1 NC TFN

### VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.

\*NS 7/11 NC TFN



★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

PART TIME HOST

The Bubble Room is now hiring an outgoing part time host for evenings 4pm-930pm, \$12 hour. Flexible or set schedule available and nightly staff meal. Apply within at 15001 Captiva Dr. Captiva FL 33924  
\*NS 2/12 CC 2/12

HELP WANTED

Billy's Bike Shop hiring Segway Tour Guide. Outgoing, ability to direct group activity & interest in Sanibel nature. Bike mechanic @ FM warehouse, interest in bikes? We'll train. \$10+/hr. Call Clare 239-472-3620  
\*NS 2/5 CC 2/12

BICYCLE RENTAL AGENTS & CASHIERS

Billy's Rentals now hiring bicycle rental agents & cashiers. Must be friendly w/good communication skills Transportation from FM warehouse.\$10/hr start. Fun work,good benefits. Call Robin 239-472-5248 or info@billysbikes.com.  
\*NS 2/5 CC 2/12

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882  
\*RS 3/13 CC TFN

HELP WANTED

RETAIL SALES ASSOCIATES NEEDED

Sea Glass Lane, a new women's clothing store at Periwinkle Place, seeks energetic full-time and part-time sales associates. Please call 941-380-4478.  
\*NS 2/12 CC 2/12

VEHICLES FOR SALE

1966 CHEVROLET CORVETTE ROADSTER V8

327ci/300hp engine and automatic transmission \$16,000, contact info: svan8853@gmail.com / 904-515-4563  
\*NS 2/5 CC 2/12

2013 VESPA LX150 LE



Teal Green, 164 miles. \$3,750. 770-616-5495  
\*NS 2/12 CC 12/12

GOLF CART FOR SALE



Street legal, "gas" powered. \$6,500. 239-209-6500  
\*RS 1/22 BM TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800  
\*RS 1/4 NC TFN

FOR SALE

BICYCLES

Cannondale Quick 4,24 speed,trigger shifters,bike computer, new tires, new \$750, sell \$365 & Raleigh Talus 4.0, bike computer, new road tires,front shocks, new \$525, sell \$265. Both excellent cond. Call 239-210-8488.  
\*NS 2/12 CC 2/12

GARAGE • MOVING • YARD SALES

**GARAGE/YARD SALE**  
1854 FARM TRAIL, ISLAND WOODS OFF PERIWINKLE NEAR COMMUNITY CHURCH  
2/20/16, 8:30-1:30  
HOUSEHOLD ITEMS, SOME FURNITURE, CLOTHING, ANTIQUES, STORE DISPLAY FIXTURES  
\*NS 2/12 CC 2/12

TO PLACE A CLASSIFIED LOG ONTO:

IslandSunNews.com

CLICK ON PLACE CLASSIFIED

Shore Fishing:



Don't Harm The Fish by Capt. Matt Mitchell

Landng a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.

- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

SCRAMBLERS

solution

1. Equal; 2. Curse; 3. Antic; 4. Terse

Today's Word  
QUARTER

LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday with Cruzan Vibes, playing reggae and dance. On Saturday, it's The Wildfire Blues Band, playing classic rock and R&B. Sunday is CJ and Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

**Traditions on the Beach at Island Inn** has live entertainment Friday, Saturday and Sunday with Joe McCormick on piano and Marvilla Marzan on vocals. The "Jersey Kid" Mike Arnone performs on Monday, playing everything from Billy Joel to Motown to The Rat Pack. On Tuesday, it's Woody Brubaker and Barbara Smith. Wednesday is the All Stars Revue. On Thursday, it's Joe McCormick and Marvilla Marzan.

**Il Cielo** has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsun-news.com](mailto:press@islandsun-news.com) or 395-2299.\*

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Poinciana Park	Fort Myers	2006	6,747	\$2,595,000	\$2,475,000	873
Cape Coral	Cape Coral	1987	5,082	\$1,500,000	\$1,400,000	164
Cape Harbour	Cape Coral	1999	3,277	\$998,000	\$950,000	197
Cape Coral	Cape Coral	2007	4,007	\$875,000	\$850,000	160
Cape Coral	Cape Coral	1999	2,430	\$710,000	\$695,000	262
Abbey Row	Fort Myers	2003	3,021	\$695,000	\$675,000	25
Town And River	Fort Myers	1978	2,452	\$689,000	\$639,500	159
Cape Coral	Cape Coral	1979	2,194	\$649,900	\$637,500	28
Town And River	Fort Myers	1974	3,328	\$699,000	\$630,000	66
Santini Cross Unrec	Fort Myers Beach	1972	2,016	\$629,900	\$59,500	22

Courtesy of Royal Shell Real Estate



Pets Of The Week

Hello, my name is Buster. I'm a 3-year-old neutered male Pit Bull Terrier. I'm an all around great guy. I love play with other dogs and I enjoy outings where I get to meet lots of people. I'm polite, congenial and well balanced. Don't I sound like the perfect pet for your family? Please make me your furry Valentine! My adoption fee is \$40 (regularly \$75) during Animal Services My Furry Valentine adoption promotion.

Hello, my name is Bugsy. I'm a 1-year-old female black and white short-haired rabbit. Did you know that February is Adopt A Rescued Rabbit Month? Why not visit me at the shelter and see how I could be great addition to your family? I'm very friendly and love to be petted. In fact, I will quietly sit in your lap while you scratch my ears. My adoption fee is \$20.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



Buster ID# 648900



Bugsy ID #: 650963

PAWS Of Sanibel  
Island Girl

They call me Island Girl because I lived on an island. My foster mom rescued me and I don't have to live out there any more. I live in a house now. I was really afraid of people for a while, but I'm not afraid of my foster mom anymore. She is really good to me, and I can tell she loves me. I feel very special. I like the other cats around here too. We visit a bunch.

I really would like to find a forever home with people who would treat me like my foster mom. I would love to stay here, but she can't keep everybody. I hope there is someone out there who can love me.

If you want to foster or adopt Island Girl, call Pam at PAWS, 472-4823, who will be very sad to see her go, but very happy if she finds a wonderful forever home.✱



Island Girl

Sonny And Cher

This is Sonny and Cher. They were captured a few months ago between the Lantana Condominium and Sunset Beach Resort. They were about 12 weeks old at that time. Their mother, Lana, and brother, Tanner, were both adopted. These two were not ready for adoption at that time and needed some socialization, which, thanks to their foster dad, Gareth, they received and passed with flying colors. They come to him to be petted, they sleep with him and they get along well with his own two cats.

Now it's time to find them a forever home. If you can provide a home for one or, preferably, both of these kitties, contact Pam at PAWS, 472-4823.✱



Sonny and Cher



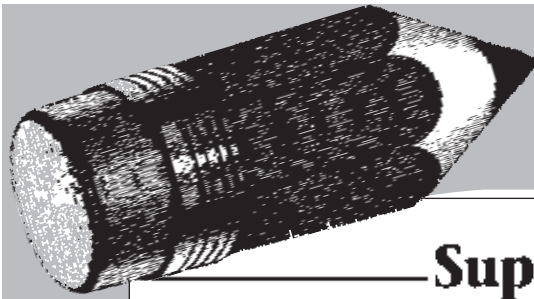
Island Sun  
NEWSPAPER  
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-4775
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 35B

## Super Crossword

ALLOT THE PRESS!

### ACROSS

- 1 — peel me a grape (Mac West line)  
7 — Adventures in Wonderland  
13 Mobile locale  
20 Pacific weather phenomenon  
21 Sullen  
22 Neighbor of Ukraine  
23 Eccentric, corrupt rascals?  
26 Part of A/C  
27 "World Cafe" broadcaster  
28 "Mama" of pop music  
29 Spiritualist event  
30 Seize illegally  
33 Coarse  
36 African mongooses  
38 One dealing in red meat for a living?  
40 Selling points  
42 June hrs.  
43 Bit of intimate apparel  
45 Suff x with nrop-

- 46 Number of Stooges  
51 Audio system part  
54 Lovable male  
59 Jews living outside Israel  
62 Corvays  
63 Alternative to Hed Hoo!  
64 En — (as a whole)  
65 Bit of formal apparel  
67 Zee lead-in  
68 AT&T rival, once  
69 Hi-speed connection  
70 Actor Depp being mushy?  
75 Hit in a song  
77 "Really?" — who?  
78 King, in Tolkien  
79 Barfy, say  
80 Charles for whom a chair is named  
83 One of golf's majors  
85 Request in blackjack  
87 More tempestuous

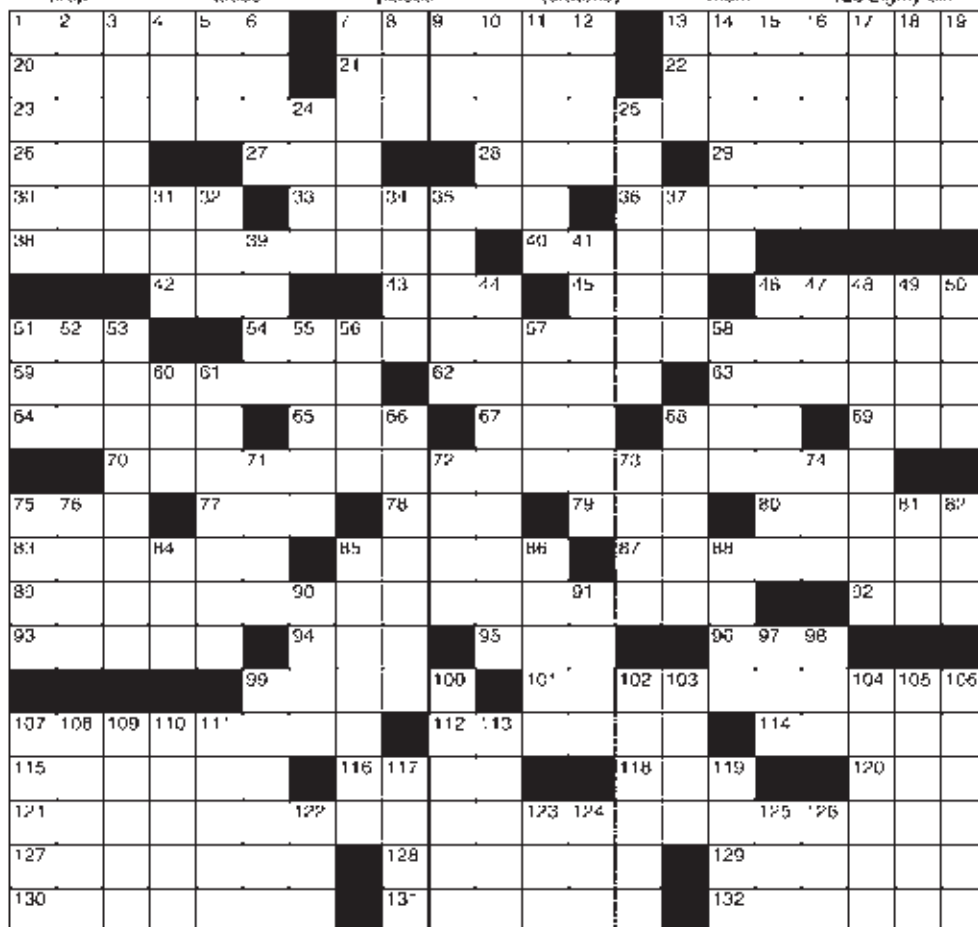
- 89 Stroke from the toe made while wearing a toe?  
92 Strike marks in bowling  
93 Little squirts  
94 Trains to Wrigley Field  
95 Scenic land  
96 Mini devil  
99 Perón of Argentina  
101 Press chinos and corduroys?  
107 Classical pieces  
112 Inform  
114 Ben Arthur title role  
115 Believer in God  
116 Onet me teen idol Paul  
118 Onet me tight ints.  
120 They cross oves.  
121 Use glue to mend pants?  
127 Immunity trigger  
128 Swoning fan, e.g.  
129 Laud  
130 Mosaic piece  
131 Throws  
132 Sacred places

### DOWN

- 1 Smear  
2 Plaza Hotel heroine  
3 Errorous  
4 Set aflame  
5 Is there hope?  
6 It's hooked  
7 Acata runner  
8 Building site  
9 Cholera  
10 Spiral shell  
11 English class assignments  
12 Men parts  
13 — Dhabi  
14 Zooms, e.g.  
15 Tree of the birch family  
16 Israel's Ehud  
17 Boxing venue  
18 Punish by fine  
19 Burros  
24 Intl. oil group  
25 Singers Donny and Marie  
31 Mayberry — (old sitcom)  
32 Nightly-night garb  
34 Union toes  
35 Neophytes  
37 Sane's kn  
39 High Noon actor Kruger  
41 — "Messiah" (oratorio)

- 44 Twice or thrice  
46 Gym hirc  
47 "Let me see ..."  
48 Having pre-bleended ingredients  
49 Finales  
50 Series finale?; Abbr.  
51 Nav. rank  
52 Ham on a soccer field  
53 Deposits are recorded in L  
55 David of the Red Sox  
56 Really in ura  
57 "Book of Days" singer  
58 Brow shade  
60 Cleveland-to-Raleigh dir.  
61 Mult piece office gifts  
66 Most weird  
68 Maxim  
71 Certain til fill  
72 Tube addict's punishment  
73 Kid around  
74 '60s war site  
75 Barely  
76 Pasty-faced  
81 Wide shoe width

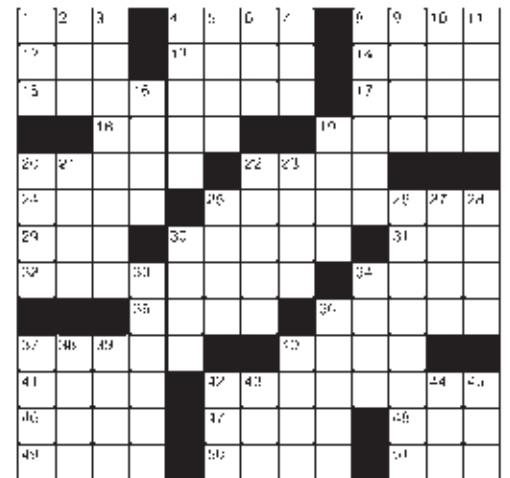
- 82 Yearbook div  
84 Kin of ante-  
85 Spiral  
86 Moses or Moose  
88 Of ears  
90 Strauss  
91 Immunizing fluids  
97 May VIP  
98 Sch. group  
99 Sitcom actress Hollie  
100 Alternative to judo  
102 River enters  
103 Current events  
104 Like the Kazakh language  
105 Most weird  
106 Tetley rival  
107 Hitler's turn to hit  
108 French river  
109 Fair shelters  
110 Half-length skirts  
111 Gas bill info  
113 Small iPods  
117 No-cutter  
119 Tablet extras  
122 "Leaving — Jet Plane"  
123 Surg. centers  
124 Born, to fill  
125 "cup — cone?"  
126 Eighty-six



## King Crossword

### ACROSS

- 1 Cookie container  
4 Acknowledged  
6 Work units  
12 — Khan  
13 Part of N.B.  
14 Panorama  
15 Acted as a go-between  
17 Sicilian volcano  
18 Data  
19 Armada  
20 Propaganda pamphlet  
22 Punctuous  
24 Solemn pledge  
25 Hap-hazards  
29 Cravat  
30 Square dance group  
31 Ostrich's cousin  
32 Choss climaxes  
34 Finished  
35 Addict  
36 Small lizard  
37 Characteristic  
40 Antitoxins  
41 Count counterpart  
42 Fully filled  
46 Regiment



- 47 N. Mex. neighbor  
48 Historic line  
49 Do in  
50 Electrician's supply  
51 Parched  
9 Waugh  
9 Ceremony  
10 Actor Hackman  
11 Hit a fly  
16 Foot fraction  
19 Level  
20 Schlep  
21 Reason for a tarp  
22 Playful water critter  
23 Enrages  
25 Pinnacle  
26 Splayed  
27 Fortlet  
28 Gloom  
30 Brewer's oven  
33 Culpable  
34 Gumbo reed  
36 Capture  
37 Danson and Koppel  
38 Bar  
39 Geometry education  
40 Use a teaspoon  
42 Witnessed  
43 "Entourage" role  
44 Mess up  
45 Rotation duration

## MAGIC MAZE • TWIN — : U.S. PLACES

Y V R O I S H E B X U R O L I  
E B Y V Y E L L A V S Q S N K  
H E S B Y T W T S R O L E J G  
E B Y R W T U M R G R P G N K  
I G D M O U N T A I N B D Z X  
V S Q O L B S M D P K I I S I  
F G E C A E R Y E W L S R U S  
Q A P N N L P A C J S E B P H  
F E L I C A K A H Y V K S X S  
V U P L S S Q P H I N A A M K  
J H F E S K E E R C C L B O Z

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Bridges	Creeks	Mountain	Rivers
Buttes	Harbors	Oaks	Spring
Cedars	Lakes	Peaks	Valley
Chapel	Maples	Pines	





# The DUNES

*Golf & Tennis Club is one of those unforgettable yet affordable places. The 18-hole championship golf course was masterfully designed by 10-time PGA Tour winner Mark McCumber within a stunning wildlife preserve sanctioned by the Audubon Society. The Dunes also features seven new clay tennis courts, a large refreshing swimming pool, exceptional dining and popular social events that make being a member of the Dunes a lifestyle enhancement.*

**YOUR ISLAND & YOUR CLUB.**

**Call Denise McKee for Membership Options: 239.472.3355**

**DUNESGOLFSANIBEL.COM • 949 SAND CASTLE RD. • SANIBEL ISLAND, FL 33957**